

issue 20
apr-jun 2005
www.hypemag.com
free

hype

20

In This Issue:
20 Special Sparks
Suzanne Jung
Sylvester Sim
One Last Dance
Rebellious Love
Film X-Processing
WIN 1 Return Ticket to Bangkok
WIN 1 Night Stay at Meritus Mandarin

Bored of hanging out in the wrong places?

Come to Happy Daze Cafe!

A cool, hip and happening hangout in the heart of Serangoon Garden. Come chill with great food & entertainment for everyone, including dog lovers!



Rest & Relax
Watch
BIG screen
"Live" soccer
matches

Promotions
BEER BUCKET
Stella Artois
Hoegaarden Draft
San Miguel

Alcoholic Hard Liquor
50% off next drink

Designer
Cocktail Drink

Catering
functions also
available at
Happy Daze

Happy
Hour
1-for-1
Promotion



Happy Daze
POP CULTURE RETRO CAFE

11 Maju Avenue, Serangoon Garden, Singapore 556689
Tel/Fax: 62852885

Open from 12noon till wee hours!

What's so special about 20 anyway? Age-wise, it's right smack between 19, your last year as a teenager, and 21, when you're legally an adult. That's when most of my peers will be done with polytechnic and have to take the hard leap into the big unknown. It's the in-between phase, where it's so hard to define anything in your life: your identity, style or character. Don't you just friggin' hate it?

It's one of the things we all have to contend with - that life becomes more unpredictable the older you get. Things don't go exactly as planned, like you don't get to be the fighter-jet pilot or mad scientist you've dreamt of being since you were five (okay, that was me). Yet, we try so hard to pigeon-hole what destiny has in store for us. It's an impossible task. And scary enough that you feel like hiding somewhere till everything works out by itself, somehow. If that's the kind of escape you're looking for, may we suggest you explore the suburbs of Victoria, Australia.

A select few, however, seem to have made the right choices. Our 20 Special Sparks is a salute to those inspiring youths who show that their young age has not been a barrier to their achieving lofty dreams. This ain't no elitist bunch of people either, they come from all walks of life. If they've got you hungering for early success, how about checking our guide on **Pruning Your Money Tree** to get your finances sorted out, and not losing any of your hard-earned dosh to online con artists?

On a less serious note, there are big blockbusters like the closing chapter of the Stars Wars prequels, and **Mr and Mrs Smith** to look forward to, plus glorious school-free days to fill. Whether you spend it fooling with your camera, whipping up a work of art, getting to know **Suzanne Jung**, **Sly** and a host of other celebs a bit better, or cracking our **Meritus Madness** word search for a chance to win a hotel stay worth more than \$200, we wish you happy holidays.

Oh wait, back to 20 - it's **hype**'s 20th issue and we think that's cause enough to celebrate. You're welcome to join us at our bash at Rouge on Mar 17 (more details on pg 7) and let your hair down. If there's one thing the years have taught us, it's that though life is a challenge at any age, it can still be fun, enlightening, enriching and full of **hype**. 'Nuff said.

Forever 20,

Hedirman Supian

PS: Look out for our next issue: new team, new look, new **hype**. Dankeschön!

Editorial



Grab **hype** at these places:

77th Street
The Heeren Shops, 260 Orchard Road, #05-03/04
Far East Plaza, 14 Scotts Road, #01-31/35
Parco Bugis Junction, 200 Victoria Street, #03-30A
Compass Point, No 1 SengKang Square, #02-21/22
Tampines Mall, 4 Tampines Central 5, #04-11/12
Jurong Point Shopping Centre, 1 Jurong West Central 2, #03-05 Causeway Point Shopping Centre, 1 Woodlands Square, #02-13
Flash N Splash
CityLink Mall, One Raffles Link, #B1-34
The Heeren Shops, 260 Orchard Road, #02-07/09
Wisma Atria, 435 Orchard Road, #03-29/31
INC
#04-108B, Far East Plaza
Quiksilver
Paragon Shopping Centre, 290 Orchard Road, #03-48
Rip Curl
Pacific Plaza, 9 Scotts Road, #01-07/08
Rouge
2 Emerald Hill
Roxy
Pacific Plaza, 9 Scotts Road, #03-04/05
Stussy
Pacific Plaza, 9 Scotts Road, #01-07/08
Singapore Management University (SMU)
469 Bukit Timah Road
Ngee Ann Polytechnic
535 Clementi Road



20 Sparks

20



Rebellious Love

31



Pruning Your Money Tree

46



15



Frozen Flavours

54



Sylvester Sim

19



79



Pop Colour Crazy

66



17

Suzanne Jung

26

hype issue 20
apr - jun 2005

Editors:
Hedirman Supian, Jasmine Oei
Carrie Chen (Chinese)

Designers:
Mark Ngan, Pamela Sia

Photo Editor:
Leonard Goh

Promotional Team:
Aaron Wong, Davina Tan

Reporters:
Carrie Chen, Felicia Sun, Gary Lim, Gillian Wu, Hedirman Supian, Jasmine Teo, Karin Xiao, Karol Ann Tan, Kay-Lene Tan, Mark Ngan, Mark Tan, Mary-Ann Russon, Mary Violet Lores, Nadiah Yusoff, Md. Najeeb, Nurul-Qursyah Ismail, Olivia Quay, Roger Low, Samuel Ng, Siti Marina Abdul Alim, Stella Teh

Advisors:
Robin Yee
Choy Kok Kee (Design)
Kwek Chin Ling (Chinese)

Contributors:
Lynn Chong, Red Ngoh

Printers: Craft Print
International Ltd.

Scene 360

Previews 4
Avril Lavigne, Singapore International Film Fest, Diana Krall & Talent Quest 2005
Season of Brilliance: Singapore Arts Festival 2005 6
A look at the line-up of our annual arts festival
hype 20: the event 7
Read more on our very own bash!
Phua Chu Kang - The Musical 8
And you thought everyone's favourite Ah Beng was tone deaf
Event Listings 9

Onscreen

Movie Previews 10
Star Wars, Mr & Mrs Smith, Kingdom of Heaven, War of the Worlds, Batman Begins, Charlie and The Chocolate Factory
Looking The Part 12
Dress up as your favourite movie characters
One Last Dance 15
A peek at the first international film to be made in Singapore
Chinese Previews 16
Charging out of Amazon, Hidden Blade, The World

Tunes

Album Previews 17
Nine Inch Nails, System of A Down, Queens Of The Stone Age
No Slowing The Blues Train 18
Ublues are far from calling it quits
Sylvester Sim 19
The Singapore Idol runner-up shares his favourites

People

20 Special Sparks 20
20 inspirational youths tell their stories
It's a Jungle Out There 26
At home with Channel NewsAsia's Suzanne Jung
Joi Chua 28
Go personal with Singapore's own up and coming Chinese pop singer
Sam Lee 29
How the Taiwanese flop rose to the popular Chinese pop singer he is today

Threads

Rebellious Love 31
It's street style romance with Flash N Splash

Technologic

Scammed Online? 38
Tips on how not to get conned while auctioning or buying online
Record Breaking 40
Explore the new technology of digitally recording your favourite television shows
Online Therapy 41
Embrace the convenience of e-shopping for nifty buys
Good Games 41
Batman Begins, Commandos Strike Force, Hitman: Blood Money, Starcraft: Ghost, Doom 3: Resurrection of Evil

Wanderlust

Victoria's Secrets 42
Explore suburban Victoria

Issues

Pruning Your Money Tree 46
What to do when it's time to move on from the piggy bank
Prenatal Pregnancy: The Paternal Story 61
Hear the other side of the story

hype Special

Grub

Autographs 52
Celebs like Joanne Peh, Vincent Ng and Taufik toast **hype** on its 20th issue
Frozen Flavours 54
Moon River Café, Ben & Jerry's Scoop Shop, Estivo Gelateria and Ice Monster
Chinese Brain Food 56
Can this make you smarter?
Dining With Your Best Friend 58
Where you and your four-legged friends can enjoy culinary delights

Leisure

Pop Colour Crazy 66
How cross-processing can give film a different lease of life in colour
Meritus Madness 69
Crack the word search and stand a chance to win a hotel stay
Homemade Gifts for Mothers' & Fathers' Day 70
Make your own glitter globes and mosaic tiles

Undercovers

Book Reviews 74
Kafka on the Shore, Harry Potter and the Half-Blood Prince, Wilt in Nowhere and Monday Mourning
The Write Stuff 76
Interviews with authors Faith Bleasdale and Jodi Picoult

Nocturnal

Football Forays 78
Hangouts for football fans
Handlebar 79
The only local bar dedicated to bikers

Backdoor

20 Things Not To Say To A Star Wars Fan 80
Check out our humorous take on this blockbuster movie franchise

hype is a biannual publication
by final-year print journalism
students in the Mass
Communication diploma
programme.

School of Film & Media Studies
Blk 52, #07-01/02
535 Clementi Road
Singapore 599489

Tel: 6 460 8448 (for editorial and
advertising queries)
Fax: 6 468 6218
Email: hypemagazine@gmail.com

EVENTS PREVIEWS

hey peeps, check out
what's happening in
the coming months...

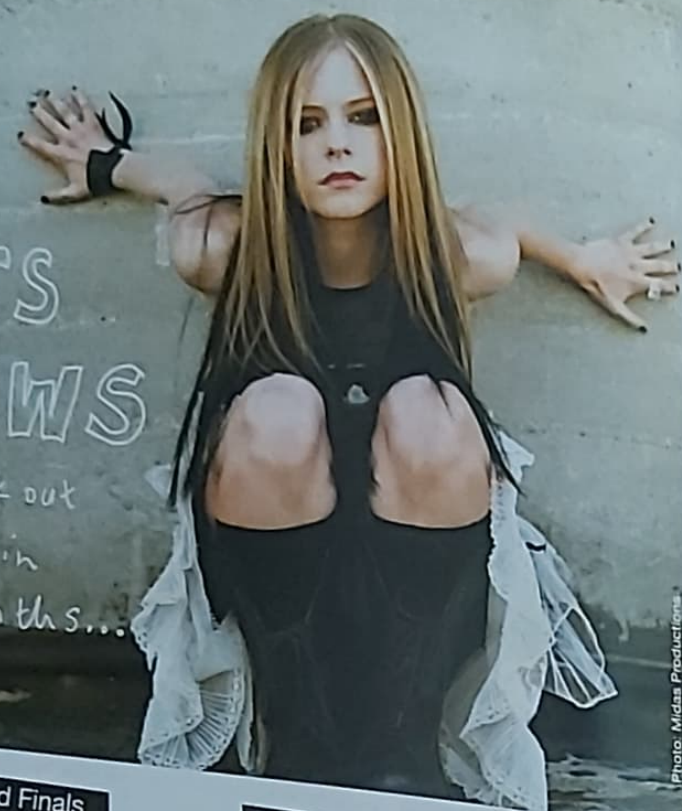


Photo: Midas Productions

TalentQuest 2005 Grand Finals

Jointly organised by The National University of Singapore's (NUS) Science Club and Echo Music, the Grand Finals of TalentQuest 2005 will showcase the vocal skills of youths across the nation.

Seeking to create a stage for youths, TalentQuest 2005 will see contestants aged 16 to 29 pitting their skills in four categories: emceeing, original song composition, solo and group singing.

Backed by main sponsor Singtel, the auditions, quarter- and semi-finals rounds have been held, and of the 500-odd TalentQuest hopefuls who signed up, 20 from the four categories have been short-listed to battle it out at the Grand Finals. Each contestant stands to win up to \$600 worth of prizes.

Into its eighth year, the Grand Finals will be hosted by WKRZ and UFM 100.3 DJs Jensen Ho and Lina, with a special performance by Singapore Idol finalist Maia Lee, a previous TalentQuest contestant in the group performance category. In addition, students from Echo Music School will also be dropping in for a special performance. - KAROL ANN TAN

March 20, 6pm, Singapore Conference Hall
Tickets: \$16

Avril Lavigne in Concert

Popular skater girl, Avril Lavigne's returning after her last appearance at the **MTV Asia Awards** in February 2003. Many local fans will be dying to see the Canadian punk rock chick jam it out on stage again. Lavigne, who just turned 20, clinched the favourite female artist award in the recent **MTV Asia Awards** (otherwise known as the **MTV Asia Aid IMPACT Arena**, Bangkok).

Lavigne's performance at the Singapore Indoor Stadium, organised by Midas Promotions, is the last stop of her second world tour, the Bonez Tour. Since last October, Lavigne has trekked across Europe, 24 cities in North America and will head to Japan in March with her opening act Bowling for Soup, before winding it up on our shores.

Catch her performing songs from her latest album, **Under My Skin**, including the hit, "My Happy Ending" and "Don't Tell Me". Who knows, Avril might even perform previous hits like "Complicated" and the hit that sent her into stardom, "Sk8ter Boi". - JASMINE TEO

April 2, 8pm, Singapore Indoor Stadium
Tickets: \$125 (Free Standing), \$110, \$90, \$75, \$50

18th Singapore International Film Festival

Guerilla filmmaking is *de rigueur* at the 18th Singapore International Film Festival and the overriding theme is the embracing of the indie film scene and the *auteur* behind the camera lens while giving obscure documentaries their fair share of the limelight. Whether they tug at your heartstrings, induce tear wells to flow or make you want to spew a string of obscenities, the eclectic screenings on offer play to a whole spectrum of audiences.

Some of the longest films ever to be played will be showcased at the **18th Singapore International Film Festival** and headlining the slew of acclaimed movies will be Filipino filmmaker Lav Dias' 11-hour epic, **Evolution of a Filipino Family** - the longest feature in Southeast Asian cinema history. Others to look out for Edgar Reitz's **Heimat** III set against the turbulent backdrop of German history and Jacques Richard's **Henry Langlois: The Phantom of the Cinémathèque**, a loving tribute to the founder of the French Cinémathèque.

The Singapore International Film Festival now rolls off the tongues of film buffs as easily as Cannes and Sundance. This year, over 300 films from 40 countries will be shown, highlighting the best from Asia, Europe, North America, Latin America and the Middle East. If you have a penchant for quality films, look no further for motion pictures that have not been tarred by the heavy-handed brush of commercialism. - SAMUEL NG

April 14 - 30

Venue and details available at www.filmfest.org.sg from March 1

Tickets available online at www.filmfest.org.sg and at all TicketCharge outlets from mid-March

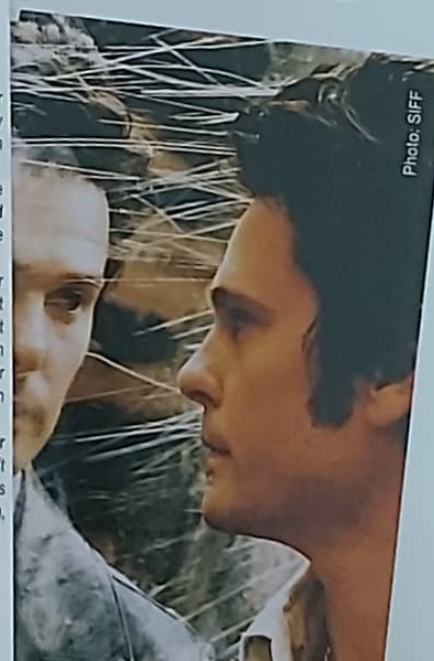


Photo: SIFF

Diana Krall: One Night Only

Suntec City is neither the most acoustically perfect nor intimate music venue, but when you get arguably the bestselling jazz vocalist in the world to perform, filling seats won't be a problem.

Fans of Diana Krall certainly won't mind, for the chance to hear the multi-Grammy award-winning performer who paved the way for talents like Norah Jones, and took the world by storm with her quiet sensuality and her amazing voice. Her sophomore album, **When I Look Into Your Eyes**, won her a Grammy for the Best Jazz Vocal Performance and was also nominated for Album of the Year, the first jazz album to be nominated in 25 years.

When **The Look of Love** followed in 2001, it rocketed up the Billboard charts. And in 2002, it won Krall three Juno awards for Best Vocal Jazz Album, Artist of the Year and Album of the Year. Her most recent release last November was recorded live from the Montreal Jazz Festival where she performed a duet with George Benson and sang a special solo of her song, "I Fall In Love Too Easily".

The Canadian sensation will arrive in Singapore after Asian stops in Hong Kong, Shanghai and Taipei. Expect Krall to perform hits such as "The Look Of Love", "I've Got You Under My Skin" and "Let's Fall In Love". - KAY-LENE TAN

April 6, 8pm
Suntec Singapore International Convention and Exhibition Centre
Tickets: \$59, \$99, \$149 and \$199 from TicketCharge outlets



Photo: 1 Group

Season of Brilliance: Singapore Arts Festival 2005

NURUL-QURSYIAH ISMAIL chats with the National Arts Council to find out what's in store for Singapore Arts Festival 2005.



This year's Singapore Arts Festival, themed Season of Brilliance, has programmes that the pop-culture generation can relate to, according to a National Arts Council (NAC) spokesman.

Debunking the perception that the arts revolves around the "traditional showcase" of paintings, music or dance, the spokesman explained that the Singapore Arts Festival exhibits the "great deal of diversity in the [arts] culture" and is an opportunity for non-art enthusiasts and lovers alike to appreciate "the different kinds of art forms" showcasing visual arts to dance performances and theatre.

"We have four blockbuster productions like **The Philadelphia Orchestra**, **Swan Lake** (below), **Amber** and a French circus troupe **Les Arts Sauts** (main picture) and other outreach programmes to enable as many [people] to enjoy and participate in our programmes," she said.

The Singapore Arts Festival has a core programme for a general audience followed by acts that target niche groups like Kidsfest for children, family entertainment, which includes events like the French circus **Les Arts Sauts** and outreach events to bring the event out of the formal performing environment and closer to the audience, such as **Rock on Singapore** and **Drumming Explosion**.

Some of these outreach events provide a unique alternative to usual performances, like **Mirando Al Cielo** (Looking at the Sky). This dance performance provides a different experience as the performers will present an eight-minute performance piece on a glass surface, with the audience watching from below. Please see sidebar for more highlights.

The Singapore Arts Festival will unfold from May 26 to June 26 at various venues including the Esplanade, Victoria Theatre and even Orchard Road. There will be an offer of 20% discount for students for any purchase (one ticket per person per show).

Join the **ArtsFest Club** and enjoy the best seats in the house at a discount! Stand a chance to win two tickets to any Singapore Arts Festival performance (subject to availability) when you sign up as a member! For more details and event listings at www.singaporeartsfest.com.



hype 6

National Arts Council recommends the following programmes for youths:

Amber

This touching love story is a "music theatre" set in modern-day China, according to the Singapore Arts Festival brochure. It is directed by the acclaimed Meng Jinghui and features Liu Ye, Best Actor (Golden Rooster award in 2004), and famous actress, Yuan Quan. The performance is in Mandarin with English subtitles.

May 26 - 29, 8pm, Esplanade Theatre
\$21 - \$82 from SISTIC

The Busker's Opera (below)

A musical performance featuring a range of music genres from ska to blues to rap, it tells of a busker's encounters, done in a "satirical and playful" style, the festival brochure states. This captivating Canadian performance is adapted from **The Beggar's Opera**, a popular theatre piece in London's 18th century.

June 1 - 3, 8pm, Kallang Theatre
\$21 - \$62 from SISTIC



Apparition

Catch the Asian premiere of this Austrian dance. The NAC spokesman explains this performance is a breathtaking display of "innovative interactivity between dance, image and sound" between the dancers and motion sensors.

June 6 - 8, 8pm,
University Cultural Centre Theatre
\$21 - \$42 from SISTIC

Goran Bregovic and his Band

It's music from Serbia and Montenegro in its unique form as Bregovic, the music composer, mixes "traditional Balkan rhythms and Bulgarian polyphonies" together for this percussion piece. Enjoy music from films that Bregovic has written like **Arizona Dream**, **Underground**, **Tales & Songs from Weddings and Times of the Gypsies**.

June 8 - 9, 7.30pm,
Esplanade Concert Hall
\$21 - \$52 from SISTIC

hype 20 the event

No matter how our magazine cover treatments change, **hype** has always been about celebrating the unbridled energy of youth - reflecting its ideas and ideals, capturing its restless spirit and its dynamic life force, in what we hope are well conceptualised pages. And that's where **hype20** comes in, we want to celebrate the launch of our 20th issue the only way we do best - by throwing an outrageous party.

Trust us, it's not just a blatant excuse for launching and celebrating our 20th issue. Get goodie bags containing eyeshadow or lipstick from Red Earth (worth more than your admission ticket), and vouchers from Redken, try out the latest Xbox games from Electronic Arts (EA), rock, bump and grind to tunes from up and coming local acts like Surreal and Vertical Rush. Did we mention the lucky draw? Stand to win prizes from our sponsors below. Get a ticket soon, we're only going to let 300 lucky people in. Oh, and while you're there, you can pick up more copies of **hype**.

Mar 17, Thursday, 7pm- 11pm

Tickets: Advance - \$10, at the door - \$12
(includes one house pour)
Entry for 18 and above only

Email your name and contact number to hypemagazine@gmail.com for ticket bookings or come by our office:
Ngee Ann Polytechnic
School of Film & Media Studies
Bik 52, #07-01/02, 535 Clementi Road

Venue:



180 Orchard Road
Peranakan Place

Sponsors:

red earth
www.redearth.com.sg



ELECTRONIC ARTS

REDKEN
STYLING



Singapore's favourite contractor meets Broadway in June as **Phua Chu Kang - The Musical** (not to be mistaken with Phua Chu Kang's first musical performance for the President Star Chanty in 2001) takes to the stage. FELICIA SUN checks in with the cast and crew of this hilarious musical.



With a price tag of \$3 million, **Phua Chu Kang - The Musical**, is arguably the most money anyone has put into a local musical, according to **Channel NewsAsia**.

That kind of moolah gets you an international crew, including international music director Peter Casey, whose long resume encompasses some of the most commercially successful musicals such as **Cats**, **Les Misérables** and **Phantom of the Opera** and technical director Mark Andre, who has worked with renowned circus troupe, **Cirque Du Soleil**.

While the boorish contractor's Singlish-inflected adventures may not capture an international market, the appeal to locals is something executive producer Edmund Ooi is confident about.

He said, "Most of the arts programmes available in Singapore are designed to cater to a niche group, but Phua Chu Kang is something Singaporeans can relate to as there's always a little *ah bengness* in everyone. I hope to let Singaporeans see theatre in a different light."

Ooi has produced and composed several local and foreign productions such as musical **Bugis Street**, street party **Swing Singapore** and multimedia local history exhibition **The Singapore Story**.

The accomplished trumpet player (since his secondary school days) and former member of the Singapore Armed Forces Music and Drama Company will also be composing the melodies for the musical. With Peter Casey orchestrating Ooi's compositions and Bill Calhoun choreographing the moves, the musical is already set to be a hit.

Of course, having to actually pay to watch it, and needing to sit through two hours of a production, the script needs to be even better than the stuff that's won this longest-running local sitcom the **Asian Television Awards** for Best Comedy Series for six consecutive years since 1998.

Phua Chu Kang - The Musical's plot begins with its lead actor (Gurmit Singh) waking up from a nightmare, that predicts he will die on his 40th birthday.

A series of misfortunes ensues, further confirming the bad omen, while his long-time nemesis, Frankie Foo (Lim Kay Siu) takes the opportunity to plot against him. Still, Phua Chu Kang is a sitcom, so the darkish plot notwithstanding, humour and heartwarming themes like love, family ties and friendship continue to be served up Singaporean style.

Naturally, a musical sinks or swims on its song and dance element. And if you thought Phua Chu Kang can

only move to the retro beats of the *cha cha*, you'll be in for a surprise.

Gurmit who has played the mole-y one for eight years, doesn't doubt Kang Kang's versatility. He tells **hype**, "Phua Chu Kang has done break dancing, jazz dancing and even pole danc[ing]!"

However, Gurmit was also quick to defend his innocence, "Not that I've seen a pole dance before *lah*." Having been trained in ballet and jazz dancing, Gurmit added that he'll be up for any challenge the musical requires of him.

Brimming with excitement, the comedian-host added, "It will be a very gratifying and rewarding experience to participate in such a large scale event."

Gurmit also remarked that though some viewers think the sitcom has outlived its welcome, **Phua Chu Kang** still maintains an impressive rating and will offer more entertaining performances on stage.

These entertaining performances include those by Bond girl look-a-likes, jazz and dixie bands, professional dancers from China and even a full orchestra.

Adeline Tan, who heads the creative team of main organiser, Liberty Productions, said, "Expect to see acrobats, stilt walkers, mascots and loud costumes, all with a Singapore brand."

Will the heartland crowd support make this production the "best in Singapore, JB, and some say Batam"? With 14 shows here, **Phua Chu Kang - The Musical** had better hope so.

June 10 - 20, Weekdays 8pm, Weekends 3pm and 8pm Singapore Indoor Stadium. www.pckmusical.com
Tickets: \$25, \$35, \$55, \$85, \$100 from SISTIC



Win a return ticket to Bangkok courtesy of Valair and **Phua Chu Kang - The Musical** T-shirts! Simply email us your name, address, email address and contact number to hypemagazine@gmail.com by Apr 30.

Event Listings

If you think there's nothing happening in Singapore, **hype** shows you 10 events you can choose from.



Anime@ACM

Learn about the 600-year-old history of Japanese animation and cartoon, at **Anime@ACM** in an interactive exhibition. Enjoy the movie screenings of popular anime and appreciate displays of manga drawn by our very own local artists.

March 4 - 20, Asian Civilisations Museum
Free Admission

Singapore Fashion Festival

The glitterati are out in force again as the world's top fashion designers gear up to roll out their collections for our eyes only. Showcasing the crème of local talent going together with international flavour, the **Singapore Fashion Festival** promises to give the fashion-challenged a glimpse into the wardrobes of **Prada, Armani and Gucci** among local talents like Ashley Isham.

Mar 24 - Apr 3
Participating shopping malls and boutiques

Simple Plan - Still Not Getting Any

Indulge in some head-banging as the Canadian band, Simple Plan, will be in town to rock Singapore for a one-night only concert. Simple Plan will perform crowd favourites like "Perfect", "Addicted" and much more from their album **Still Not Getting Any**.

Mar 30, 8pm, Suntec Convention Hall 601
Tickets: \$50 from SISTIC

Mumbai Masti/Madras Masala

The stars of Indian cinema, Shankar Mahadevan, Mahalakshmi Iyer and Unnikrishnan will be in town to perform songs from their popular albums in a two-night event in Singapore. They will captivate the crowd with a combination of Hindi and Tamil songs, making the three-hour concert a blast for all Bollywood fans.

Mar 26 - 27, 8pm, Esplanade Theatres
Tickets: \$32, \$52, \$72, \$102, \$152, \$182

The House Jacks: Band Without Instruments

This unique five-man *a cappella* outfit will perform cover songs from Boyz II Men, Stevie Wonder and U2 with nothing more than their mouths. Other than covers, they also have their own hits like "Gone" and "Sunday" which

they will also be performing in their one-night performance.
Mar 26, 7.30pm, Fort Canning Park
Tickets: \$35 and \$40 (at the gate) from SISTIC

Standard Chartered Sevens Singapore 2005

Some 16 international rugby teams will pit their skills against one another in a two-day match at the National Stadium. The players, from countries such as New Zealand, Australia and Singapore, will be trying to take back the title from defending champs South Africa.

April 3 - 4, Singapore National Stadium
Tickets: \$66 and \$121

The Sound of Music

Celebrating its 45th anniversary, this Broadway musical will be in Singapore for about a month. The musical is based on a true story about the determination and free spiritedness of a young Austrian governess.

April 8 - 30, 8pm, Esplanade Theatres
Tickets: \$31.50 - \$157.50 from SISTIC

Sonu Nigam - Love in Singapore A Bollywood Concert

Groove along with renowned Indipop singer and Indian Idol judge Sonu Nigam and his band and dancers as they entertain you with 150 minutes of adrenaline-pumping, hip-gyrating tunes from Bollywood like "Kabhi Khushi Kabhie Gham" and "Kal Ho Na Ho". He's also known for his hosting stint in **Zee TV's** immensely popular show **TVS Saregama**. This is a one-night only event that's a must-see for all Bollywood aficionados.

April 9, 7pm, Suntec Convention Hall 602
Tickets: \$65, \$130, \$175 from SISTIC

Singapore Street Festival

Street culture immediately brings to mind graffiti, B-Boys and the obligatory *bling-bling*. The **Singapore Street Festival** incorporates those elements and expands on them as an outlet for self-expression and a celebration of creativity, vibrancy and youthfulness. Showcasing performers and entertainers from all walks of life, this event will offer performances like live gigs and emceeing. For more details, check www.singaporestreetfestival.com
May 29 - 13 June, Orchard Road
Free Admission

The PC Show 2005

Possibly the region's most successful electronic showcase, the PC Show 2005 attracts crowds annually looking for the latest in computer hardware and software, gadgets, accessories and other electronic peripherals. It is the perfect stop for any technophile, gadget freak or just your average bargain-hunter. If you're in the market for PVRs, why not check out our article on pg 40?

Jun 2 - 5, Singapore Expo
Free Admission

Star Wars Episode III: Revenge of the Sith



The 28-year wait from the last great **Star Wars** movie, **Episode VI: Return of the Jedi**, will finally be over when the greatly anticipated **Star Wars Episode III: Revenge of the Sith** hits cinemas in May. Set amid the relentless three-year battle of the Clone Wars, **Episode III** will cap off the iconic six-parter and bridge the gap between the prequels and the original trilogy.

At this time, Chancellor Palpatine (Ian McDiarmid) has risen in power and the Republic is about to be renamed the Galactic Empire. Meanwhile, the rift widens between Anakin Skywalker (Hayden Christensen) and his friend-mentor Obi-Wan Kenobi (Ewan McGregor). Finding an ally and confidante in the Chancellor, Anakin embarks on his journey to the Dark Side and becomes the infamous Darth Vader, putting his marriage to Senator Padmé Amidala (Natalie Portman) at risk.

Besides the stellar cast reprising their roles from **Episode II: Attack of the Clones**, you can also catch newcomers like Keisha Castle-Hughes of **Whale Rider** fame as the new Queen of Naboo, previously played by Portman.

Episode III, touted by various fan sites as the 'darkest' of the prequels, will attract fans who will have their eyes peeled for characters such as General Grievous and the Wookies, along with the epic light saber battle between Obi-Wan and Anakin. However, with **Episodes I** and **II** disappointing fans with razor-thin plots caving in under an overload of special effects, viewers will cross their fingers that this last-chance prequel said to cost US\$150 million (S\$244 million) will redeem itself. - KAROL ANN TAN

Charlie and the Chocolate Factory



This whimsical story is the stuff of childhood fantasies. Mr Willy Wonka (Johnny Depp) is an eccentric chocolatier who launches a worldwide contest where five lucky children get to visit his secret and utterly delicious candy empire. We root for Charlie Bucket (Depp's **Finding Neverland** co-star Freddie Highmore), a poor boy who wins a place and is the only one who doesn't misbehave and thus never gets booted from the premises in the most bizarre and weird ways by Willy Wonka's confectionery gadgets.

If it sounds familiar, that's because it is.

Based on the beloved Roald Dahl book, **Charlie and The Chocolate Factory**, it was first filmed in 1971 as **Willy Wonka & the Chocolate Factory** starring Gene Wilder as Wonka. With three-time collaborator Depp, Christopher Lee and Helena Bonham Carter as Charlie's parents, director Tim Burton's remake is expected to be wilder and more imaginative.

Get ready for a sugar high from the man who brought us **Big Fish**, **Sleepy Hollow** and **Mars Attacks**. - SITI MARINA ABDUL ALIM

Mr. and Mrs. Smith



The gossip mill's charge that Angelina Jolie broke up Brad Pitt's picture-perfect marriage, thanks to this movie, will surely help ticket sales. Not that this action romantic comedy is likely to need it.

The sizzling duo play John and Jane Smith. Their boring, predictable names mirror their equally bland married life in the suburbs, except that both of them are assassins who keep their day jobs a secret from their spouse. Just think **True Lies** with younger and more delectable eye candy.

When the organisations they work for assign them to kill each other, that's the cue for director Doug Liman, who also directed **The Bourne Identity**, to pull out the raw gun power.

Pitt, who traded his **Troy** locks for a crewcut here, was said to have agreed to the project after Jolie was cast as his screen wife. The question really is whether this is just the prelude to Mr and Mrs Pitt. - MARY VIOLET LORES

Batman Begins



The fifth instalment of the **Batman** franchise sees a return to its dark roots. With David Goyer, writer of the **Blade** trilogy, scripting and Christopher Nolan, writer and director of cult hit **Memento**, as director, fans don't have to worry about another disappointing bubblegum treatment like the previous **Batman & Robin**.

Nolan's proficiency at directing a non-linear story - adeptly proven in **Memento** - helps drive the unravelling of Batman's past at the start of the film. True to Batman history, the darkness begins with a young Bruce Wayne (Christian Bale) being horrified by the killing of his parents.

A twist of fate impels the vengeful Bruce into the domain of Ra Al-Ghul (Ken Watanabe), a revered leader of a ninja cult. Empowered, Bruce returns to Gotham City as Batman to face an infestation of villains which include The Scarecrow (Cillian Murphy), mafia boss Carmine Falcone (Tom Wilkinson) and Wayne Enterprises CEO Richard Earle (Rutger Hauer).

A fresh face for the lead, Bale brings a more youthful charm next to his predecessors Michael Keaton, George Clooney and Val Kilmer. Knowing Nolan's work, even with a lesser known cast, he'll restore our faith in our favourite vigilante. - ROGER LOW

Kingdom of Heaven

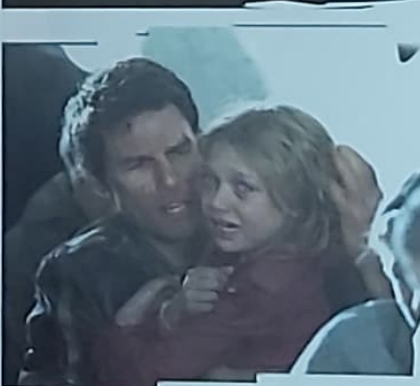


Orlando Bloom is in grave danger of being type-cast to play medieval characters. He is Balian of Jerusalem, a young blacksmith-turned-knight, fighting to save the people of his hometown from Christian invaders as he serves a doomed king. Only this time, covered with more facial hair and showing off a buff body, Bloom has totally lost his boyish charms and has become quite a man.

An estimated US\$130 million (S\$212 million), next to **Alexander's** US\$150 million, was spent for the production of this epic tale by **Gladiator** director Ridley Scott. It also boasts a solid supporting cast, which includes Liam Neeson (**Love Actually**) and Jeremy Irons (**Being Julia**).

Aside from Bloom's charms, **Kingdom of Heaven** tells a tale of one of history's worst wars between two religions. With recent history films like **Troy** and the three-hour snoozer, **Alexander**, being as disappointing as they were, fans of this genre of movies are hoping that **Kingdom of Heaven** will be something to give thanks for. - MARY VIOLET LORES

War of the Worlds



Director Steven Spielberg's latest blockbuster project, **War of the Worlds**, is based on a 1898 science-fiction novel by H.G. Wells.

With a star-studded cast including veteran actors Tom Cruise, Tim Robbins and rising star Miranda Otto (**Lord of The Rings**), **War of the Worlds** is the modern retelling of a catastrophic alien invasion on earth and the struggle of a typical modern suburban American family facing the imminent destruction of mankind.

Considering the original film adaptation the **War of the Worlds** won an Oscar for Best Special Effects back in 1954 and the fact that, according to **Movies Online**, it was regarded "one of the greatest sci-fi movies", the task would petrify anyone without the stature of Spielberg. Even with him helming the project, many fans are expressing their misgivings online, particularly about the filmmakers' decision to modernise the plot.

Paramount and Dreamworks appear to be rushing the project, which, **IMDB.com** reported was originally set for a 2007 release date that was brought forward to 2005, giving Spielberg and Cruise only seven months to film it. As a result, pre-production was cut to 10 weeks and filming was rushed to afford time for the 500+ computer-generated imagery (CGI) effects that have been planned for the film. Will this make a difference, guess you'll need to see to know. - MARY-ANN RUSSON

Looking The Part

Three men we grew up with - **Batman**, **Darth Vader** and **Willy Wonka**, will fill our big screens during the holidays. It's the perfect excuse for closet fans to come out and play dress up. Is it going to be Vader's air of malevolence, Batman's brooding presence or Wonka's delicious tails? Go on and don that gorgeous shiny helmet or Batman's whopping bling bling of a belt, says **KAROL ANN TAN** with tips on how to look the part.

Mask

With its trademark bat ears, the mask is essential in the Dark Knight's quest for anonymity.

Utility Belt

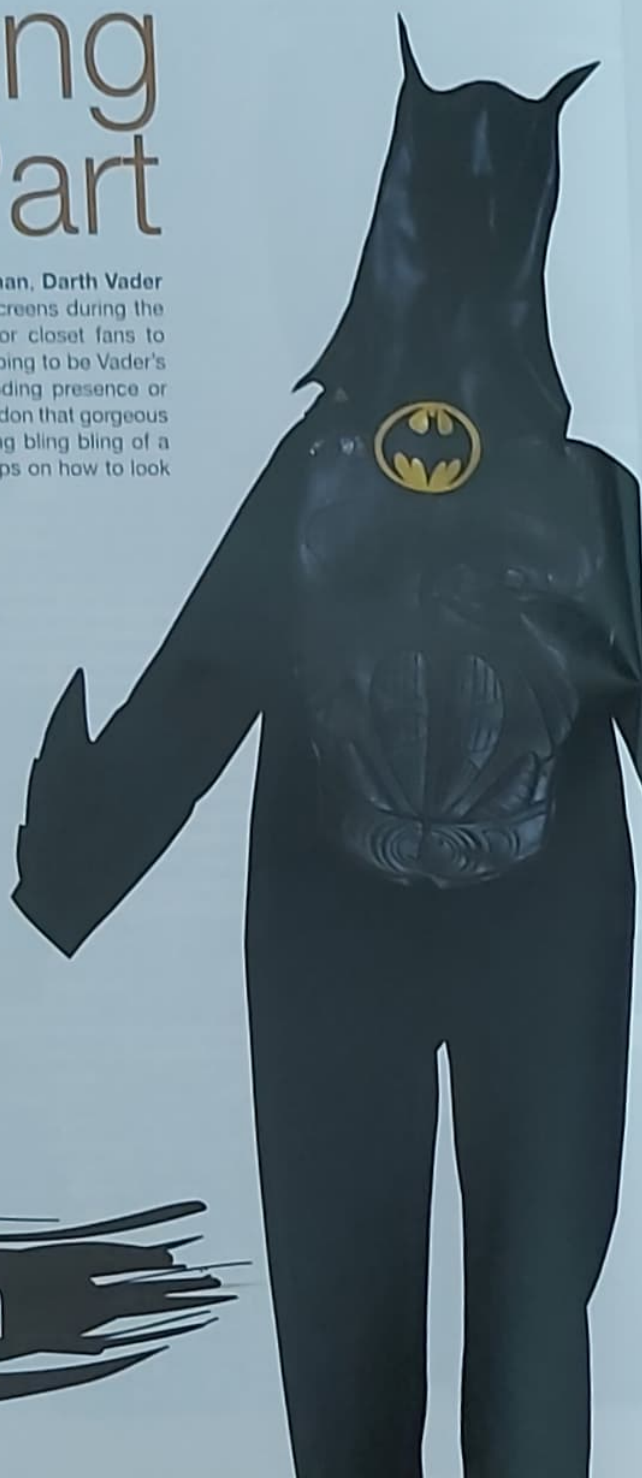
Containing and concealing the Dark Knight's hoard of weapons and gadgets, this nifty device is not to be left out. Available for \$69.95 at Toys 'R' Us.

Cape

Be it leaping from building to building or jumping into the Batmobile, the Dark Knight's cape, flapping in the night breeze adds to his air of menace.

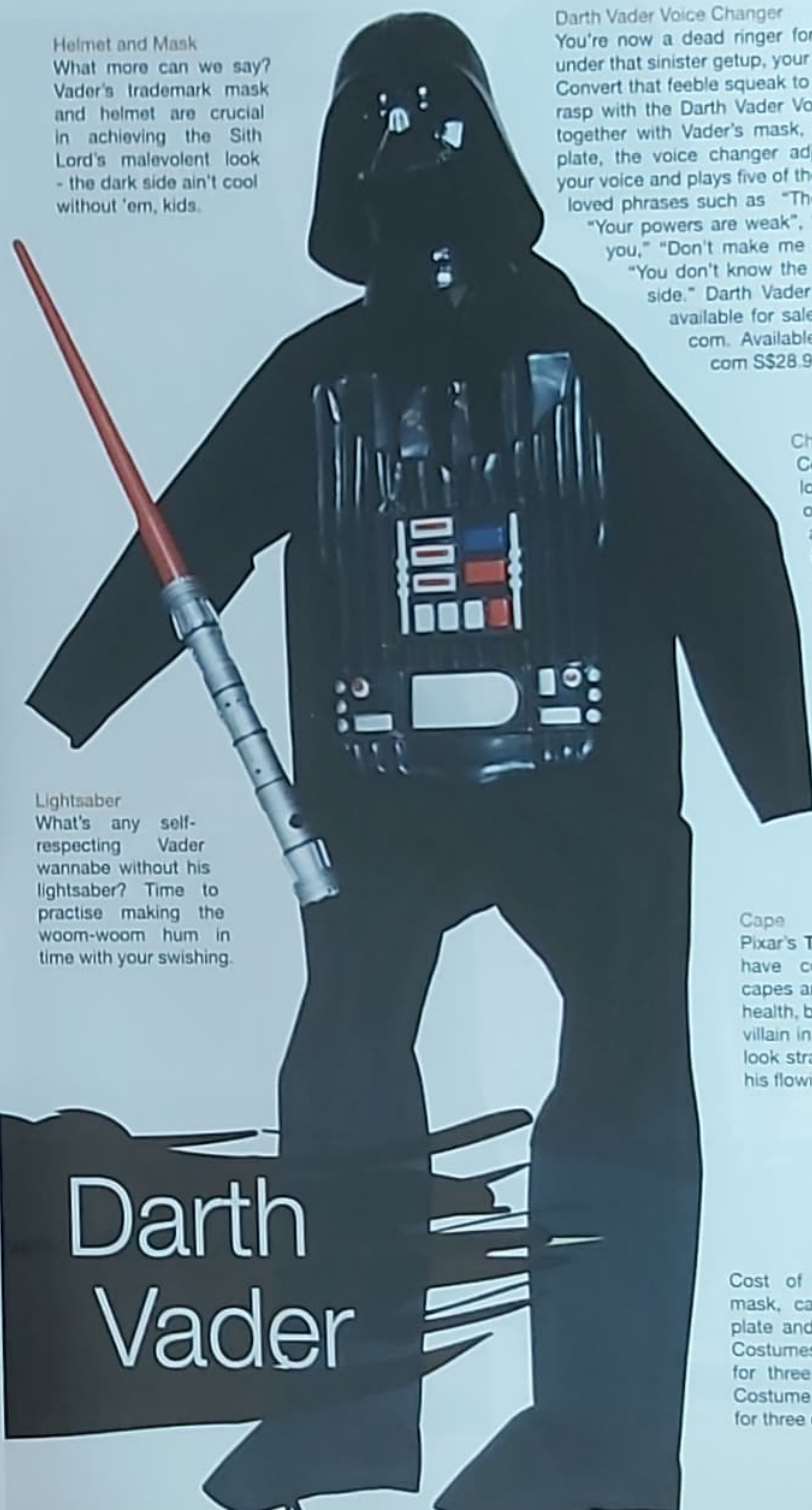
Cost of renting mask, cape and black bodysuit from Costumes & Mascots: \$50 for three days or from No 1 Costume Costume Pte Ltd: \$60 for three days.

Batman



Helmet and Mask

What more can we say? Vader's trademark mask and helmet are crucial in achieving the Sith Lord's malevolent look - the dark side ain't cool without 'em, kids.



Darth Vader Voice Changer

You're now a dead ringer for Darth Vader, but under that sinister getup, your voice betrays you. Convert that feeble squeak to Vader's trademark rasp with the Darth Vader Voice Changer. Sold together with Vader's mask, helmet and chest plate, the voice changer adjusts the pitch of your voice and plays five of the dark lord's most-loved phrases such as "There is no escape," "Your powers are weak", "The Force is with you," "Don't make me destroy you," and "You don't know the power of the dark side." Darth Vader Voice Changer is available for sale at www.starwars.com. Available at www.walmart.com. \$28.90.

Chest Plate

Complete Vader's look with a strap-on chest plate. It also protects you from the less heavy things people might pelt you with.

Lightsaber

What's any self-respecting Vader wannabe without his lightsaber? Time to practise making the woom-woom hum in time with your swishing.

Cape

Pixar's *The Incredibles* may have convinced you that capes are hazardous to your health, but the most infamous villain in movie history would look strangely naked without his flowing black cape.

Darth Vader

Cost of renting helmet and mask, cape, lightsaber, chest plate and black bodysuit from Costumes & Mascots: \$50 for three days or from No 1 Costume Costume Pte Ltd: \$60 for three days

Willy Wonka

Top Hat

A black top hat is to Willy Wonka what the helmet and mask are to Darth Vader. To accentuate it, wrap a plum-coloured ribbon across it.

Tailcoat

Johnny Depp as Wonka cuts a resplendent figure with his plum-coloured velvet tail coat. It's too warm in Singapore to wear one, but you want to look like you own the world's greatest chocolate factory, don't you?

Walking Cane

Wonka's gold walking cane tops off his over-the-top getup and adds to his air of roguishness. Substitute with a long umbrella if you're desperate.

Cost of renting tailcoat and top hat from Costumes & Mascots: \$50 for three days or from Masquerade 2000: \$50 for three days

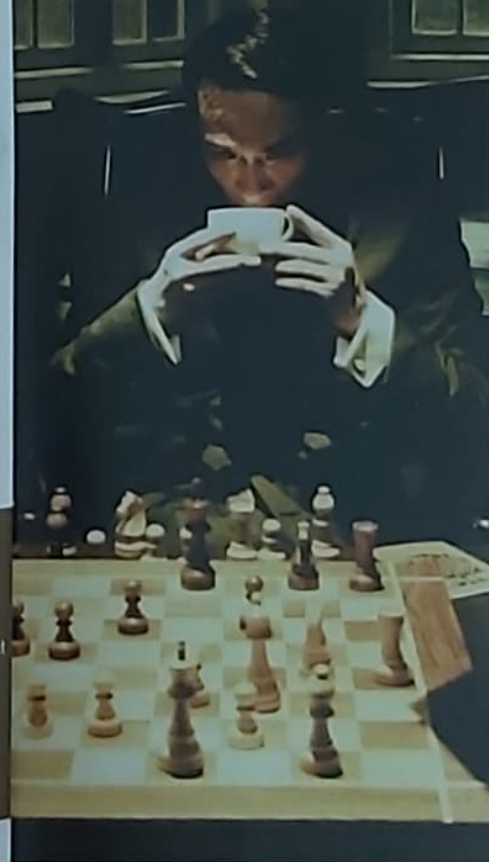
Costumes & Mascots is at
785 North Bridge Road
Tel: 6299 0882

No 1 Costume Costume Pte Ltd is at
32 Aliwal Street
Tel: 6333 9440

Masquerade 2000
26 Bali Lane
Tel: 6292 4889

Waltzing Through Singapore Streets

KAY-LENE TAN finds out more about Raintree Pictures' **One Last Dance** - the first international movie to be filmed completely in Singapore.



"**O**ne Last Dance is a genre-bending gangster film - a film that deals in non-linear fashion with the classic themes of a 'code' and love in the world of a perfect killer," explained producer Peter Loehr, 37, in an e-mail interview.

It also stands out given its international cast, including the main protagonists of the movie Hong Kong actor, Francis Ng, remembered for his role in the movie **Internal Affairs** and, Taiwanese actress Vivian Hsu who acted beside Jackie Chan in **The Accidental Spy**. You can even catch an eight-minute cameo by **Reservoir Dogs** and **Pulp Fiction** star, Harvey Keitel.

In an interview with **Channel NewsAsia**, Keitel had said, "I had heard of Raintree before. When **One Last Dance** came to me, it seemed to be that someone was knocking on my door as I was looking at the door where the knock was emanating from."

Loehr, who is based in China, told **hype**, "Working with them [Ng, Hsu and Keitel] was fantastic!... All of our cast and the great talent from Singapore that worked on our film, notably Joseph Quock, who was one of the lead roles, were amazing. They were professional and talented and they helped the roles that we had envisioned and thought about for such a long time to jump off the page and onto the screen."

Interestingly, the language used in the movie was Cantonese but the cast comprised actors from Hollywood and Asia and, to top it all off, it was directed by 36-year-old Brazilian Max Makowski.

"Max is an incredibly talented perfectionist," Loehr said, "His drive and energy and quest to be perfect will be the ultimate key to the film's success."

It's a wonder why the producers and directors of an international film of its scale chose Singapore as the backdrop for their movie. "The Media Development Authority (MDA) invested in the Singapore-China co-production, **One Last Dance**, a film which is produced under its 10-picture Memorandum of Understanding (MOU) with MediaCorp and Raintree Pictures," said Ang Hwee Sim, a representative from the MDA. Although **One Last Dance** saw financial contributions from the MDA and the Singapore Tourism Board, Loehr said their decision was based on the "freshness of all the fantastic locations". Representatives from Raintree Pictures and MDA declined to release figures on the film's budget.

He added that they had used the entire island, shooting at least 40 different locations, including the Esplanade and Boat Quay. "We chose these locations for what they brought to the story and how they fit into the overall film." What Loehr liked most about the Singaporean environment was her "fantastic architecture and the great talent that was a part of our movie as a result of shooting in Singapore."

"My most memorable experience most of the crew and I will never forget staying up all night into morning for 20 plus days in a row," Loehr added.

The crew and Loehr have big dreams for this film, "We hope that we have made a film that has cross-over potential, a film that can show at film festivals and be commercial at the same time. Essentially, there are only two types of films: good ones and bad ones - let's hope that this is a good one."

你是否看腻了一般通俗的华语影片?让hype记者陈心瑜为你推荐三部精彩的得奖佳作,让你对亚洲电影有新的感受!

《冲出亚马逊》

这部电影是改编自真人真事的军人写实片。故事是发生在1999年的8月,有两个属于中国空军特种部队的年轻军人被派到南美亚马逊河边的国际特种兵训练中心。在这间代号“猎人学校”的军营里,他们经历了非常艰辛与困苦的训练。在这3个月的时间里,他们学习了如何在困境中求存。在严格的训练中,他们不只表现出勇气与决心,也在这过程中培养出深厚的友情。

为了讲求真实感,这部片子拉队到天气炎热,相似亚马逊的海南三亚地区拍摄。演出《冲出亚马逊》的主要演员,除了侯永之外,其他的人都是没有受过军事训练的,其中还有不少正在求学的外籍学生,在戏里扮演外国的军人。

这部影片有不少扣人心弦以及震撼人心的片段,让观众们留下非常深刻的印象。

《隐剑鬼爪》

由导演山田洋次所执导的《隐剑鬼爪》,拥有强大的演员阵容,像领衔主演的演员有永濑正敏、松隆子以及小泽征悦。

故事是发生在日本19世纪中改革时代,在德川幕府的统治结束后,新的气息在日本东北部的一个小藩慢慢的吹起了。影片利用了倒叙的方法,描述结了婚的片桐宗藏(永濑正敏饰)与曾经深爱过的希惠(松隆子饰),偶然在街头再次重逢。3年前,宗藏一家人过着平静的生活,突然他的母亲病逝了,而宗藏心爱的希惠也下嫁给“伊势屋”的老板。但是后来,因为希惠得了重病,宗藏便从伊势屋手中救出希惠,而且无微不至的照顾她,让他们的感情更进一步。政府这时也抓到叛军的头目一狭间弥市郎(小泽征悦饰)。他正是宗藏一起学武而亲如兄弟的朋友。狭间弥市郎越狱逃跑后,宗藏被派去追杀他。宗藏最后必须在亲情、友情、爱情中做出选择。

《世界》

在第61届威尼斯电影节首播的《世界》,是由著名导演贾樟柯所指导的精心杰作。这部电影是贾樟柯解境后,指导的第一部电影。长达两小时十六分的《世界》,原本的片名是《美丽新世界》。这部电影被贾樟柯描述为是一部讲述生活状况的歌舞片。

故事是发生在2003年的中国北京。它讲述四对年轻的城市男女的相爱、争吵、糊闹与和好,他们对爱情的不同感觉与观点。影片主要是围绕在赵小桃(赵涛饰),一位在北京世界公园为游人表演舞蹈的女孩与青梅竹马恋人的成太生(成泰饰)的爱情故事。

Tired of the bright, poppy, summer strains of music that tend to linger on the charts this time of the year? If you yearn for something darker, take a listen to **hype's** choices for self-induced aural meltdowns this season.

Queens of The Stone Age

Lullabies to Paralyze

After firing long-time bassist Nick Oliveri, Queens of The Stone Age (QOTSA) front man and co-producer Josh Homme has recorded their latest album, *Lullabies to Paralyze* with a practically fresh line-up. This renewal has resulted in QOTSA discarding their repetitive guitar riffs and heavy sound for a darker and more romantic stoner rock sound in their highly-anticipated fourth album under Interscope records. *Lullabies* was also produced by Joe Besseri, who produced the band's self-titled album in 1998. The final two tracks "Don't Need a Name" and "The Fun Machine Took A Shit And Died" were recorded in the fall by Homme who wanted to distill what is quintessentially QOTSA since their first album. Homme chose the final 15 tracks out of 19 recorded for *Lullabies to Paralyze*. This album will feature some A-list guest appearances from the heavy rock fraternity: Homme's girlfriend, Brody Dalle from The Distillers, Shirley Manson of Garbage in the track, "Man, You've Got Quite A Scene Going There" and also ZZ Top's Billy Gibbons - who's as famous for his blues-rock guitar skills as his long beard. Be ready to be paralysed with aural pleasure when the album is released on Mar 22. - SITI MARINA ABDUL ALIM

System Of A Down

Hypnotize

As a heavy metal band that uses its talents to reflect humanistic sentiments towards incidents like 9/11 and genocides in Armenia and Sudan (just to name a few), System Of A Down's (SOAD) *Hypnotize* is the latest statement that this aural tour de force makes.

Out since early March, the album's only half the good news - *Mesmerize*, another album, will be released six months later. The double album was a result of there being too many good songs to fit in *Hypnotize*, which serves as a primer for the second album.

They proudly wear their Armenian heritage on their sleeves and their music is tinged with an Eastern feel. Daron Malakian (guitarist, vocals), Shavo Odadjian (bassist), Serj Tankian (keyboards, vocals) and John Dolmayan (drummer) also have the dubious honour of having the top album (*Toxicity*) on the American charts in the same week as the 9/11 terror attacks.

It's also no surprise they're still working with Rick Rubin on *Hypnotize* and *Mesmerize*. He's the American Recordings label chief who has a knack for producing albums for influential music artistes like Audioslave, Red Hot Chili Peppers and Johnny Cash. With such a stellar combination working on this, this double bill will surely be one to live up to its name. - GARY LIM

Nine Inch Nails

With Teeth

Six years in the making, the follow-up to 1999's magnum opus *The Fragile* is arguably the most anticipated industrial album of the year, a record set to put the genre back on the pedestal again.

To give a sense of what fans can expect, almost 40-year-old front-man Trent Reznor was quoted in a *Rolling Stone* article saying, "It's more song-oriented (than 1999's *The Fragile*). It's much more lean. It's going to be 12 good punches in the face - no fillers, no instrumentals, just straight to the point."

Less baroque than *The Fragile*, yet as unyielding, *With Teeth* promises not only to push the musical envelope but tear it asunder. Expect one-man braintrust, Reznor to pack as much vitriol as possible, interweaving his indelible signature hooks, pulsating beats and gnrm riffs to create monumental sonic landscapes of torment that even industrial neophytes can digest and savour.

With Reznor's golden touch, Foo Fighter's Dave Grohl on drums and *The Fragile*'s producer extraordinaire Alan Moulder at the helm, fans and the industry alike can hardly wait to sink their teeth into first single, "The Hand That Feeds". An endorphin rush set to be unleashed; *With Teeth* is just the sound bite we've been waiting for. - SAMUEL NG



Photo: UBlues

No Slowing the Blues Train

Jaded, apathetic or ambivalent, this is the profile of many passing judgment on the local music scene. Music enthusiasts may lament and decry the lack of talent but when SAMUEL NG pries open the lid on the UBlues Band, he finds there's much more bubbling beneath the surface.

The late Robert Johnson, Muddy Waters and Leadbelly - these names don't roll off the tongue as easily as Britney Spears, Christina Aguilera and other commercial artistes who pander to the MTV generation. But to Singapore's premier blues band, they're an inspiration. Defending their passion for an older generation's choice of music, Danny Loong (extreme right above), 32, guitarist and founder of the UBlues Band, said, "Young people are not aware of its [Blues music's] cultural significance and influence on music. Legends like Led Zeppelin, Rolling Stones and Eric Clapton all grew up listening to the blues."

"Blues is one of the roots of music and gave forth to the genres of contemporary music today like rhythm and blues, alternative and metal. Our versatility attracts young people - we do blues, soul, funk and even more contemporary music like jazz with a faster tempo," he added.

UBlues (Trevor Jalla - lead vocals/guitar, Danny Loong - guitar/keyboard/vocals, Francis Chan - bass/vocals and Gary Tan - drums) members may have gone their separate ways but fans bemoaning the breakup of this acclaimed group (a complimentary label given by the legendary Buddy Guy himself) can cheer knowing it'll still be jamming on stage sporadically. "We are taking a break as we've been playing for six years at a stretch and so we are going on our own

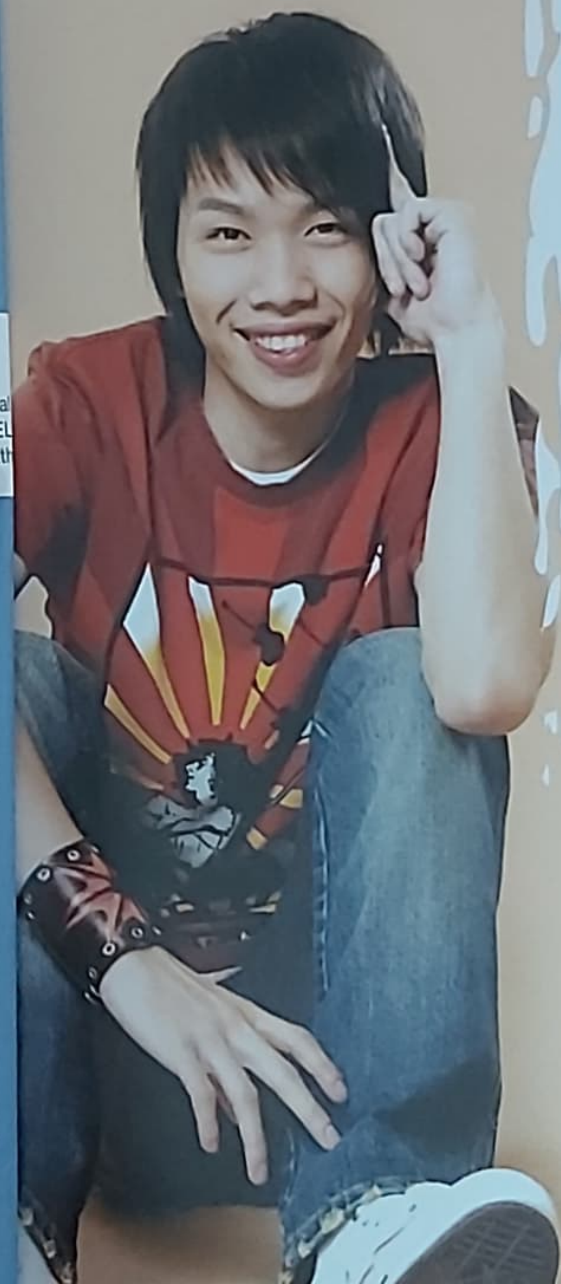
ways but as and when the occasion calls for it, we will get back together on stage," said Loong.

March is an especially good time to catch them doing just that - the band's appearing with the Lampano Alley Band from the Philippines at the Mosaic Festival at the Esplanade, as well as Hope Jam. The annual festival showcases not only the best of what local music has to offer with Electrico and E.I.C., but other regional and international acts as well. It's also a platform for buskers and up and coming amateur bands to strut their stuff.

Also in the works is the staging of the third UBlues festival, in July or October, celebrating blues music. Loong added, "We might be having special projects with international bands and be collaborating with other artistes in the near future."

There is no reining in Loong, who is on a mission to promote and develop local music. "I'm trying to cultivate the music scene by conceptualising and promoting local, relatively unknown bands," he said. "We are setting up, under the UBlues network, a live music bistro in May and not only will contemporary bands like EIC and Electrico be playing but this club will be used as a staging stage for amateur bands who are keen to play live sets. That way, by jamming to a live audience, they can expose themselves to [a] crowd and gain experience, even get talent scouted."

Sylvester 的最爱



从一个默默无闻的年轻小伙子到一个家喻户晓的名人,22岁《新加坡偶像》亚军得主沈祥龙的魅力无法挡! 觉得自己的脸蛋最有魅力的Sylvester, 曾经就因为这张可爱的脸孔, 而被IMM的保安人员拒以门外。因为太多的歌迷随身跟着他, 而这也才会让保安人员们加重工作负担, 所以沈祥龙才会连IMM的大门都进不了!

担任牙齿美白产品以及饮料代言人的他, 也是广告界的新宠儿。他的一举一动都受到媒体的关注, 所以与《新加坡偶像》冠军Taufik的竞争也常常被拿来炒作新闻。除了沈祥龙的招牌动作以及迷人的笑容之外, 你对他所喜欢的事与物, 知道的有多少?

Sylvester把他的十样最爱的东西都一一的告诉了hype记者陈心瑜。

最爱的食物
我最爱吃快餐了!

最爱的嗜好
为自己的歌作词作曲

最爱的颜色
黑色与粉红色

最爱的旅游国家
日本和韩国

最爱的歌手
BOA

最爱的学校科目
英语

最爱的运动
足球

最爱的味道 (酸?甜?苦?辣?)
我全都喜欢!

现在最爱的歌曲
Taufik 的 One Last

最好的忠告给最爱你的歌迷
"Dare to dream!"

沈祥龙的专辑正在紧锣密鼓的录音中,将在近期内发行,所以支持这位大家的“最爱”,就要紧密的留意各大唱片行。我们衷心的希望这位新星能在乐坛大展光芒!

Photo: Hype Records

\$

Special Sparks

We need sparks in our generation to remind us that great achievements are possible for youths - they light up our sea of dreams and keep us inspired. MARINA ABDUL ALIM, MARY-ANN RUSSON and NADIAH YUSOFF highlight 20 worthy of our emulation.

BUSINESS

Name: Daniel Goh Age: 26

What's all the **hype** about: Ex-model Daniel manages 65 models locally and 100 models from around the region, while handling full-time studies in Mass Communication at Ngee Ann Polytechnic. The modelling agency he started last June, Models' Journal Pte Ltd, with two employees broke even within six months. Daniel's clientele includes international corporations like Sony and Pokka and his models have sashayed down the runways of major fashion shows like Issey Miyake's. An 80 per cent profit margin has prompted Daniel to expand his business, which specialises in Asian faces, into Japan.

In his words: "I try not to let my work get in the way of my schoolwork. Sometimes I have to work overtime, even till five in the morning, or sometimes I don't sleep. It was tough initially, but now I'm used to it."

"I started out doing modelling when I was young, so I thought, why don't I do what I know? It really started as an impulsive decision. At first it was quite difficult and we suffered a lot of setbacks, like problems with [annoying, over-demanding] clients."



Photo: Daniel Goh



Photo: INRI Studio

Name: Tzang Merwyn Tong Age: 25

What's all the **hype** about: Despite not having any film training, his first short film [e'Tzaintes] received the prestigious Bronze Remi Award at WorldFest 2003 and was the opening film for the Berlin Asia Pacific Film Festival 2004. Not one to keep idle, this Ngee Ann

Polytechnic Mass Communication graduate embarked on a second project, *A Wicked Tale*, which made its world premiere at the 34th International Film Festival Rotterdam in January to a sold-out audience. Tzang was also one of the 500 outstanding young filmmakers invited to attend the 3rd Berlinale Talent Campus in February featuring renowned directors like Ridley Scott and Christopher Doyle.

In his words: "I was inspired (to make [e'Tzaintes]) by the superficial-ness of everyone around me. Everybody is an exaggeration of themselves and their social typecast. It's just the way we are as humans, always wanting to impress and always wanting to be what we are not. So I decided to make light of it [and] give a voice to teenagers all over the world."



Photo: Sil Marina Abdul Alim

Name: Vigneshwaran Mudaliar Age: 22

What's all the **hype** about: Vigneshwaran, a Mechanical Engineering graduate from Ngee Ann Polytechnic, is opening a cabaret-themed club in late March, with his pal Andrew Teo, 27. Inspired by the Boom Boom Room, where he temped as a waiter, the club at Marina South is set up

with \$200,000 he raised through investors. The National Serviceman recalls when he was promoted to bartender and then right-hand man of the defunct club's cross-dressing diva, Kumar. His chance came when the resident DJ wasn't around one night, and he had to take on the decks. He impressed the crowd and management so much with his debut that he was tasked to manage the lighting and sound for Kumar's headlining performances.

In his words: "I have never expected that I will be able to do what I am doing now."

"I dream of reliving the days at Boom Boom Room and after I learnt about other aspects of managing the club, I hope to carve another niche for a cabaret-themed club."

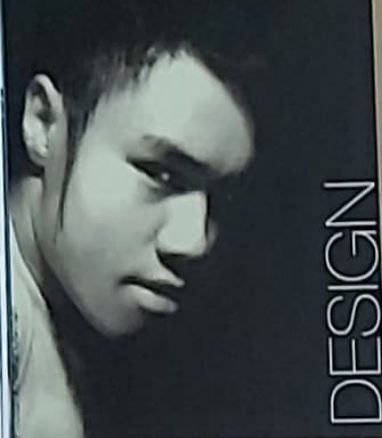
Name: Samuel Wong Shengmiao 22

What's all the **hype** about: He is possibly the first Singaporean without a degree employed as a tutor in the National University of Singapore. Armed with a Mass Communication diploma from Ngee Ann Polytechnic, and *Impressions of a Pipa Player: Profiles of the World's Most Premier*, a 212-page bilingual book he authored while he was a student, Samuel was also accepted at the best postgraduate programmes in America and the United Kingdom. He is working on a second book called *Qi: A Guide to the Instruments of the Chinese Orchestra*, and considers it his mission to bring awareness of Chinese music to the masses. Invited to perform as far away as Copenhagen, London and Sweden, the first prize winner of the National Chinese Music Competition Singapore in 2000 and 2002, and winner of two golds in the 21st Century International Chinese Music Competition in Genting in 2002, is Singapore's best *pipa* player in his age group. He picked up the instrument at 12 and fell in love with it because of its complexity.

In his words: "The practices are intense and sometimes take up eight hours a day. Even though my fingers are in pain, [I] just *tahan* [bear] the pain and go on... There's no such thing as I don't practise, but I can perform; no such thing as a perfect performance either."



Photo: Ngee Ann Polytechnic



Name: Muhammad Khairul Sofri Bin Osman Age: 20

What's all the **hype** about: Khairul never expected to win a Best of Show for last year's Crowbar Awards, a regional creativity competition for students organised by the Association Accredited Advertising Agents Singapore. The Interactive Media Design graduate from Temasek Polytechnic also owns design company i-scopes and has produced several commercial graphics, motion, sound, web and digital art works. He's also collaborated with designers across the globe and plans to recruit artists and create a digital playground for motion graphics. His award-winning entry for the Experimental Film or Animation category, *Imbroglia*, is a film about an insomniac madman. Although Khairul admits to suffering from insomnia and an eating disorder, his belief in giving his best, and support from family and friends keep him going. In his words: "[While suffering from an eating disorder] I learnt to respect others. Even when you do not know them much, they might be your greatest help. The biggest problem I faced was time. It's the enemy that bugs you every second and sometimes I even had doubts if I can finish the film on schedule, but I have this habit of pushing myself. The thrill is like a ticking time bomb!"



Name: Ian Cai Xusheng Age: 20

What's all the **hype** about: The only Singaporean at a conference by the World Assembly of Youth (WAY) in Jakarta to meet Indonesian President Susilo Bambang Yudhoyono, over the reconstruction of Aceh after the tsunami disaster, Ian was also in the first student group to lend humanitarian aid to East Timor in 2001. This Ngee Ann Polytechnic Business Studies graduate started humanitarian work after attending a National Youth Leadership Conference in 1999. The National Youth Achievement Award (NYAA) Gold Award winner visited India in 1999 under the United Nations and the Mother Teresa Organisation, helping at an orphanage for the disabled for two weeks and performing for 300 street kids in a mini-concert.

In his words: "After... meeting so many people who have probably spent their whole life in misery, it is priceless to know that I have made a difference to them when they are helped with their daily physiotherapy or chatting with them even for only a second."



Name: Jamie Marie Lewis Age: 19

What's all the **hype** about: Halfway through her studies at Yishun Junior College, Jamie Marie knew she didn't want a degree which doesn't guarantee happiness or a job. The 19-year-old Starbucks barista was unsure of her calling until a Youth Expedition Project (YEP) to Bangalore, India, enlightened her. With fellow YEP member Jared Tham, she started The Choice Initiative last January. The organisation conducts workshops tackling youth issues such as suicide and premarital sex. They've also conducted a two-day theatre camp, *TCI underground* at Dramabox as part of this. TCI will be sending 12 volunteers to Sri Lanka or Aceh in June to help reconstruction efforts.

In her words: "After witnessing the lives of youths in India... I came back knowing that I want to volunteer and help others who did not have life as easy as I did." "Being an opinionated and vocal person has kept me thinking [about] how I can help and being someone who believes in this lifestyle (volunteering) has given me the motivation to continue."



Name: Chew Khor Han Age: 23

What's all the **hype** about: Kor Han came in first in the Students' Category of the Singapore Furniture Industries Council (SFIC) Furniture Design Awards 2003 with his Chinese calligraphy-inspired coffee table. He's also the bronze winner of the Singapore Youth Photography Competition 2004 in the tertiary category. The National Serviceman is a Nanyang Academy of Fine Arts (NAFA) graduate with a diploma in Interior Design, and has been interested in design since he scored a distinction for Design & Technology in his 'O' levels. Best Display Award in NAFA's graduation show has recently been added to his list of accolades. He cites his NAFA teachers as his motivation and so inspired is he that he plans to teach after furthering his studies abroad. Kor Han feels that teaching will give him more satisfaction than working as an interior designer in a big company.

In his words: "Aim for your goals and work hard... then you'll succeed. No matter how you fail, so many times, you still have to work hard. To me, failure is the most important thing in our lives because if we fail, we'll try harder the next chance we've got and eventually, we'll succeed."

MULTI-TALENTED

Name: Winston Chin Chee Wei Age: 21

What's all the **hype** about: You don't win the President's Scholarship without being an all-rounder. Winston earned it in 2002 not just from scoring nine distinctions at the 'A' Levels, but from achieving Gold for the Anglo-Chinese Junior College (ACJC) Division 'A' Badminton team at National level. The active sportsman also participates in soccer, windsurfing and wakeboarding. He still found time to give free tuition classes at his church. Our guess is this second-year Medicine undergraduate at the National University of Singapore (NUS) is going to make some doctor.

In his words: "I realised I've been blessed with the ability to understand things quickly and I wanted to give back to others... My aim is not to get [good] grades, but to [become] a good doctor and really contribute to society."



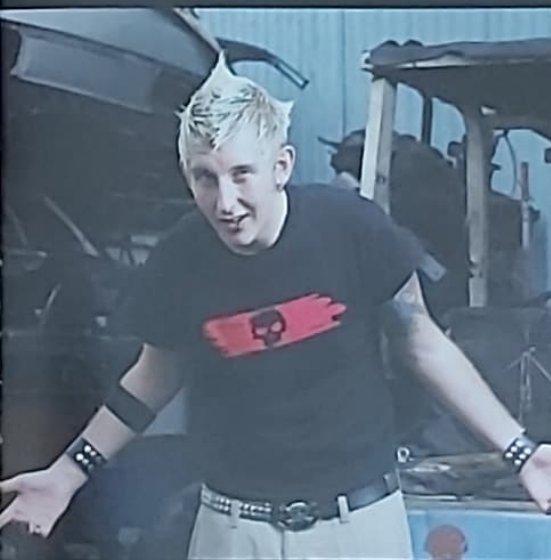
Photo: Winston Chin



Name: Lionel Jonathan Louis Age: 20

What's all the **hype** about: An emcee, dancer, student council president and an active youth volunteer with the Children-At-Risk Empowerment Association (CARE), this ITE graduate was awarded the Lee Kuan Yew Model Student/Trainee Award 2002 for outstanding contributions to ITE. Lionel went on to achieve the National Youth Achievement Gold Award in 2004 and is working with CARE on CAREVOLUTION, a new youth-targeted initiative to be launched in April, that will revamp the way Civics and Moral Education (CME) lessons are taught in schools.

In his words: "I was an at-risk kid myself [who had] suicidal thoughts in primary school. After going through CARE's motivational empowerment programmes, I decided to volunteer and help others like myself. How many of us actually appreciate the people around us? Most of the CME lessons have no reality check - we will challenge the students with real situations [that] they can relate to, [to emphasise] values like appreciation, respect [and] empathy."



Name: Amanda Ling Age: 20

What's all the **hype** about: Her band, *Electrico*, was nominated for the Favourite Artist Singapore award at the MTV Asia Awards 2005. The keyboardist was talent-spotted while playing for Throb by *Electrico* lead singer David Tan. Her addition completes the current line-up and gives a feminine twist in an otherwise all-male rock band. She produces her own music and is training to become a nightclub DJ too. This classically-trained pianist started music lessons at the age of four and is a LaSalle-SIA Music graduate.

In her words: "I want to experiment for a while... I'm pretty adventurous, I just wanna try everything in the whole realm of music."

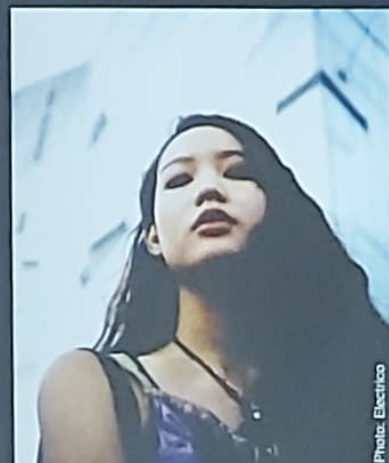


Photo: Electrico

Name: Sam Cooper Age: 20

What's all the **hype** about: He's the singer/songwriter/bassist of Pug Jelly, which was also nominated for the Favourite Artist Singapore award in MTV Asia Awards 2005. The band that started in 2001 has opened for the famous Sum 41 twice and, in 2003, released a self-funded debut album *Motivation For Getting Up In the Morning*. In his words: "My parents are not very supportive. They don't really know much about music, and they think that if you're not earning money off it you shouldn't be doing it. But you see, they don't realise that we're taking steps to get somewhere and just because we're not getting money, it doesn't mean we're not doing anything."



SPORTS

Name: Lim Yao Xiang Age: 22

What's all the **hype** about: Yao Xiang got his big break when he led the National Fin Swimming Team to win the Relay Gold, breaking his personal record and attaining a bronze for the individual category in the 2003 SEA games. The first-year Arts student from the National University of Singapore (NUS) also released an album, **The Deep End**, with his band, The Swim Shadys, last July. Yao Xiang, who plays lead guitar, formed the band with other national swimmers including Mark Chay and Gary Tan. All proceeds of **The Deep End**, standing at \$20,000 at press time, go to Children-At-Risk Empowerment (CARE). In his words: "I didn't come from a family of swimmers and my passion and motivation had come from learning more about myself during training, and growing up believing that when you push yourself hard enough, you can live your dream."

Name: Shahril Ishak Age: 21

What's all the **hype** about: The national team's midfielder broke the tie between Singapore and Myanmar with a free kick in the first leg of the recent Tiger Cup semi-finals, helping to bring back national pride in soccer. Ishak, who dons Fandi Ahmad's "17" jersey, started out when he was just 9, in the National Under-12 team. It's no surprise that he's an ambassador for Nike's "Play To Win" campaign with his polished footwork, which includes deadly free kicks and slaloms through defense. He was also the pioneer batch of players of the National Youth Academy in 2000.

In his words: "At first, I don't want the number, but I grew up watching Fandi Ahmad and it's an honour to get the number 17. Being in the national team is like a dream come true and I see it as a reward after playing for so long."



Photo: Siti Marina Abdul Alim

Name: Wang Qijie Age: 25

What's All the **hype** about: Qijie not only won a gold for the Young Inventors Award 2004 organised by The Asian Wall Street Journal and Hewlett-Packard (HP), he's also a recipient of the Singapore Millennium Foundation Scholarship given by the non-profit organisation that aims to expand scientific progress in Singapore. The winning invention from this Electrical Engineering doctoral student from Nanyang Technological

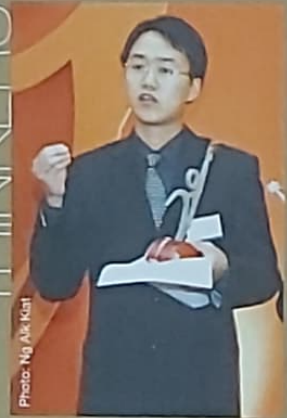


Photo: Ng Aik Kiat

Industrial Control
Main Sponsor
Singapore Power Ltd



Photo: Muraliraj Devaraj

Name: Muraliraj s/o Rajoo Devaraj Age: 20

What's all the **hype** about: Raj, a final-year Electrical Engineering student from Ngee Ann Polytechnic, won gold at the Singapore World Skills Competition 2004 in Industrial Control, where he had to create an industrial automation in 18 hours over three days. Although there were three gold winners, Raj was picked to represent Singapore in May for the International World Skills Competition in Finland. Surprisingly, Industrial Control is not one of the main modules taught in his school course. Still undergoing training rigorously every day at school, Raj is proud that he has brought fame to his engineering school, his family and country, and deeply appreciates the tremendous support from lecturers, friends and family.

In his words: "Nothing comes by easy... Opportunities are there, [but] it's how you look at the opportunity and how you grab it [and what you do with it]. When you take the opportunity, in some way or another there is a possibility of achieving it."

HEROES

Name: Theresa Goh Rui Si Age: 18

What's all the **hype** about: Winning 26 Gold and two Silver medals even before you turn 18 is no mean feat. And Theresa did it all despite having Spina Bifida, rendering her paralysed from the waist down since birth. Her achievements are all thanks to the Singapore Disability Sports Council (SDSC), a sports body that caters to the disabled. It has given her a platform to cultivate her talent after she competed in the 1st ASEAN Para Games held in Kuala Lumpur in 2000. Theresa has been offered a place in the new Innova Junior College where she can give equal focus to swimming and her studies.

In her words: "No special rituals for me but I always play the race in my head and I see it the way I want it to be."



Photo: Theresa Goh

Name: Jason Mak Wang Mun Age: 20

What's all the **hype** about: Jason's been a volunteer since he was 13, having worked with the National Kidney Foundation, Sinhala Buddhist Association, and the Methodist Children and Youth Centre, to name a few. He's not bounded by the

causes, organisations or geography when he volunteers. From helping local children with disabilities build up their confidence, to lending a hand to Aussie farmers in their fields, he's done them all. The Vice President of Ngee Ann Polytechnic's Outward Bounders is also a freelance outdoor educator. His love for adventure and the outdoors inspires him to teach and bring others closer to the outdoors.

In his words: "I find joy in helping others and doing things that are meaningful; looking at them smile means more than striking the lottery to me... Do not go into volunteering if you are doing it just to fill quotas or if you are being told to. Only volunteer if you are doing it from your heart."



Photo: Nathan Yusoff

Name: Mariyanto Aribowo Age: 21

What's all the **hype** about: On a year's attachment at Conrad Centennial Singapore, Mariyanto received a bronze for the Food & Hotel Asia (FHA) 2004 Culinary Challenge

Awards under the MLA Black Box category and is also part of the winning Dream Team. He joined the bi-annual regional competition as a challenge and admitted that winning it was a surprise because his Dream Team had problems communicating. The Indonesian Chinese nearly quit his SHATEC Hotel Management course halfway, because of pressure from his tutors but he didn't because he didn't want to let his team down. He aims to be a successful hotelier.

In his words: "What kept me going is that I realise that the competition not only involved me but also my team members. We had gone through days when we practised together and I cannot be selfish [and] just give up. I also got support from my family as well as all my friends... If others can do it, so can you."



Photo: Siti Marina Abdul Alim

Name: Paul Francis Chong Age: 21

What's all the **hype** about: Paul was ranked 5th among the world's best flair bartenders as Singapore's representative in the annual international bartending competition **King of The Ring Flair-Bartending Competition** in Las Vegas last April. His first placing in the 2002 15th **Bartender Association of The Year Award**, heralded his success in later competitions - last year's **Bartender of the Year** and **Bacardi-Martini Grand Prix**.

Paul became Singapore's No.1 bartender while studying in Shatec. He's also judged for international events like a mixology competition during the **Food and Beverage Expo** and **The Smirnoff Bartending Competition** in Australia last August and October respectively.

Paul started Singapore's third bartending organisation, Flair-Inc with fellow bartending champ, Rahmat Bin Suali, 27, last August. Their small start-up will organise a flair competition, **Be Who You Want To Be: Singapore Flair Challenge**, in March.

In his words: "To me, flairing is just 5 per cent of bartending, because there's more to the other 95 per cent, where there is the handling and entertaining the customers, mixing the drinks and ensuring quality service."

"People kept saying that I don't deserve to win (the competitions) but I took it in a positive manner and have so far proved them wrong."



Photo: Paul Chong

A Jungle Out There

Channel NewsAsia just turned six in March, but its face for us for more than two years has been PrimeTime Morning's Suzanne Jung. OLIVIA QUAY gets invited to her home and discovers what she's like behind the suit.

On-air, she's inquisitive, talkative and takes command of her interviewees - from Jackie Chan and Alicia Keys to cancer-stricken children and retrenched workers - but Suzanne Jung describes her after-work personality as "quiet" and "a little shy".

The attractive 28-year-old anchor of Channel NewsAsia's morning news show, who was spontaneously serenaded by Michael Bublé, has no need for a matchmaker, thank you, but is likely to be assessed by one as a nightmare or dream date, depending on how you look at it.

For starters, there's her dress sense. Not only does she rely on her mother as a clothes consultant and shopping partner, if you pick her up for a night out, you might find her wearing a long-sleeved turtleneck with long pants as she did during a recent attempt to enjoy the clubbing experience. That's her idea of casual wear. "You'll never catch me in a tank-top," she said.

Not only won't she put on a sexy top, it's even a long-running tease at Channel NewsAsia that Suzanne never wears skirts. In fact, she only owns two pairs - one in Korea, one in Singapore. She doesn't frequently wear them because she doesn't feel very comfortable and she has to be more careful in them... and she's not.

By Suzanne's own admission, she also "doesn't really go out". And who can blame the homebody when her workday, which lasts from 4 am to 3.30pm, makes it near impossible to have anything close to a normal social life.

Forget about a by-the-way lunch date, her mum prepares lunch and dinner for the whole family every weekday, as she has done for the past 20 years. As her mother can only cook Korean food, the Singapore Permanent Resident only gets to eat the local food she loves, like *roti prata*, *curry* and *laksa*, on weekends.

If we are what we eat, it's not surprising that this diet has produced in her a healthy blend of the traditional Korean girl and the new millennium career woman. Suzanne's very traditional when it comes to family values, filial piety and her dressing. In fact, so conservative is her businessman father that he and his wife matchmade Suzanne's younger sister, who's happy about the arrangement.

Suzanne thinks she's not getting any 'nagging' from her parents because "my dad can't bear to let us go". More likely, it's because she's already in a long-distance relationship, sorry guys.

If she weren't, she would have no qualms about being introduced to her friends' friends, because she's "more comfortable with being friends first, getting attracted and working from there".

Good looks don't necessarily push her buttons, she said, unable to identify with those who swoon over Brad Pitt, George Clooney, Tom Cruise and Bae Yong Jun. But while she doesn't exactly know what she's "looking for", she does like a man with "a smile that shines".

DESPERATELY SEEKING SUZANNE

In person, she's extremely friendly. How often does a celebrity offer to speak with a mere acquaintance at her three-bedroom condominium in Newton, after all? Dressed in a long-sleeved blouse and slacks, she still oozes an aura of professionalism, but she's definitely more approachable and relaxed, even "goofy, nerdy and 'blur sotong'", she said, switching fluently from broadcast English to Singlish as she chats.

When it comes to work, she's more of a talker than a listener, but the opposite holds true in her personal life. Suzanne readily admits that when she's working, she's very different from who she really is. Like a fleeting bout of an identity crisis that many of us often experience, she deduces, "Or maybe I don't know who I am."

Despite being on television almost every weekday morning, Suzanne doesn't like being the centre of attention. In fact, she "covers herself up" and has recently started wearing sunglasses whenever she goes out. Suzanne's quite content that strangers notice her shorter sister instead when the two of them walk down Orchard Road, refuting stereotypes of egocentric types in the television industry.

Whether at home or at the office, Suzanne does and solves almost everything through the Internet. She shops, reads, contacts friends using the World Wide Web. She credits her excessive Internet usage to the lack of time and she finds the efficiency of the web very appealing. It's still a mystery as to whether Suzanne just prefers the extent of anonymity that comes with doing things online.

SO YOU WANT TO BE A NEWS ANCHOR?

Born in Korea as Jung Sei Eun, Suzanne (named by her grandfather) attended kindergarten in Hong Kong, and slaved under the Singapore education system (which included learning Mandarin) from primary school until she graduated from Anderson Junior College. She then furthered her studies at Korea's Yonsei University and UCLA in California. During her university years, Suzanne interned at American national broadcaster NBC and upon attaining her Bachelor of Science, started work in Korea before her job with Channel NewsAsia brought her back. The rest is history.

Suzanne's power suits may suggest intimidation and credibility, but these qualities are really enhanced by her knowledge of the world's going-ons when she presents the bulletin with earnest sincerity. To Suzanne, delivering the news is "not about talking, chatting, or gossiping".

Having spent most of her life in Korea and in Singapore, Suzanne is also comfortable with new environments and can adapt easily to change. She embraces Singapore's laidback lifestyle, finding it a relief next to Korea's fast-paced life (though we beg to differ). She also credits her friendliness and ever-ready smile to her time spent in Los Angeles where even the postman and milkman would greet her with a grin and a "Hello, pretty!"

RECITE THIS: PLAN, PLAN, PLAN

For someone so at ease with environment change and up-to-the-moment developments in news, Suzanne is strangely obsessed with planning. She loves to sit down with a calendar in front of her and "just plan". She's

even happier when her schedule changes along the way because then, she's able to start planning all over again.

You can't expect less discipline from someone whose alarm clock goes off at 2.30 am, and who keeps an on-off daylight vigil on international news channels, websites and newspapers and spends most of her time online, whether it's e-mailing her correspondents, or extensively researching for future interviews. She would rather be busy and complain about not having enough time, than having nothing to do and being bored.

Since Suzanne joined PrimeTime Morning in August 2003, her schedule has been revolving around work. She had to drop everything personal when she started presenting. This year, she's decided to make a change. What she would like is not having a life of luxury, but a life at her own time. Suzanne wants to do things for her own personal growth, other than improving herself career-wise. In fact, she's just signed up for a Spanish class and hopes to put her new skill to good use when she vacations to Spain this year, among other countries like Italy, Shanghai and Hong Kong.

THE SOFTER SIDE TO SUZANNE

Unfortunately, dividing her time between Korea and Singapore has caused her to lose some of her friends. And because she's someone who cherishes memories, she finds herself constantly living in the past.

“It's difficult to distance myself from what was, what happened, what was beautiful and nice, but I've to move on with what I have and be happy.”

Suzanne candidly admits she cries a lot, and from what her mother tells her, she's always been a cry-baby. Still she doesn't consider herself too emotional or sentimental.

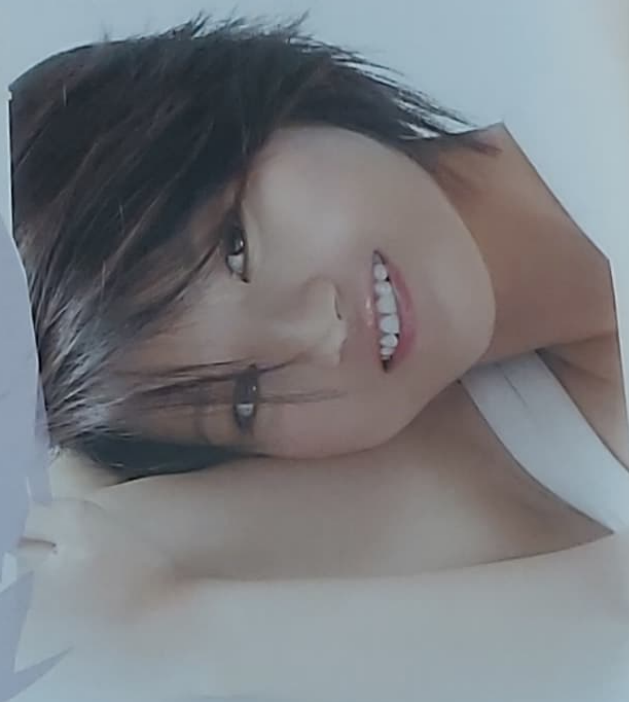
“I get touched very easily. I'm especially weak to children. Little, trivial things move me. Sometimes, just talking to my dad about stuff,” she said, calling herself “the girl with a lot of tears.”

Maybe it's this softer side, in addition to her level-headedness, that explains why friends find it easy to go to her for advice.

She enjoys giving her two cents' worth because she “loves to help”. Something she picked up along the way professionally and personally, is that there are times when people don't appreciate the help she's giving them and “just want to be left alone”. On such occasions, she gets taken aback and realises that there are boundaries, even when it comes to helping people.

蔡淳佳 是包公!

蔡淳佳,27岁的她拥有一副独特的干净、甜美的嗓子。她是我们土生土长的新一代的美声歌手,凭一首《陪我看日出》唱遍大街小巷。你对今年身为讲华语运动大使的她,又认识多少呢?你又知道淳佳曾经在新加坡理工学院就读验光系吗?让hype记者陈心瑜带你进一步了解Jo!鲜为人知的点点滴滴吧!



最近你都在忙些什么?
我现在正在筹备下一张专辑,希望能在今上半年内发行。

上一张专辑《日出》在新加坡卖的那么好,你觉得自己独特的地方在哪里?
我真的不知道啊。。。

你最欣赏哪一位歌手?
其实我本身欣赏的歌手有很多,但是最喜欢还是这位西洋歌手Sarah McLachlan的美妙歌声。每次听到她的歌声时,我都会被那把声音给深深的吸引住!

你最喜欢吃的新加坡美食是什么?有什么好介绍吗?
我最喜欢的肯定是辣椒螃蟹!我最常去吃螃蟹的地方是Long Beach restaurant.

你的外号是什么?
我小时候很黑,又很男孩子气,所以朋友们都爱叫我包公!

现在蔡淳佳所属的唱片公司正在商谈把畅销专辑《日出》推出到海外发行,我们敬启期待她的新专辑的到来以及她在海外大展拳脚吧!加油了,淳佳!

失败中学习的 李圣杰

他虽然在追求自己理想的旅途中跌倒过,但是他抱着一颗诚恳以及绝不认输的心,他回来了。坚持不用任何电脑技术来美化自己声音的他要告诉你,他是李圣杰。
陈心瑜著

台湾新人李圣杰重新出发,推出了新专辑《痴心绝对,手放开》。主打歌《痴心绝对》在新加坡最受欢迎的电台93.3醉心频道的醉心龙虎榜上拥有不俗的成绩。1999年便发过第一张专辑《冷咖啡》的李圣杰(当时用了艺名李杰),那时因为专辑销售成绩并不理想,而沉淀了一阵子。在那段日子,他也去了PUB(夜店)做驻唱歌手。

“现在的我跟以前李杰的我,在表达自己音乐的想法上,会表达的更清楚。以前,我可能用音乐来说话,但现在我对我自己要做的音乐表达上,(我)更确定要怎么用对谈来表达。音乐的成熟度方面,也比那时候成熟许多。”

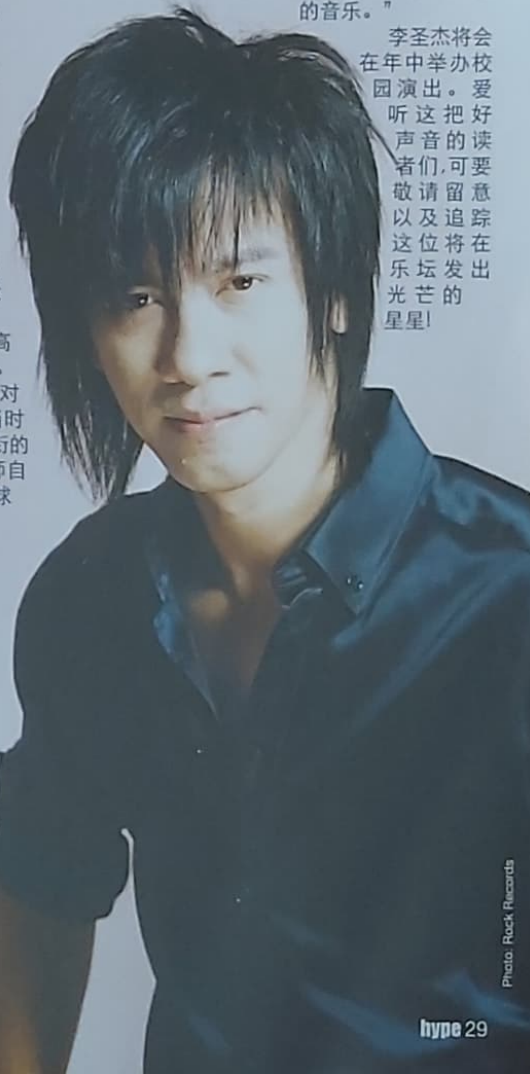
做事要求完美的Sam,觉得自己就像主打歌一样,是个百分百专一的男人。“我没有办法分心做太多事情,比如自己的音乐也好,自己的运动也好,我都会很专一的来做这些事情。因为我的兴趣不会太多,所以我希望我喜欢的事情可以做的最好。我所爱的人,也可以爱的很完整。”

拥有183公分身高的李圣杰,其实是超级网球迷!他还曾经在台湾的阳明大学担任过网球教练。一谈到网球,李圣杰便兴奋的比手画脚的描述自己对这项运动产生浓厚的兴趣。他是在1990年看到当时19岁的Pete Sampras在US Open 摘下冠军荣衔的英姿,而积极的租录音带来学习这门运动的。无师自通的他在那时,便每天花两个小时的时间,对着网球场的墙壁,勤加练习。

“我那时候,礼拜六、礼拜天没有出门看电影或做其他的事情,我就是(拿)那个VHS一直看、一直看,然后睡觉的时候,你还会突然想到杀球还是发球(的动作)!我觉得自己根本是被网球附身了!”网球也间接让李圣杰经历一次的惊心动魄的911事件。在2001年,为了要看Pete Sampras,他自己一个人,毅然地跑去了纽约看 US Open。他在离世贸中心只有两、三公里的距离时,目睹了触目惊心、永生难忘的911恐怖事件。经历了这件毕生难忘的事件后,李圣杰对人生有新的领悟。“你会觉得,发生那件事情后,没有什么是不可能的。你会很珍惜你的生命。经过那件事情,你每天都要让自己过得有意义和快乐。”

希望能在今年六月开万人演唱会的李圣杰,对那些一直坚持自己理想的年轻人的忠告是:“歌手这条路是非常辛苦的,如果你真的对唱歌有兴趣,非常需要坚持跟不放弃的精神。如果你要往这条路走的话,你要对自己的兴趣非常确定,而且要多听其他的音乐。”

李圣杰将会在年中举办校园演出。爱听这把好声音的读者们,可要敬请留意以及追踪这位将在乐坛发出光芒的星星!



Nailing It

If it's anything that needs more grooming and preening, it's your nails. Utterly exposed and judged as you extend that hand to your contact or a hot guy or girl, nails need to be cared for not only by your taking extra doses of calcium just so they're healthy and won't break. Us mere mortals are incapable of the utmost care and touch-ups nails need. And you can't just leave it to anyone to give some TLC to your precious pinkies either. That's where the folks at nail basics come in. Don't let the cosy shop space fool you, they run the whole gamut of beauty services - regular manicures, pedicures, nail extensions and art, spa-like massages while you mask and moisturise your nails and skin, plus eyebrow trimming and embroidery, eyelash curls and extensions and makeup. Rest assured, there's no compromise in quality even when their staff of four are adept at so many things. And they don't skimp on using quality ingredients for treatments either. Their reputation alone, has spawned a few franchise outlets in Malaysia.

So why not make an appointment with nail basics to glam up for proms or the annual dinner and dance? It's also a beauty pit-stop for those racing to meet deadlines and who can only afford at most an hour to get their nails done. Guys can also look forward to this place to pamper themselves (and probably practise a few pick-up lines while they're at it) since it's a unisex nail salon too.

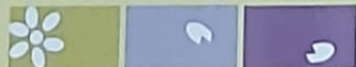
But it's not only about looking good, it's also about being in the pink of health. Adeline Tan, owner of nail basics, sums it up best with her salon's credo, "Our mission statement is that we believe a healthy and well maintained face, body and nails are essential to your lifestyle needs".

Enjoy a 20% discount off products and services at nail basics when you present this page at the counter!

Prices	
Just Manicure	\$17.90
Just Pedicure	\$28.90
Facial	\$38.00
Eyebrow Trim	\$ 9.90
Eyelash Perm	\$28.00
Contact nail basics for their full range of services and prices.	

nail basics
304, Lucky Plaza, #01-04
Orchard Rd (Entrance faces Tangs)
Tel: 6732 3221
Opening hours:
Mon to Sat, 10.30am - 8.30pm,
Sun, 2.30pm - 7.30pm

nail basics



Cindy wears Check Grid dress (\$89) from Stussy.

Ben wears Stitched Plaid shirt (\$99) from Stussy and jeans (\$129) from Volcom.

Rebellious LOVE

Conformists need not apply. Featuring threads from Stussy, Volcom and Voodoo Dolls.

Photography by Leonard Goh

Coordination by Mark Ngan

Hair and Make-up by Red Ngho

Styling assistance by Pamela Sia

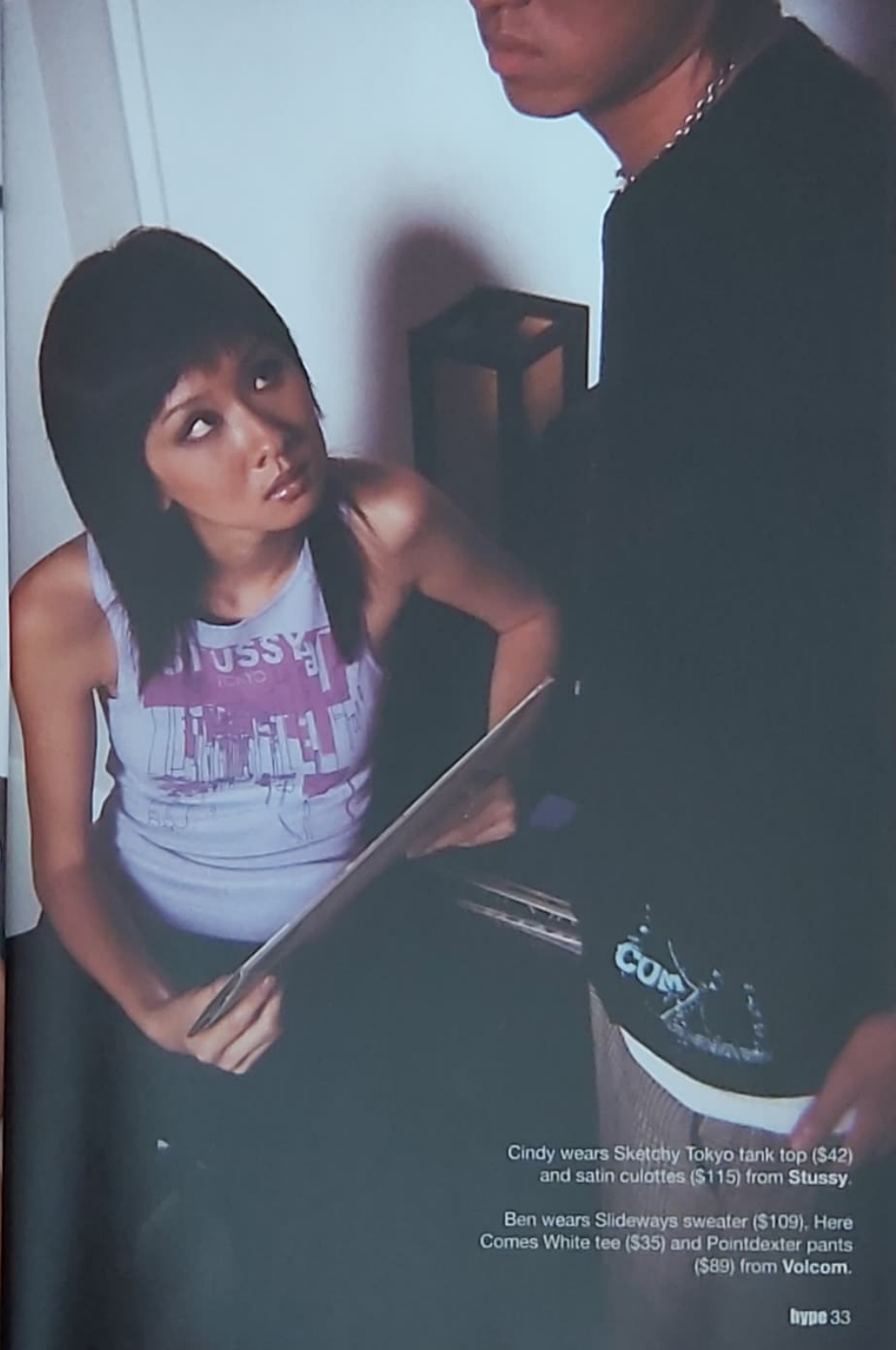
Special thanks to Aaron Wong, Hedirman Suplan and Ernest Goh

Text provided by Flash N Splash



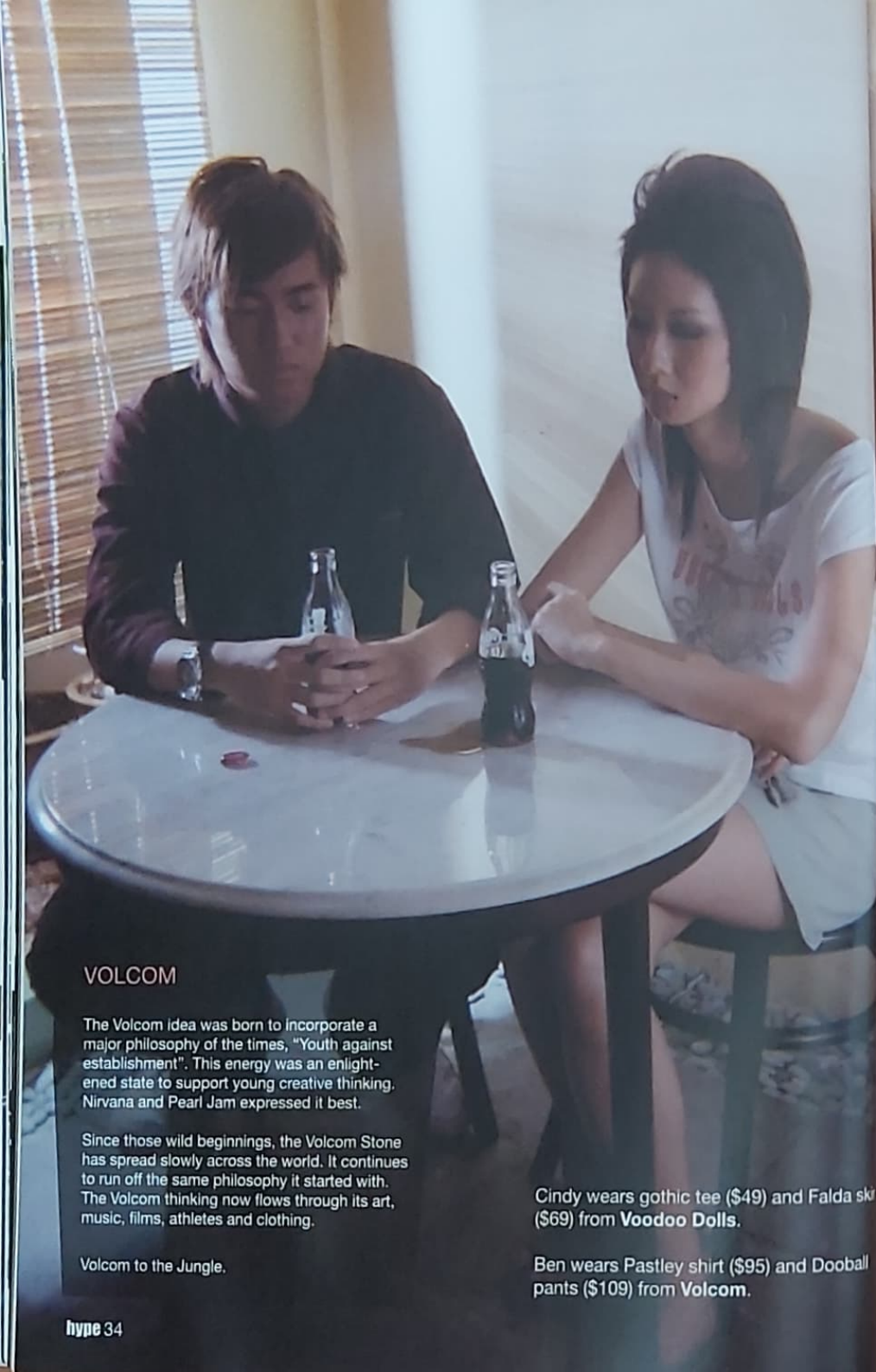
Cindy wears Tapped Out top (\$55) and Katie skirt (\$79) from **Stussy**.

Ben wears League Track jacket (\$105), Old Gold Lion Crest t-shirt (\$55) and Campbell pants (\$115) from **Stussy**.



Cindy wears Sketchy Tokyo tank top (\$42) and satin culottes (\$115) from **Stussy**.

Ben wears Slideways sweater (\$109), Here Comes White tee (\$35) and Pointdexter pants (\$89) from **Volcom**.



A man and a woman are sitting at a round white table. The man is on the left, wearing a dark long-sleeved shirt, looking down at his hands. The woman is on the right, wearing a white t-shirt with a graphic, looking towards the man. There are two glass bottles on the table, one of which appears to be a Coca-Cola bottle. The background shows a window with blinds.

VOLCOM


The Volcom idea was born to incorporate a major philosophy of the times, "Youth against establishment". This energy was an enlightened state to support young creative thinking. Nirvana and Pearl Jam expressed it best.

Since those wild beginnings, the Volcom Stone has spread slowly across the world. It continues to run off the same philosophy it started with. The Volcom thinking now flows through its art, music, films, athletes and clothing.

Volcom to the Jungle.

Cindy wears gothic tee (\$49) and Falda ski (\$69) from **Voodoo Dolls**.

Ben wears Pastley shirt (\$95) and Dooball pants (\$109) from **Volcom**.



A man and a woman are standing close together. The woman is on the left, wearing a white strapless top and jeans, looking towards the man. The man is on the right, wearing a dark jacket over a striped shirt, looking at the woman. They are in a room with a window in the background.

Cindy wears printed tube (\$65) and vintage wash jeans (\$149) from **Stussy**.

Ben wears Par jacket (\$155), Slur stripe tee (\$59) and Campbell pants (\$115) from **Stussy**.

Cindy wears Strung Out tee (\$55) and Gelati jeans (\$109) from Stussy.

STUSSY

DJs, musicians and skaters all over the world rocked Stussy's gear and set it on fire. It crossed into so many different underground circles that it was hard to pinpoint who wore Stussy. It has always been without definition. Just like music, Stussy "sampled" images and graphics from different social groups and time periods and musical style to create a look that was so right.

Stussy blended skatewear, workwear, surplus and preppy to set the standard for what is referred to now as streetwear.

From skate to surf, to reggae to hip hop, to electronica to preppy, and everyone in between, Stussy still makes its mark.



The inline lifestyle begins with us...

At Inline Culture, we offer the widest range of inline skates and accessories in Singapore.

Our staff and international certified instructors here will assist you in choosing the right pair of skates that suits you.

We provide good service, quality products at the most competitive price.

www.inlineculture.com.sg

SALOMON



FILA

SPY

ROCES



SIGG
SWITZERLAND



Inline Culture
A great way to skate!

144 East Coast Road
Singapore 428834 (Opposite Shell Petrol Station)
Tel: 6344-5522 • Fax: 6440-5563 • info@inlineculture.com.sg

Shopping Online: How To Avoid Being Scammed



Illustration: Mark Ngan

According to **Digital Life** magazine, local e-commerce sales figures are on the rise and we are slowly returning to online shopping. But unless we're careful at online marketplaces like Yahoo! Auctions and eBay, more online unpleasant experiences can also be expected. **MARY-ANNE RUSSON** shows you how to avoid the pitfalls.

AUCTION

Although most sellers on eBay and Yahoo! Auctions Singapore take their business seriously, not all do. Some common disputes online shoppers get into range from getting damaged, non-returnable goods, goods that don't arrive and users' accounts being unfairly suspended. Here's **hype**'s guide on how to prevent yourself from being a victim.

Damaged Goods

"I once bought a [second-hand] top from a bad seller [who] lied to me and ripped me off," said Lydia Koh, 20, a university undergraduate studying in Australia, who has accumulated over 40 successful trades on Yahoo! Auctions Singapore since late 2003. "[In the auction] she stated that the top had [only] one stain on it [that] could be removed by washing [but actually] there were two other rather big stains. I also paid for registered mail and she [sent the item] by normal mail and [never refunded the extra] \$2. [Then] when I gave her a bad rating she gave me a bad rating, which was really unfair as I paid up on time and was in constant communication with her."

Goods Never Arrived

Susan Thompson, 45, a full-time online seller in Texas, America, is an eBay user with 500 trades. She has also had bad experiences with eBay sellers. "A seller that swore that he had shipped the item, then claimed that it must have gotten lost somewhere in his warehouse. [He] never gave me a refund, only a merchandise credit [given by a company allowing you to buy another product from them at the same price as the one you originally paid for]," she said in an e-mail interview.

What you can do: Before you bid on an item, it's a good idea to check your seller's feedback. "Usually the high number of feedback with high positive rating [suggests] the sellers to be more trustworthy," says K. L. Sim, 5, a Chief Executive Officer of a Multinational Corporation in China. He is also an eBay instructor in Singapore. "If you're unsure and you want clarification, write to the seller [before bidding]." The consolation if you do get ripped off, is that eBay has a Purchase Protection Program already in place.

If you've paid for an item but what you received was not agreed on (i.e. broken or just completely different) and your seller refuses to reimburse you, or you don't receive it at all, eBay advises you to try and contact the seller any way possible.

Should you not be able to reach him/her, you can report

The eBay Selling Basic Program

Want to learn more? eClub @ Manne Parade offers eBay seller instructional classes, taught by K.L. Sim.

Dates: Mar 26 and Apr 30

Time: Full day sessions from 9.30am to 4.30pm

Course Fee: \$150

Venue: Blk 35 Marine Crescent #01-65

Tel: 6445-9095

To apply, visit www.xciconsulting.com/eBay.htm

the problem to eBay or contact your credit card company, but nowadays credit card users are advised to use PayPal, "a secured method [which offers] both sellers and buyers protection in the event of disputes", according to Sim.

Said Thompson, "The second time [I was scammed] was [during a transaction with] a seller in New York. This one tried to claim he couldn't get to the post office because of all the mess with 9-11 and ground zero security. [He] just gave one excuse after another then he wouldn't even answer my emails. Luckily this time I paid by PayPal and was able to recover all of my money."

If you didn't use a credit card and there is still no response from your seller, you can file a Fraud Alert. eBay agrees to partially reimburse buyers for losses incurred from non-delivery (due to fraudulent sellers) up to US\$200 (S\$330), but how much you are reimbursed depends on the final bid price of the item, which must be at least US\$25 to be eligible for the claim.

Unfortunately though, if you're ever in a situation like this on Yahoo! Auctions, you're on your own. Yahoo! makes it very clear that it doesn't control the users on Yahoo! Auctions Singapore. Jacqueline Yeo, spokesperson for Yahoo! Auctions Singapore, told **hype**, "Because Yahoo! gets more than 500,000 visitors from Singapore every day and receives thousands of new posts each week, Yahoo! is not able to screen every single posting on our site."

Unfair Non-Paying Bidder Alerts on eBay

eBay has a system where deadbeat buyers are sent non-paying bidder alerts. If you accumulate three such warnings, your account will be suspended, making it difficult for you to collect good feedback, which is important for buyers as it gives sellers the confidence to trade with you. However, sometimes sellers abuse the alerts system.

Since eBay charges sellers for every auction they host, some sellers would rather send buyers warnings to get eBay to pay for the auction cost (part of eBay's Seller Protection scheme) than reach a compromise with buyers in cases of misunderstandings, like if a buyer bid without realising that the seller was not willing to ship to their country.

What you can do: eBay only suspends your account if you receive three warnings from three unique users. You can write to eBay and explain to them your situation if it happens to you, but it always pays to be cautious.

Advised Thompson, "Be sure to read the payment terms. Some sellers want payment in three days, whereas other sellers, like myself, will give bidders up to 10 days to pay. I do give bidders additional days if there is a problem and they keep me informed. I have seen some sellers wanting payment the very next day [though]. A good rule of thumb would be to stay away from any sellers who will not at least give you seven to 10 days to mail payment."

Sim added that, "It is always courteous to write to the sellers asking if they will sell out of their country before placing your bids. Although most will agree, there are still some who prefer not to. In such cases, refrain from bidding. Under eBay terms and conditions it will be the bidder's fault should the seller decide to file for [a] non-paying bidder claim."

eBay was not available for comment at press time.

Online Shopping Marketplaces



<http://www.eBay.com>

Started in 1995, eBay has site branches in 23 countries.

Pros: You can really buy almost anything in the world and eBay provides an extensive protection programme for buyers and sellers and you can choose between using a credit card, PayPal or sending cash.

Cons: The item you want most likely won't be available on eBay Singapore so you need to be prepared to pay pricey shipping costs based on the item's weight and the country it's sent from.



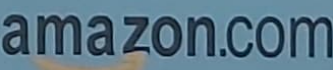
Yahoo! Auctions Singapore

<http://sg.auctions.yahoo.com>

Started in 2002 to compete with eBay, Yahoo! Auctions has site branches in seven countries.

Pros: The local site has a good selection of items at reasonable prices, plus postage within Singapore is cheap. You don't need a credit card - POSB bank cash transfers and cash by mail are accepted.

Cons: Yahoo! doesn't regulate site users and claims no responsibility, so if you get scammed, you're on your own.



Amazon.com

<http://www.amazon.com>

Amazon.com began as an online store but has recently introduced the Auctions option for users to sell used items or brand new merchandise.

Pros: Similar to eBay, you can find many items for sale on Amazon.com, which also has an extensive protection programme for buyers and sellers.

Cons: You can only sell something already listed in the Amazon.com inventory.

Record Breaking

The Digital Video Recorder (DVR) not only lets us record TV shows with good picture quality, you don't need to be tied to a TV set anymore. Take your pick: a PC, laptop, Personal Digital Assistant (PDA), Portable Media Player (PMC) or mobile phone is all you need. Yet, Singapore has been slow at adopting digital video recording. But if you can't wait for the official **Desperate Housewives** DVDs to hit our shores, check out three alternatives:



DVD + Hard Drive Recorders

First introduced in 2000 at exorbitant prices of \$7,000 or more, DVD Recorders have now dropped to more palatable price levels. Major consumer brands like Pioneer and Sony have introduced hybrid "DVD + Hard Drive Recorders" for storing shows temporarily or burning them to disc. Like VCRs, you can programme such recorders to record a TV programme at specified times. Pilot Abdul Hamid Maamor, 50, uses his DVR extensively, due to his occupation. "I rarely have time to watch TV whenever I feel like it. So the DVR allows me to watch my programmes whenever I want to instead."

Price: About \$900 for a DVD Recorder with 160 Gigabyte Hard Drive.

Advantages: Record your TV shows directly onto DVDs without the need of a computer.

Disadvantages: Pricey.

Media Centre PCs

Although unreleased in Singapore, Media Center PCs aim to be entertainment hubs. Microsoft has teamed up with virtually every large PC manufacturer to introduce Windows XP Media Centre PCs – PCs centred around digital entertainment such as music, movies and photos. They run on a special version of Windows XP called Media Centre Edition. A remote allows you control it like you would any other device.

In a BBC interview, Bill Gates said, "People don't want lots and lots of single purpose devices... that means the PC will be the key device."

Price: n/a

Advantages: Integrated solutions built into your PC. No compatibility issues to worry about.

Disadvantages: Not a feasible option for people who want to keep their PCs.



The Digital Video Recorder is changing the face of TV as we know it. MARK NGAN prepares you to welcome the future of television.



Hardware Decoders

Purchase a hardware decoder as an add-on to your existing PC. The Win TV line of Personal Video Recording (PVR) solutions from Hauppauge are affordable and offer solutions for different needs. Win TV offers both internal and external decoders. The PVR-150 internal ones require you to be familiar with upgrading your PC. If you don't care for hassle, an external decoder that connects to your computer via Universal Serial Bus (USB) 2.0 might suit you better, although be prepared to fork out almost double the price. Polytechnic student Nicholas Chen, 24, swears by Win TV's hardware. "I use it to record my favourite programmes onto my computer. The quality is great and hardware decoder means I can rewind the recorded show as I am recording it!" Most hardware decoders come bundled with software boasting PVR capabilities – record TV programmes for playback, schedule the computer to record a programme at specified times, and burn your recordings.

Price: \$170 for internal and \$300 for external decoders.

Advantages: The cheapest option if you own a PC.

Disadvantages: Not as easy to install and operate.

TiVo in Singapore?

TiVo might be well on its way to our shores. It allows you to control live TV with instant replays and slow motion features, and record TV shows onto its hard drive. It's only available in America and the United Kingdom. Interestingly though, **hype** has learnt that TiVo has come into an agreement with TGC Inc, which, according to both their websites, provides it with an exclusive license to market TiVo in Singapore. **hype** has been unable to reach TGC for further comment.

"We are certainly looking at innovations and different technologies, such as PVR and TiVo, to make our product more attractive to consumers..." said Caitlin Fua, Assistant Corporate Communications Manager at Starhub (Cable TV Division), "...but we're not able to be specific on the timing right now."

Online Therapy

If online auctions are risky because each individual seller has less at stake than online merchants, you might do well to buy from the latter, especially when they sell merchandise as nifty as these. HEDIRMAN SUPIAN interviews three of his favourites by e-mail.

5inch

We say: Burn it in style – 5inch makes fresh and up-to-date designs on blank CDRs and DVDs that you can use to store what your computer churns out. (\$20 or more for a 10-pack, excludes shipping)

They say: "We did to blank CDRs and DVDs what Swatch did to watches. But the real point of differences are that we are the only one to do this (the first I think) and the quality of the designs, not to mention the production values." – Carlos Segura, Designer. www.5inch.com

Jewelboxing

We say: These Jewelboxes for DVDs and CDs have earned their name, they let you make cases that look better than commercially available ones. Use them with CDs and DVDs (from 5inch?) for a portfolio, your next project or even a home-made movie. Sometimes, it's what on the outside that matters. (\$81 for a pack of 20, excludes shipping)

They say: "Jewelboxing is the professional-grade, short-run DVD/CD packaging system. Our systems come with everything except the disc, so it's easy and affordable for individuals to create movie and music-sized disc packages that exceed the look and feel of those produced commercially." – Jim Coudal, President of Coudal Partners, the Chicago design firm that created and runs Jewelboxing. www.jewelboxing.com

Threadless

We say: Buy one of these tees and you can be sure they've beaten thousands of designs. It works like **American Idol** for T-shirts – users rate the designs submitted by amateur and professional designers the world over and it makes the best few that come out tops. Couple this with a friendly online community where you get to rate designs and give feedback. Earn one Threadless Street Team point (worth \$2.50 credit) when you submit a picture of yourself wearing their threads or earn two by facilitating a sale through a website referral. Inclusive of shipping costs, it's competitively priced with local ones from Fourskin and Flesh Imp. This is a winner. (\$25 or more, excludes shipping)

They say: "What makes Threadless shirts so special is that the best are chosen by the public. Through our ongoing competition we have had over 10,000 designers from all over the world submit work. From these designers we have received over 40,000 submissions, and of those we have printed just over 200." – Jacob DeHart, Co-Founder and Technical Director. www.threadless.com



Good Games

Trust game developers to release top action games as the holidays approach in April to June. MARK TAN advises you to get ready to don superhero capes or shoot villains till kingdom come.

Commandos Strike Force

by Eidos Interactive

Release: April

Platforms: PC, Xbox, PS2
Experience both first-person shooter action and stealth as you take on the role of a WWII commando.

Doom 3: Resurrection of Evil

by id Software

Release: April

Platforms: PC, Xbox
All hell breaks loose again in the form of bigger demons and zombies.

Hitman: Blood Money

by Eidos Interactive

Release: April

Platforms: PC, Xbox, PS2
With a revamped graphics engine, shootings, stabbings, garroting and other means of human disposal will be tantalisingly amazing.

StarCraft: Ghost

by Blizzard Entertainment

Release: June

Platform: PC

This stealth action game set in the world of StarCraft has a new approach – an emphasis on stealth and in-level combat.

Batman Begins

by Electronic Arts (EA)

Release: June

Platforms: PS2, PSP, Xbox, GameCube, and GBA
This game is as highly-anticipated as the movie. Check out our movie preview on pg 11.

VICTORIA'S SECRETS

Tell people you're going to Victoria, Australia, and most will assume you mean the city of Melbourne. KAY-LENE TAN suggests that you take a path off the beaten track and check out Melbourne's suburbs instead.

Cape Shank, Victoria

Driving down Princess Freeway into Melbourne, the fresh morning wind feels like air-conditioning with a hint of fresh eucalyptus. The landscape's endless and littered with greenery, with skies the lightest shade of blue and skyline untouched by high-rise buildings.

Foreigners flock there to escape from the hustle and bustle of Singapore, to study, holiday or to enjoy the weather especially during the cool mid-year months. "Melbourne has the best weather and I'm able to wear whatever style I please because the summers are not too hot and the winters are not too cold," said Ben Koh, a 20-year-old University of Melbourne student living in the suburb of Camberwell.

The most popular destination in Victoria is undoubtedly Melbourne's city. Hopping off the train at the popular Flinders Street Station, shopping along Swanson Street, taking a walk down the flea market along St. Kilda's, gambling in Crown Casino or visiting the Art Museum along the Yarra River are big on most tourists' lists. But there's only that much you'll find in the city. Wander beyond and you're likely to be very pleasantly surprised.

Dining

The Carlton suburb looks like the setting for a scene from the iconic mafia movie *The Godfather*. Just a few tram stops out of the city, Carlton hosts a rich array of Italian cuisine and culture. Walking down Lygon Street, there is a strong waft of pasta sauce and cappuccino in the air. Although various shops dot the quaint area, because of the number of Italian restaurants at one's convenience, it's easy to be tempted into a restaurant by the promise of a free bottle of wine by the owners standing outside their doors.

"I love eating anywhere along Lygon Street," said 21-year-old Lei Wu, an international student who's been living in Victoria for about two years. "I think the Italian cuisine there is very authentic. Lygon is like a little Italy."

Sandra Lee, a 50-year-old Singaporean who lives in the area said that her most memorable place to go shop for groceries is the main Queen Victoria Market along Lonsdale Street. "During the weekends, around closing time, there will be meat and poultry up for auction. So, there will be a gathering of people who will be bidding for the

meats, trying to get the best bargains," she laughs as she continues, "I mean, where can you find that sort of thing in Singapore? I feel it gives Victoria a sort of character compared to Singapore where everything is always so standard."

A few train stops from Central Station, Richmond drips another ethnic concentrate; the suburbs claimed by the Vietnamese, one of the more dominant ethnic groups in Victoria. Everything in this suburb is authentically Vietnamese, so instead of the usual blondes and brunettes, the streets are bustling with Asians. "When I visit that suburb," said Ben, "I love eating the beef noodles called Pho in Vietnamese. It tastes so authentic because it is made by the Vietnamese who settle in Victoria."

European cultures reside along the outskirts of the city in Fitzroy. Here, you can find a variety of Greek, Spanish and French cuisine.

There are also quite a number of bars to chill-out around this area and a pizzeria called Bimbo Deluxe, which not only serves pizzas at \$3 during lunch time but also offers customers its special Chocolate pizza topped with Marzipan and dark chocolate.

However, wining and dining are not the only highlights of visiting this suburb. If you're a shopper, shops like PolyEster Records and

Juggleart offer a variety of bargains on clothes, shoes and other fashion accessories.

Singaporean student, Kyns Tan, 16, said he loves the suburb of Fitzroy along Brunswick Street because everyone looks so stylish. "When you walk around the areas, you will see people who have colourful hair and wearing leather outfits. They look so cool. Along the walls of the area, there is also this cool graffiti that is found everywhere. I think Brunswick is possibly one of my favourite areas to go to shop and just hang out with my friends."

Shopping

Trinh Cao, 19-year-old Vietnamese student says that her favourite suburb is Toorak and she hopes to live there someday. "It's beautiful there. Everything looks so gorgeous." Toorak is the Beverly Hills of Victoria where the rich and famous take to the streets. Limousines and Bentleys are not an uncommon sight. However, this isn't a place you might want to visit if you've set your sights on shopping - unless your bank account's very healthy; the streets are lined with brands like Prada, Louis Vuitton, Burberry and Chanel.

Shop in Melbourne, and you can get fairly agitated while trying to dodge the never-ending streams of people at surf shops like Surf Dive and

Ashburton



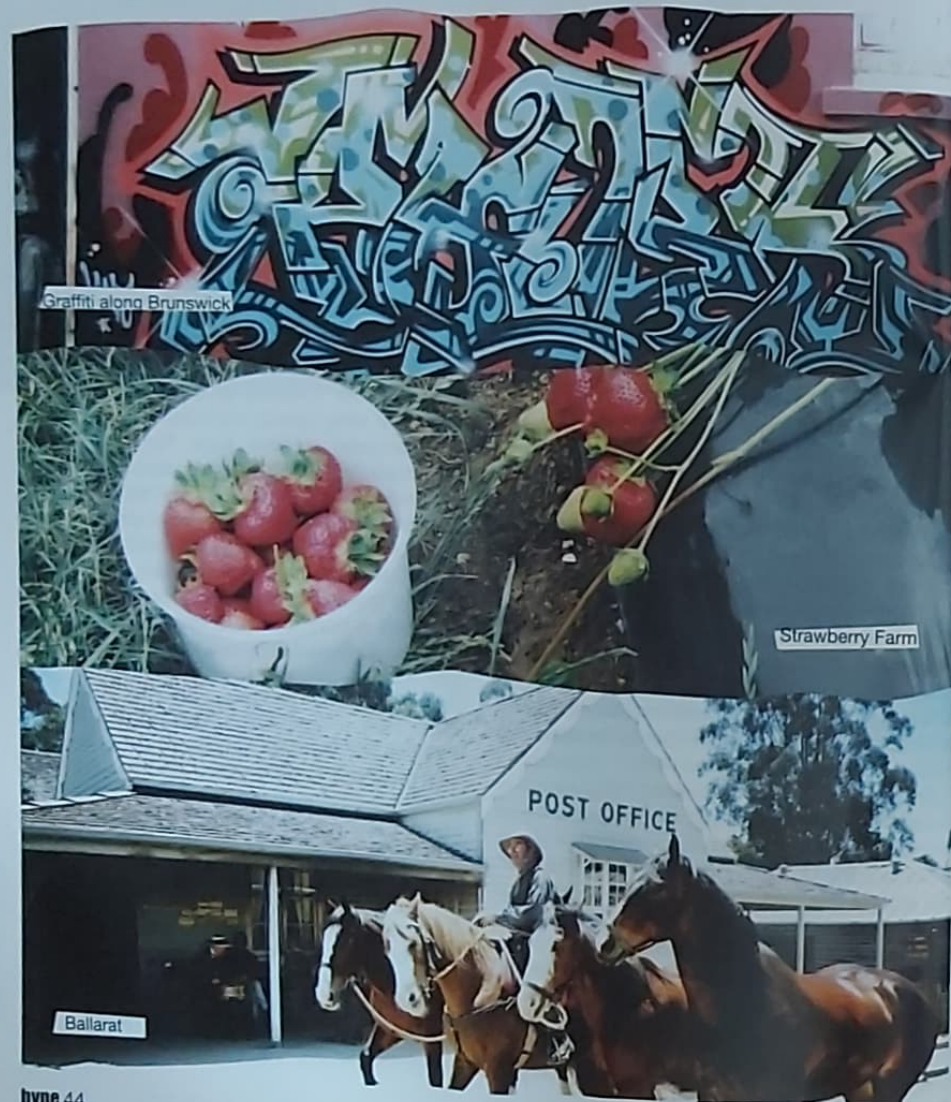
Ski, Rip Curl, Roxy and Quiksilver, large department stores like Myer and David Jones, and smaller retail outlets like Witchery, Shoe Biz, Jay Jays, Just Jeans, Country Road and Sportsgirl.

Instead, go down to the suburb of Chadstone, and you'll find a mega-mall affectionately known as Chaddy, that carries similar retail stores with enough room to allow you to roam freely in air-conditioned comfort. It is, after all, about twice the size of Singapore's Ngee Ann City.

"I love doing my shopping at Chaddy," said Trinh. "It's got such a great shopping environment and

there are plenty of shops to go window shopping in." What makes shopping in the suburbs an even more pleasurable experience are the lower prices and more personalized service.

Bargain hunters can also head down to Smith Street and Bridge Road where shop warehouses are located. Here, brands like Nike, Adidas and Birkenstock are sold at warehouse prices. Shoppers can also visit suburbs like Camberwell and South Yarra. It's a warmer and more comfortable environment to go bargain hunting or just to window shop.



Sightseeing

If you're more interested in taking in the sights, then how about renting a car and taking a one-hour drive to Ballarat, a small town outside of the city for a little time-travel?

Ballarat was the main player during the 1850s gold rush in a place called Sovereign Hill. It still retains the old charm of 1851 with the locals wearing clothes from that time and doing jobs like gold mining. Although there is no longer any real gold in the area, this place functions as a popular attraction in Victoria.

Getting around is also quite an experience because they have about 40 horses in the area for people to commute with. Located within the area is also a sweet shop which makes homemade hard-rock candy every hour and if you're lucky, you'll be able to catch them making the candy and buy some freshly made ones for yourself.

The rustic look of the place makes you forget that you're from the new millennium. "After spending about five hours roaming in Sovereign Hill," Kyns said, laughing, "Stepping back into the car parked outside seemed quite surreal."

For \$5, you can get a sieve and shovel to sift out some gold from the small stream that runs through Sovereign Hill for a souvenir, no nuggets though but maybe some pure gold dust.

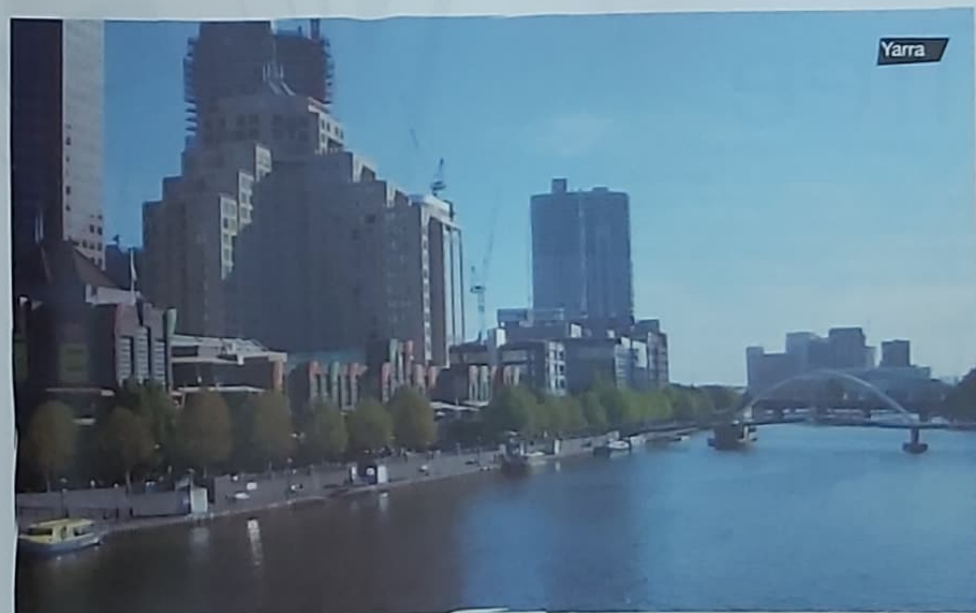
Go down to suburb called Mornington Peninsular and you'll be able to experience the outback style

of living in Victoria. This area is near the tip of the state where the land meets the Atlantic Ocean, so the wind is much cooler and you'll find small areas that allow seasonal summer harvesting of cherries, strawberries, lemons and other fruits to visitors who wish to see farms. Vineyards stretch out for acres and there are also lavender farms where different types of lavender blossoms are grown. Walking down aisles of purples seems unreal to urbanites from Singapore.

In winter, the locals usually head up to places like Mount Buller or Falls Creek for the ultimate snow experiences. Skiing and snow boarding are just some sports for those searching for the ultimate winter experience. There are also various resorts along the mountains that offer accommodation.

These resorts also plan games and activities for those who're more laidback. These include tours around historic villages or sampling food and wine. There's also breathtaking scenery for those with an eye for photography. Other leisurely activities also include fishing, cycling, bush walking, horse riding, rock climbing, abseiling and hot air ballooning.

The state of Victoria offers many other wonders Singaporeans often miss out on their holidays there. It's not only the city that can keep you entertained. To fully experience the magic that is Australia, is to see it from a local's point of view, through the suburbs, where the warmth of the Australian people reside.



Pruning Your Money Tree

You don't have to be born with a silver spoon to own a nifty sports car, have a beachfront villa on some exotic island or indulge in the lifestyles of the rich and famous, SAMUEL NG suggests it's time for youths to stop dreaming and start taking the calculators out.

They've dubbed us Generation D, for Debt. According to the Official Assignee (OA), which administers the estates of bankrupts, the number of undischarged bankrupts aged 30 or younger in Singapore almost doubled from 785 in 2001 to 1,375 last year.

A report by the Credit Bureau published in **The Sunday Times** on Jan 23, stated that as many as 79 per cent of credit card holders in their 20s didn't pay up in full every month from July 2003 to June 2004, with rollover debt for this age group hitting \$205 million last November – the highest amount ever recorded.

It's part of a youth phenomenon affecting other countries too. In Australia, of the 22,639 people going

bankrupt from 2002 to 2003, 9 per cent were under 25, while in the United States about 120,000 people aged 25 or under filed for bankruptcy in 2000. This was up from 80,000 in 1991.

But that's little consolation. Our generation may have more money than any before us, but with debit/credit cards and soaring bills for gadgets like handphones comes the increasingly likelihood of incurring debt.

So it's a little far-fetched to think of not only getting out of debt but generating enough cash to live the swish life. But financial planning experts will tell you that even the limited cash at our disposal can grow, given a few years of careful investment.

Success Stories

Take David Chan, 24, for example. His parents helped him open a POSB savings account and inculcated his saving habit while he was in primary school, and he saw his savings balloon to \$10,000 by the time he completed his business administration studies at the National University of Singapore (NUS) recently. This came putting aside pocket money as well as income from tuition and part-time jobs.

He believes that it is in one's youth that people should start planning. "It's best to start saving when you are young so that it becomes a natural habit throughout your life not to spend every cent that you have. Investments have a higher chance of paying off in the long term and I've invested in unit trust funds as they diversify your risk and don't require active management," he said. The funds also yield higher returns than a savings account.

Another successful investor who started young is Justin Kao, 36, director of a real estate agency.

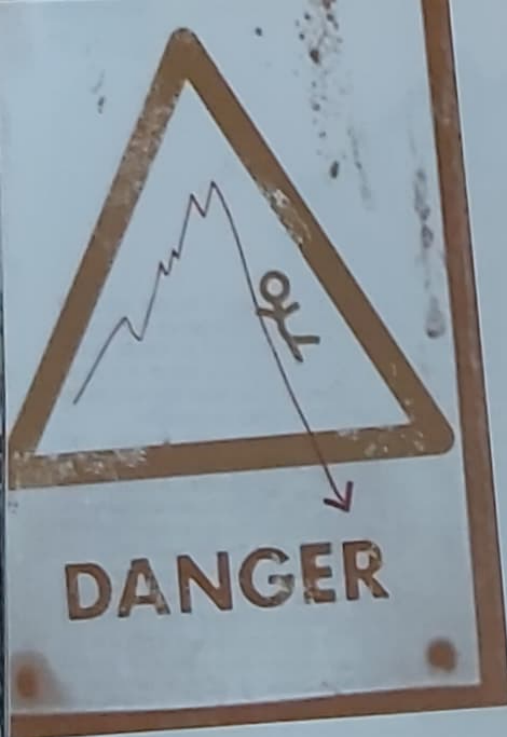
Although Kao comes from a well-to-do family, he is a successful investor in his own right. He and his wife own a \$1.2 million private apartment in West Coast Road. He also holds a portfolio of investments in blue chip counters, operates a real estate agency and a trading firm

in textiles.

He began saving and investing in his late teens. He attributes his success to diligent adherence to principles of investing imparted by gurus such as Warren Buffet, Peter Lynch and Robert T. Kiyosaki, author of a series of self-help books like **Rich Dad, Poor Dad** and **Retire Young, Retire Rich**, whose books he devoured.

He encourages young people to do likewise. "Of course, luck, opportunity and timing has played a part too in my life," Kao admitted. "For students, it depends on threshold as in whether they have the spare cash to do so. As consumers we tend to spend, so by investing some of that money, we curb our tendencies," he said.

Others like Joel Lim, 24, a recent arts graduate, only started concrete plans after working. The primary school teacher has drawn up his own financial plans with the help of his parents (his dad is an insurance adviser) and the first step he took was to buy a life insurance policy and to draw up his financial goals, for example, he wants to save enough to buy a car, for his future marriage and for a HDB or private property by certain target dates and he is working hard, including giving private tuition, to meet these targets.



Joanne Leong, 28, a risk management executive working for a fund management company, echoed the typical adviser stance that, "So long as you have savings – start. By striking a balance between income, savings and expenditure helps to ensure sufficient savings. Fundamentally, everyone should have at least a savings account and fixed deposits because these are low-risk investments."

Dangers, however, lurk if greed outpaces wisdom, she added. "If young people want to go into higher risk investment like stocks and shares, they should have considerable knowledge, be savvy enough to understand market trends and [have the] time to manage your investments."

Given that many online brokerages now make investments so easy, all you need is a computer connection, and you can start trading. A number of trading houses, such as DMG & Partners Securities (www2.dmg.com.sg), also provide reports and analyses online, so novice investors sometimes think they are well-equipped to read the market, only to get burnt.

Financial planner Nicole Song, 27, warned that young people thinking they can make a quick buck through investments are barking up the wrong tree.

"For most people, it's over time through a proper investment strategy before they begin to reap any benefits, so don't expect to get lucky by speculating and hope to get a bundle," she said. The recent case of China Aviation Oil is a classic example in which the embattled company speculated on petroleum prices and ended up losing about US\$550 million (S\$918.5 million) in derivatives trading due to wrong bets on oil prices.

To invest or not to invest – either choice can carry possibility of financial loss and missed opportunities. Even if you can't decide, the bottom line is not to let debt run your life. Many young people let naiveté, extravagance or overindulgence go to their heads and end up buried under a mountain of debts to keep up with the Joneses or to enjoy a few fleeting moments of high living. Saving, adopting prudent spending habits and discipline can just as easily put you on that path of riches.

Here are some tips and advice gleaned from the book **A Singapore Guide to Personal Financial Planning** to help guide you and protect and enhance your investments.

Diversify your investments

The idea is never to put all your eggs in one basket. Any investor worth his salt doesn't just put everything in stocks. You should spread your investments to other assets to give you more options and lower your risk, like real estate; cash in a savings/fixed deposit account; and maybe even bonds. That way, if one asset starts performing poorly, you can cut your losses quickly and move on to the better performing assets.

Diversify your stocks and unit trust funds

When investing in the stock market or in unit trust funds, don't stockpile your money in one or two stocks/unit trust funds but rather spread out your investments across many stocks/funds. Again, this will lower your risk and protect against any sharp decline in your investments due to adverse factors affecting the stock market. A recent example of unexpected adversity in stock investment is the collapse of China Aviation Oil racking up losses amounting to US\$550 million due to wanton speculation in oil futures and poor financial risk management.

Acquire Financial Knowledge and Do Research

You need a lot of knowledge and understanding of the economy, industries and individual companies that you wish to invest in. You can access such information from websites of the Singapore Stock Exchange (www.sgx.com.sg), the Securities Investors Association (Singapore) (www.sias.org.sg) and listed companies, as well as from newspapers and research reports by security broking houses (e.g. www.dbsvickers.com).

You should read financial books on share investing and valuation e.g. you need to know basic financial ratios and analysis such as price earnings ratio, price to book ratio, dividend yield, net asset value, various share valuation methods etc. You need to do your own independent analysis, hone your discernment and not rely solely on

published information or on the advice of your remisier/banker. It's very important you know your own risk profile. This is a summary of your investment goals, whether you are a risk averse or a risk taker, how much investment funds you have and are prepared to lose and still can carry on with your life and sleep soundly.

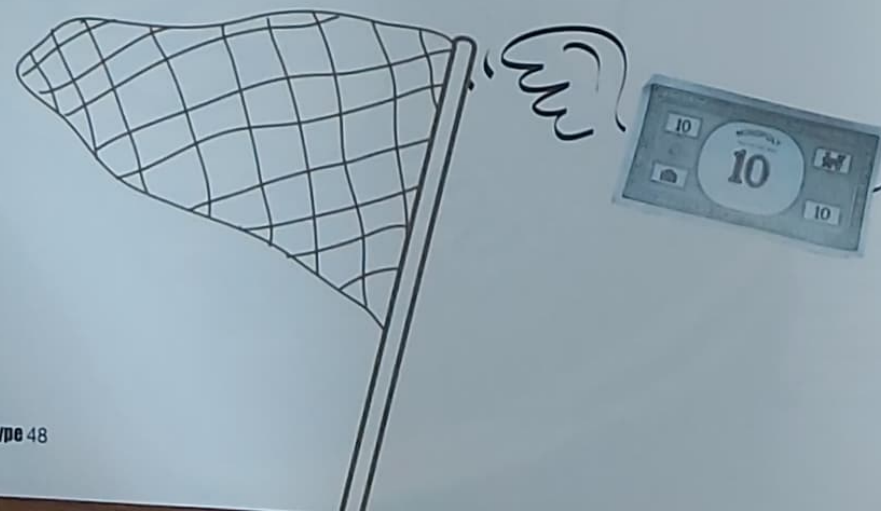
Risks and Downside of Investments

All investments carry risks of varying degrees. For example, the stock and bond markets may yield higher returns but they are subject to economic, business, management and political risks, currency fluctuations, market manipulation and many other factors. A sharp drop in share or bond prices may result in wiping out a huge part of the investment portfolio's values. A company could be mismanaged (e.g. China Aviation Oil) and the share value could decline sharply.

Putting your cash in a savings or fixed deposit bank account is very safe but do remember that it's subject to inflation and the interest earned may be lower than the rise in prices. Over time, your capital might actually be worth less than what you had started out with. So it's important to be aware of the specific risks related to the various types of investment and take steps to avoid or minimise such risks.

Financial Planning

Finally, you should do your own financial planning with the help of a financial planner. Said Christine Ng, 54, a private investor, "Young people need to save and invest rather than spend on material goods and luxuries which can be acquired in later life. Even if you are in debt, like taking out a mortgage on a house, you should never over extend yourself. "Do not let peer pressure run your life and the path to retiring in good financial health can be secured," added the retired banker who has more than 25 years' experience in Hong Kong and Singapore.



4 Common Types of Investments for Tertiary Students

Cash:

The first step for students with some money in their pockets is to start saving when they're young in a savings or fixed deposit account with a bank. It is the easiest, safest and most liquid mode of investment. Though the returns are negligible – the latest rates offered by DBS Bank can be found online (<http://www.dbs.com/ratesonline/>), it's still a good to cultivate the discipline. Remember, your savings are a means to invest. Some people can have high earnings from their job or parents, but if they spend every cent or worse spend beyond what they earn, sooner or later financial calamity will befall them.

Shares:

When you have at least a couple of thousand dollars, you can consider investing in shares of listed companies in the stock exchange. Shares are basically securities issued by companies to raise capital from investors. Based on records over the past 30 years, investing in the stock market has resulted in better yields, beating inflation, protecting and enhancing the real value of savings and outperforming other types of investments.

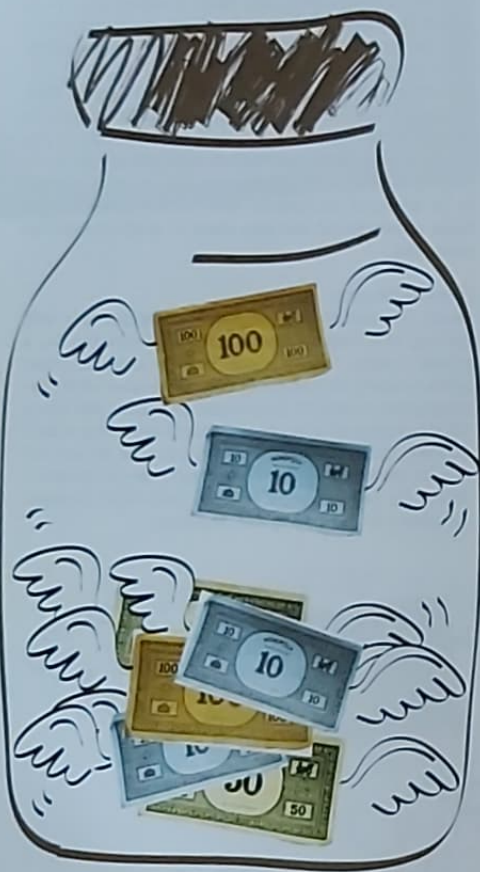
Unit Trusts:

A unit trust is managed by professionals in an asset management company, investing the funds in different types of assets according to the investment goals and directions stated in the trust deed. Moreover, a trustee is appointed to protect the interests of unit trust holders. If you want to play the stock market without buying individual stocks, you can invest in a unit trust by buying units in the trust usually starting at minimum of \$500 to \$1,000. There's no guaranteed return on unit trust funds but at least the risk is spread out over a lot of different companies' stocks, sometimes in different industries and even in different geographical regions/countries.

Corporate and Government bonds:

These are basically IOUs issued by corporations and governments usually for 10 to 30 years. You can buy bonds through banks and stock broking houses. You, as investor, lend money at a fixed interest rate to the issuer for a fixed number of years in exchange for interest at period intervals (usually every six months). The issuer also must return the principal sum to you at the end of the loan period. The interest rate is usually higher than savings and fixed deposit accounts.

The Financial Planning Association of Singapore (FPAS) provides financial advice to the public and frequently holds workshops and seminars regarding financial planning which are accessible to people of all ages. Visit their website (www.fpas.org.sg) or contact them at 6372 1030 or fpas@fpas.org.sg for more information regarding their services and registration fees.



TRIBUNE

Ngee Ann Polytechnic's campus newspaper

<http://www.nptribune.com>

editorial.
focus. campus. community.
lifestyle & entertainment.
sports & ccas.

People Movie
Music Gaming
Sports Books WiredLife
Features Style Gallery
Campus People Movie
Music Gaming Food Sports
Books WiredLife NightLife
Features Style Gallery
Events Campus
People Movie



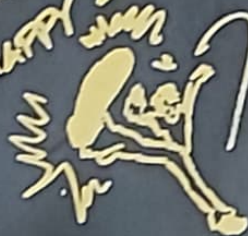
Win the latest movie posters,
memorabilia and exciting games
worth hundreds of dollars in our lucky draw
in celebration of our THIRD birthday.

Dear Hype,
Happy 20th Issue!
Mumma's! ☺

Joanne
Joanne Pan

Happy 20th Issue, "Hype"
Rampton Tan

Hi, HYPE
Happy 20th!!!



It's a party
in the heart of
Singapore!

Dearest Hype!

It's #20!

Let's Hype it up!

Yours Truly!

Zummy
From
TELEVISION

hype 20

hype celebrates its 20th issue with some of our favourite celebrities. Think you might recognise some of them here?

HYPE!

HAPPY 20th,
KEEP GOOD STRONG!

2 HOURS
TELEVISION

TELEVISION

20th Issue

于玲
UFM 100.3
(former - Mass Comm +
Radio Mechanics CND)

To Hype
It's a golden
year! Cherish it!
Happy 20th!
Sharon Au

#Congratulations!

Happy 20th issue!
With you continued success!

Lon!
Wansai

To all the folks at
HYPE,
Keep a PASSION
alive, HAPPY 20th!

Lin Jun Jie

To: HYPE
Happy 20th Issue
Linda Liu

Happy 20th Issue
to Hype!

me, Faiyik
Taufik Batisah

To HYPE Magazine:

Congratulations HYPE Magazine.
(my favourite magazine during my poly days)
on your 20th issue! Ho Ho!
Stay Cool & Funky Always!

from Former ManGamer
(radio host/active)
电台 Tobi (UFM 100.3)

HAPPY 20th
ISSUE! HYPE

Suzanne Jung
20th Issue '05



Photo: Cheong Shiew Peng

Ice Monster

This is another healthy cold option for quenching your thirst in the hottest months of the year. Ice Monster, a six-month-old Taiwanese import, serves ice shavings (Pao Bing) topped with fresh fruits. Unlike Ice Kachang, the ice desserts here are not drenched with thick, artificial syrup flavours and colourings.

Instead, each serving is lavished with fresh fruit chunks, over milk shaved ice. The café also serves homemade yoghurt and sherbet. No packaged or canned food content is used.

According to Linda Oh, director of Ice Monster, the favourite choices among customers are the sherbet with milk shave ice with toppings like mango (\$6.50), strawberry (\$6.50) or mixed fruits (\$7.50). Tertiary students and professionals working in the vicinity frequent the café.

While prices appear steep for ice shavings and fruits, fruit topping portions are generous. Almost one whole mango is used for each serving of milk shaved ice. Not only that, Ice Monster goes to great lengths to import them from places such as New Zealand and Israel for optimum sweetness, given the different harvest seasons for each country. According to Linda, parties as far as Hong Kong, Japan and America are keen on franchising its products.

Treat yourself to a healthy dessert in the air-conditioned, spacious and whitewashed café. The latest Taiwanese pop music is played all day in a hangout quite like a Coffee Bean & Tea Leaves outlet, just nice for catching up with friends or a good book. - JASMINE TEO

180 Bencaoan Street, #01-23, The Bencaoan,
Tel: 6339 7362. Opens daily from 10.30am - 10.30pm



Photo: Moon River Café

Moon River Café

The slushies at Moon River Café are a cross between an ice-blended fruit drink and fruit puree. Strong in flavour and not too sweet, they are served with fruit slices, large chunks of aloe vera and mint leaf. Although \$4.40 may seem costly for a small bowl of dessert, they are a hit with ladies, with an average of 30 bowls sold every day.

Chai Yee-Wei, the café's Managing Director, believes the unique texture of slushies and aloe vera chunks account for their popularity. Lychee and peach flavours were recently added to the original Mango Mambo, Soursop Jack and Mixed Tutti Frutti.

Yee-Wei revealed that best-selling Mango Mambo was inspired by Hong Kong's Xu Liu Shan (a famous dessert shop in Hong Kong) and "we decided to come up with our own version" using a secret process.

Its Stamford House location makes it popular with people between 20 to 30 years old and families, which is why you might want to head down to the café on weekday afternoons if you don't like crowds. - STELLA TEH

39 Stamford Road #01-08, Stamford House, Tel: 62831087.
Opens Mon to Sat noon - 11pm, Sun noon - 10pm



Photo: Ben & Jerry's Singapore

Ben & Jerry's scoop shop

Here's something to knock Swensen's Giant Earthquake off the Richter Scale: Ben & Jerry's VerMonster Sundae. At \$80, it's more than three times more expensive, and comes with 20 (versus eight) scoops of sorbet, frozen yogurt or ice cream of your choice, with one chocolate fudge brownie, three choc chip cookies and four bananas. For toppings, you get 10 scoops of walnuts and two scoops each of four other choices. The sundae's then smothered with four ladles of fudge and whipped cream.

In case you missed the vital detail, the scoop shop is Ben & Jerry's first local franchise and it's operating at the entrance of the zoo.

This means that fans of the beloved American ice cream brand, with quirky names like Phish Food and Chunky Monkey, can now enjoy the 14 ice-cream and two sorbet flavours by the scoop (\$4) without having to buy the whole pint (\$11.50).

Counter staff assist customers with the flavour selection, and provide samples for undecided customers.

If you're not the sort to haul yourself all the way to Mandai for ice cream, just hang on. Ben & Jerry's is planning to open a central outlet around June to cater to demand. You heard it here first. - KAROL ANN TAN

80 Mandai Lake Road, Tel: 63658392. Opens daily from 8am - 8pm



Photo: Mary Violet Lores

Estivo Gelateria

Rich, addictive and smooth gelato awaits you at Estivo Gelateria. Located beside the sophisticated restaurants of Greenwood Avenue, it bewilders you with 50 homemade gelato and sorbetto flavours. Will it be Deep Dark Chocolate, Maltesers Surprise, Vanilla Chocolate Crunch, Milo timeout or Kiwi? Expect to spend quite a bit of time agonising and drooling over the display of wavy mounds of the less fattening alternative to ice cream. In fact, you can sample the different flavours with no questions asked. When you decide, pay \$2.80 for the small cup where you get to choose two flavours and \$3.90 for the large cups for a choice of three.

As you ogle, the tantalising aroma of the Lavazza beans from the coffee machine will tempt you into purchasing their specialty, Affogato (\$5), a shot of strong coffee and a scoop of your chosen ice cream.

The multi-coloured tile walls in Mediterranean hues, make you think you are in Italy, although the piped-in music from a local radio station is a giveaway. Romantics can expect candles at their cosy tables at night, but forget about finding peace here since there's a Children's Corner, complete with Italian couch.

Also, be prepared to brave a 15-minute walk from the bus stop to the café. The trudge can be tiresome but rewards you with a healthy and sweet treat. - MARY VIOLET LORES

26 Greenwood Avenue, Tel: 6489 6763
Opens daily Mon to Sat 10am - 10pm, Sun 1pm - 10pm

补脑的食物

年中考试将近,你是否已经开始埋头苦干、废寝忘食地温习功课了?你一定曾听长辈提过吃某种食物能补脑。这有没有根据呢?让郑爱景来为你解释到底有没有补脑的食物。



淮山



冬虫草



猪脑汤



天麻



枸杞子

补

脑的食物是指一个人吃了某种食物会增强记忆力、提神和不容易疲倦。一些所谓能补脑的食物有许多鱼类,尤其是鲑鱼(salmon)、鲭鱼(mackerel)、金枪鱼(tuna)、鲱鱼(herring),还有核桃以及猪脑等。那到底吃这些食物真的有效吗?

营养师的看法

新加坡竹脚妇幼医院有5年经验的营养师潘嘉燕小姐指出,吃所谓能补脑的食物其实对成人是没有效的。潘小姐以英语说道:“这是因为人脑在两岁以后便不再发育,所以吃补脑的食物不见得会促进成人的脑力。”虽然鱼和核桃富有建脑细胞的基本脂肪酸(essential fatty acids),但是只有未两岁的小孩服食才有效。

然而,成人能做的就是多吃一些含有维他命A、C和E(Vitamin A, C, E)的食物。这三种维他命富有抗氧化(antioxidant)的作用。由于人脑主要是由脂肪酸(fatty acids)形成,容易被自由基(free radicals)损坏,所以多吃这些食物能防止氧化副作用(prevents oxidative damage)。

吃猪脑补脑没有科学根据

从科学的角度来说,华人吃猪脑来补脑的说法没有什么根据。何况,潘小姐说:“一份手掌般大的猪脑含有850mg的胆固醇,超过了人们每天需要的300mg胆固醇量。”因此,她也不鼓励人们服食猪脑。

正在新加坡国立大学人文与社会科学系念年級的梁涵玮说:“没科学根据呀,根本就是华人自己想吃才自己给的借口。华人常说猪笨,那又吃猪脑,那自己不是更笨嘛?”

人脑所需要的营养素

潘小姐也指出,从传统中医的角度来说,有助血液循环的食物能补脑。但从西医的角度来说,人脑需要的营养素只有两种—氧气(oxygen)和葡萄糖(glucose)。

潘小姐说:“我们要确保我们有足够的红血球,因为红血球输送氧气给人脑。”红血球是由铁制(iron)形成的。富有高铁质的食物有红肉、肝、鸡肉、鱼等。这些食物能提供人体所以可以容易吸收的一种铁制叫做heme iron。说到红血球,潘小姐便提到贫血(anaemia)。她说很多女性节食时,通常都有贫血的现象。而当这些女性有贫血时,她们就会感到很疲倦。由于身体里没有足够的红血球输送氧气给人脑,所以会产生贫血而感到很疲倦、不能集中精神。

同时,潘小姐说除了铁制(iron),我们也需要维他命C(Vitamin C)、叶酸(folic acid)和维他命B12(Vitamin B12)来建红血球。多吃

含有这些营养素的食物便可以防止贫血。

葡萄糖(glucose)是来自碳水化合物(carbohydrates)。包含碳水化合物的食物例如:面包、面团、饭等。

吃早餐的重要性

潘小姐强调吃早餐其实是很重要的,因为当我们不吃早餐时,身体的葡萄糖量会很低。她说:“很多研究显示,不吃早餐的人通常表现不佳。相反的,有吃早餐的人他们的记忆力、解决问题的能力及集中力都会比较好。”当然,选择正确的早餐也是很重要的,因为早餐时吃含有高脂肪(high fat)的食物是没有效的,像炒果条。潘小姐建议吃健康的早餐,如两片面包和牛奶或一碗谷物(cereals)和牛奶。

中医的看法

吃猪脑来补脑的说法来自华人所谓的“以形补形”。这是指身上的某个部位有什么病痛,就找些相象的食物吃,来治病。58岁的郭俊细医师说:“以形补形就是说你吃猪脑就是补脑,你吃猪腰就补肾,然后你吃猪心就补心,这样吃猪肝就补血。”郭医师是在裕廊西的一间中药行行医,已有21年的行医经验。

郭医师表示说,吃猪脑补脑的说法应该是有效的。他说:“因为一路走来我们中国人从几千年传下来的,就是有一个根据。”

郭医师说用猪脑来补脑,必须要配一些药物,例如天麻、枸杞子、淮山、冬虫草、泡参等的药物。他接着说:“我们中医不是说补脑就单一个药。它是用很多种药配和在一起。”因为“配药物它的效果会比较好”。

郭医师警告,那些有胆固醇的人就不适合吃猪脑。相反的,他们应该“用一些不带肉类的药物来补脑”。

除了猪脑可以补脑,郭医师也举例说松鱼头煮川芎、白芷,因为鱼头有很高的蛋白质。郭医师笑着说核桃也有补脑的作用,“因为它整个很象一个脑这样”。

郭医师解释从中医的关点,人的五脏六腑一心、肝、脾、肺、肾是有关连的。所以“你补肾就能达到补脑的作用。”郭医师也举例补肾的食物有些食物豆类。

补脑的食物说法见人见智

48岁的家庭主妇钱玉娇女士受访时听说了营养师的看法后,说:“我不同意营养师的看法。我认为「孩子」还是需要吃一些食物来补脑。”钱女士有两个念中学的孩子,她每天都会让孩子吃鱼肝油和偶尔煮汤时放些核桃。

或许,吃某种食物能补脑的说法是见人见智吧!重要的是要按规定饮食,吃得健康和多做运动。最后,要考到好成绩绝不能投机取巧,一定要靠自己的努力奋斗和足够的温习与准备。

Dining with your Best Friend

In many developed countries, businesses have found catering to pets a lucrative venture. Here, allowing patrons to share a meal with their four-legged friends has proved enticing enough to see three bakeries for pets open within eight months of each other, observes GILLIAN WU.



"How much is that doggie in the window?" could now be "How much is that doggie cake in the window?" Why are people changing their tune? Because bakeries that cater to furry clients are a new mini food trend in Singapore.

While people have been turned away when bringing their pets out to dine, presumably out of respect for customers who may be allergic to pets, find it unhygienic or due to religious reasons, some entrepreneurs have served this neglected niche by setting up pet bakeries.

Three of these: Royal Petique's Munchies Café, Greedy Pet Bakery and US Doggie Bakery opened between last May and December. Already, US Doggie Bakery plans to expand this year and interested parties have enquired about franchising opportunities locally and overseas. Munchies Café and Greedy Pet Bakery will look to grow once business does well enough.

These businesses offer a variety of baked goodies ranging from biscuits, muffins, pasta and even birthday cakes. Freshly baked daily, they do not contain preservatives, artificial colourings or flavourings. These pet treats can even be consumed by humans, though they are slightly bland.

Other than the regular baked treats, these pet bakeries add special items when it comes to the festive seasons. For example, mooncakes are specially baked for dogs to celebrate the mooncake festival, and even Christmas log and fruit cakes appear during the season.

hype 58

If feline lovers feel that cats seem to be left out of the picture, Doe Han, 26, owner of Greedy Pet Bakery, said she's been experimenting with treats for cats. Fish, has been the primary ingredient, although the ingredients used for the dog treats are suitable for cats as well.

The problem is that cats tend to be pickier with their food, as compared to their canine counterparts. "They need to be in smaller proportions, and cats are harder to tempt as compared to dogs," Han added.

Teenagers to adults in their 40s patronise the bakeries. "It's actually quite surprising because my customers are quite generous and are willing to spend on their pets," said a bemused Han. They normally spend about \$10 to \$12 at her bakery.

At Munchies Café, Cynthia Lee, 30, a cosmetics sales representative brings her male Shih-tzu, Zen, there about three to four times weekly. "It allows my dog to socialise and I can treat Zen to some gourmet treats, to pamper him," she said. She spends on average, \$20 a week, dining out with her pet.

IT Engineer Ken Chua, 31, brings his Shih-tzu and Jack Russell to Munchies up to five times a week due to its proximity to his home, spending approximately \$10 each visit on his dog.

"My dogs love the food, as there is a lot of variety. They can have dinner and make new friends," shared Chua. His visits allow him to meet new people as well and his pooches get freshly cooked food.



Royal Petique's Munchies Cafe

Munchies Cafe is part of a one-stop café cum bakery, pet grooming centre and a studio where dogs can have their portraits taken. As a young and creative owner, Jamie Tan, 28, introduces new items to the menu weekly, to cater to her regular customers who visit along with their dogs at least once a week.

Special set menus are designed especially for the pooches. These include a main course, side dish and dessert, and cost between \$9 and \$15. Owners may also choose to either take away these set meals or bring their pooches down to dine in the café that is redecorated to suit special occasions, so they can mingle with the other dogs and owners.

While no menu is available for pet owners, they are welcome to bring their own food or order-in, should they decide to dine together with their furry pals.

Munchies' visitors can expect to pay \$1.50 for a muffin that comes in several flavours like green tea, blueberries and flaxseed, with prices going up to about \$18 for an 8-inch birthday cake. Not only are up to 45 such cakes sold monthly, Munchies' hosts about 25 private dog parties where the birthday dog and its canine guests chomp on these delicious cakes that come in fruit, vegetable or meat flavours.

To cater to even a fussy pooch, Munchies also has a special menu for dogs with allergies and even a vegetarian menu for vegan canines.

2 Sin Ming Road, #01-07, Tower 1,
Sin Ming Plaza, Tel: 6452 7186

Opening Hours: Tuesdays to Fridays noon - 9pm,
Saturdays to Sundays 11am - 10.30pm

US Doggie Bakery

According to US Doggie Bakery's store manager, this is the first dog bakery licensed by the Agri-Food & Veterinary Authority of Singapore (AVA).

Despite being situated inside a Caltex petrol kiosk and being the newest kid on the block, having opened last December, it draws "a good number" of customers, many of whom drop by before heading to East Coast Park for an outing with their pets.

Bakery manager, Sharon Ho, in her mid 30s, credited the bakery's popularity to her emphasis on fresh daily bakes, using quality ingredients and affordable prices. She also ensures that her bakery maintains high standards of service quality, health and cleanliness.

Not surprisingly, the US Doggie Bakery is likely to please Caucasian clientele; they have bakes specially created for occasions such as Halloween and Christmas.

Customers can expect breads, pastries, pies and more on their shelves. While Sharon's recipes are "specially engineered for dogs", she shares that some of her customers buy her bakes for their guinea pigs and rabbits as well.

355 East Coast Road (inside Caltex)

Tel: 6346 7168

Opening Hours: 11am - 8pm daily

Website: <http://www.usdb.com.sg>



Greedy Pet Bakery

Once known as Greedy Dog Bakery, an online bakery for canines, owner Doe Han, decided to have a brick and mortar storefront and renamed it to cater to cats as well.

Her display of baked goodies such as choco mini bones biscuit and cup cakes at the entrance, together with other pet necessities, occupies three-quarters of the store, which also holds motorbike accessories sold by a close friend.

Han's love for baking inspires her to concoct new recipes fortnightly, and she bakes daily before her customers stream in. Popular treats include muffins in 10 flavours (from \$1 each to \$9/ dozen for the mini ones), "Cheesy Sticks" and "Hunny Hearts" (\$8.50/200g) and 6-inch and 8-inch birthday cakes in several flavours (\$14 to \$28).

Parties for the bakery's customers can be organised, but advance notice is needed due to the lack of space. The area at the store's front is fenced and canines or felines can celebrate with their owners outdoors. Night owls can drop by late as they are open till midnight daily.

230 Tanjong Katong Road, Tel: 6344 1554,
Opening Hours: Mondays 3pm-midnight,
Tuesdays to Sundays noon-midnight
Website: <http://www.greedypetbakery.com>

Urban Pooch

The older brother of the pet catering business, Urban Pooch is one ol' faithful. Raye Tan, 31, shares that her three-year-old business is slowing due to the increasingly competitive market. Nevertheless, the budding entrepreneur remains optimistic and confident of the services her store can offer.

This café with baked desserts is apparently the only National Environment Agency (NEA) licensed pet café in Singapore and testimony that a pet-focussed eatery can survive.

With an indoor play area for pooches, a partitioned café and outdoor seats for owners, both human and dog menus boast a range of healthy and delicious home-cooked meals.

Canines can sink their teeth into a variety of main courses, each at \$3.80, which include the German Shepherd's Pie and Grilled Meatballs listed as the more popular dishes on the menu. To cater to either lamb- or chicken-allergic pets, owners can select these meals prepared in either the chicken or lamb base.

There's also a wide selection of desserts like blueberry cake (\$2.50), Grandpa gourmet cookies (\$2.50), or chicken liver brownie, (at \$2.50), which only dogs could love.

Almost every type of dog is considered. For dogs with allergies, Tan prepares customised, well-supplemented meals with all the necessary vitamins (\$1 to more than \$2). Owners can freeze these at home and simply reheat in a microwave oven before serving it to their dogs daily.

If owners want to celebrate their pet's birthday, Urban Pooch has a good selection of birthday cakes in small, medium and large sizes (\$10, \$18 and \$25 respectively) available for take-away or even in-house parties. Depending on the number of canine and human guests, Tan will suggest appropriate menus for consideration.

Owners who want to dine with their pets can choose between main courses such as fish and chips or pork chops served with a soup (\$11.80), or just take soup or finger food from \$3.

530 Balestier Road, Monville Mansion #01-07
Tel: 6252 5046/310
Opening Hours: Tuesdays to Sundays,
1pm-10pm (Closed on Mondays)

Premarital Pregnancy: The Paternal Story

When parents-to-be are young and unmarried, the pressure of an unwanted pregnancy can be life-altering, even for guys. KAY-LENE TAN finds out why.



He went from wanting to die, to picking up smoking, drinking and being difficult with his parents, all in the wake of finding out that his girlfriend was pregnant with his baby.

"I was so afraid when the pregnancy test came out positive," said a sorrowful James (not his real name) a 17-year-old secondary school student who had learnt, during his 'N' Levels last year, that his girlfriend was pregnant.

A usually quiet boy, James's life took a drastic turn after receiving the shocking news, "It's not only the girls who are scared, we [guys] get scared too. We are human [too] you know?" he said defensively. "But I think I started to realise [then] that there are more important things in life than myself and what I want."

James loved the simple things in life like hanging out with his friends and just spending time with his family, but after the tragic incident, he found he was distancing himself from his loved ones. "It is hard to look them in the eyes after everything, it just hurts. I don't know how to explain it."

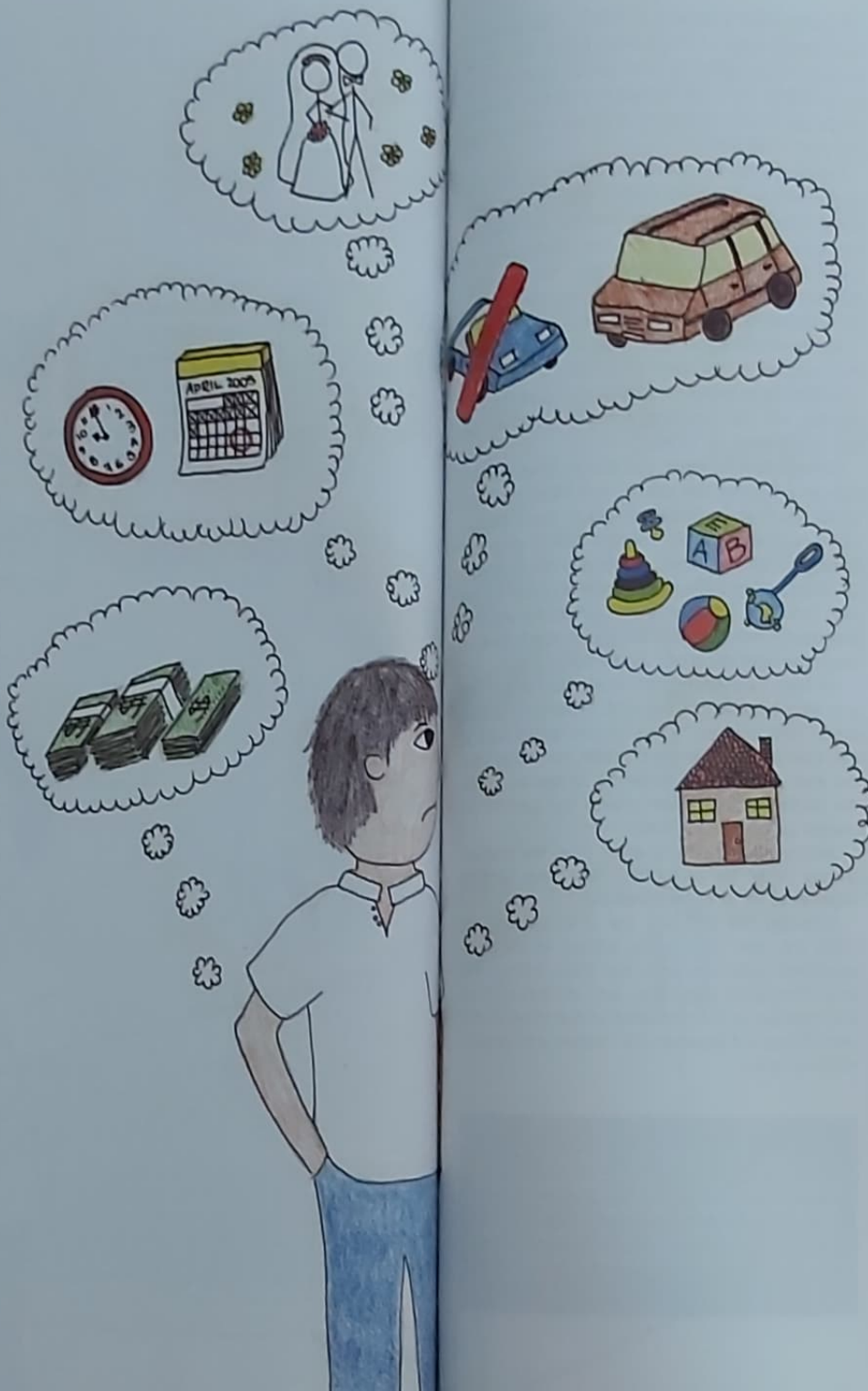
Although they had already decided to go for an abortion, James and his girlfriend went for an ultrasound and found out their unborn child would have been a girl. It might sound like a foolish thing to do, but Maureen O'Hara, 45, a counsellor at the Family Life Centre, said she usually advises couples who have been through an abortion to name the unborn child, this helps them to cope with the pain of losing a child.

The stress didn't go away after they decided to go for an abortion either. This mental trauma showed in James' situation when he turned to drinking, smoking and drugs after the abortion and he has since, started to rebel against his parents.

You might think that his is a rather extreme and unusual reaction, but two counsellors hype spoke to, said that this is just their way of expressing the pain that they are experiencing. The most common response, both counsellors agreed, is denial.

Harry Low, a 38-year-old counsellor from the Tampines Counselling Centre explained that, "When a couple first comes to see us, they are both playing the blame game and pointing fingers at each other" and guys usually "shut out the pain by building a barrier".

While this wall makes males appear unaffected and irresponsible, Low added, "It will affect them in the future when they do have children. Men will forget that such a thing like an abortion has occurred in their lives because they have already built a wall to stop the pain. It's a mental thing that will affect them when they don't know it."



"They will find it harder to get close to their children when they have a family and they wonder why they are unable to find that type of closeness, but they have already forgotten about the barrier they built a long time ago."

Even earlier, there may be manifestations as in the disruptive behaviour of James. "This is an outlet," said Low, "This is the way that helps them forget that anything happened. It is their way of expressing their anger and frustration."

Eventually, even James's girlfriend left him because of the strain on their relationship after the abortion. "We just drifted apart and I don't think we could have stayed with each other any longer, although we did try for a while," he said.

Though their first decision was to keep the child, after further discussion, they decided to get an abortion. "We were only about 16 or 17; we knew that we didn't have the financial ability to support the child. It was also because of fear of my mum that we made that decision. I care about her and I just didn't want to disappoint her. I was brought up knowing that abortion was wrong but when it came down to it, it was my only choice."

"If it ever happened again, I would have never chosen to abort the child."

- James

Although James's relationship with his girlfriend did not last long after the abortion, 21-year-old polytechnic student, Danny (not his real name), has stood firmly by his girlfriend's side since they went through an abortion about six months ago. "I was shocked when I found out," he told hype, "But I knew I had to be there for her."

Like James, Danny and his girlfriend abandoned initial thoughts of keeping the baby because of the emotional stress they knew they had to face by telling their parents. "Having an abortion was an unfaithful option that we both took."

According to the Ministry of Health, 12,272 abortions were carried out legally in Singapore during 2003 and out of that number, 5,105 were premarital pregnancies. Of these, 1,460 of the abortions carried out that year were for couples within the age range of 15 to 19.

Low explains, "Not many boys will come in by themselves for help right after an abortion because they feel like they don't need to, but some of them do come in years later with problems that have grown from the pain of losing a child. Psychologically, problems they have in adulthood often lead back to the time of the abortion."

The pressures on the guy are compounded because he is expected to be the pillar of strength for his girlfriend, especially since she'll be going through a physical and emotional rollercoaster because of her pregnancy. Explained O'Hara, "This is the time when she will decide whether to keep, abort or give the child up for adoption but the girl's hormones are going crazy."

"It is the worst time to make that decision so it would be great if the guy she's with was supportive so that they can make the right decision together."

"I have to give credit to the boys who do come in with their girlfriends because they don't have to be there, and they can choose not to be there."

- O'Hara

O'Hara says, "Some guys choose to leave the problem to their girlfriends and just run away but it is the more sensitive guys or the guys who really care about their girlfriend[s] that come in with them for help."

Although Danny has since made the decision to stay with his girlfriend, he feels a deep regret, "I couldn't forgive myself and I knew I had made the biggest mistake of my life. I never believed in abortion but we both knew we had no other choice. It hurts me whenever I think about it and it has left a huge hole inside of me."

Even if couples go ahead with the pregnancy, problems are still abound, as 26-year-old Air Force Officer Andre (not his real name), discovered. He was 23 when his girlfriend of four years told him she was pregnant.

"I was just shocked and trying to count back to when it happened," he said, "However, the thought of abortion never crossed my mind."

Andre said he never planned to marry his then girlfriend, as they were quarrelling regularly when he was not in Singapore due to his attachment in the Air Force. Although he has no regrets over keeping the baby, he would still have wanted to change the timing of the pregnancy.

"This [fatherhood] has changed me emotionally and mentally because I always have to worry about financial matters within the home. I had to do so many things at once, like buying a house for my family, renovating it, getting married and trying to save money for my son," Andre added.

Financial stability seems to be the key factor in the decision making between couples; Danny and James both said that they would have kept their babies if they were financially stable. "Singapore

has quite a high standard of living," said James, "I don't know where I could have found the money to raise my daughter or even get an apartment for my girlfriend and I. It's not like Australia or America where people just can go off and rent a small house and keep their child."

Hardships aside, Andre feels that his son has taught him to be more patient and how to think about others, "You can say that he has matured me, even though having him has totally killed my social life," he said jokingly, "You have to think differently after you have a child, you have to think twice before doing anything stupid."

Andre, whose son is now three, feels that support from parents is the most important, "If you don't have that open relationship with your parents, their children will just run away from the problem and turn to abortion out of fear."

"When I told my mum, you should have seen the look on her face; she would have killed me if she could. My mum gave me the look of death and my dad just smiled at me. His first words were that since this has happened, abortion is not an option. Of course mum gave me the cold shoulder for the next few days, but now, I think when she sees her grandson running around the house, she knows we made the right decision," Andre said.

He feels that youths turn to abortion out of fear and also because of the lack of communication within their families, "Every parent would want to see their children having children, no matter what the age. Abortion will never be an option, unless the family is very conservative. I feel parents will always support having a kid."

James said, "Running away from the problem should never be an option. You have to stick together to try to figure things out."

Although the girls are the ones carrying the child, the men need to be around to act as an emotional backbone and help them through this time. Premarital pregnancy isn't an end in itself, it's important to stay focussed on the situation and work things out together with mature and sensible advice in mind.

If youths are afraid of confiding in their parents, they can call the **Family Life Service Pregnancy Crisis Hotline** at 6339-9770. There's nothing to fear as O'Hara reassured "identities remain confidential throughout".





Pop Colour Crazy

It may seem an old school thing to even own a non-digital camera these days, but the effects you can achieve through cross-processing can be well worth the embarrassment and expense, says KARIN XIAO.

Simply put, cross-processing is developing film in the wrong chemical. In cross-processing, slide film is developed in a chemical called C-41 which is originally meant for negative film instead. This method of manipulating photographs will result in high contrast pictures where colours seem to explode off the paper.

"I first became aware of cross-processing through photographs in fashion magazines. The vibrant colours appealed to me," said Neil van Niekerk, 43, a professional photographer with 28 years of experience in photography, in an email interview.

Born in South Africa, van Niekerk, who resides in the United States, knew he had to try out cross-processing after seeing the striking colours and compositions that resulted from the manipulation. "Even though black & white imagery is supposed to be at the heart of photography, I relate more to colours - specifically, bold colours," he

added, "After all, I see in colour, not shades of grey."

According to a sales executive at Ruby Photo Co. Pte Ltd, who only wanted to be known as Eng, students are mostly the ones "who like to play around with film to see the different special effects" and try out this bold form of photo manipulation.

Professionals such as Kenny Yek, 25, who owns his own video production house, also likes the high contrast and the rich and saturated colours that cross-processing brings to his photographs. "Although you can digitally control it, it feels different when you actually cross-process. It gives you this edgy look, like film."

Each month, about 10 to 15 people send their films to Ruby Photo Co., one of the few shops in Singapore that offers the service, for cross-processing. About twice the number do so in Spectra Photo Lab monthly, according to the lab's Accounts Controller Ruby Seah. Slide film,



say Fujichrome Sensia 100 or Kodak Elite Chrome Extra Colour 100, is used because it's a cheap, non-professional film that's well-suited for cross-processing.

Other than producing photos with bold effects, another characteristic of cross-processing is that the results are always unpredictable. The same red colour will most probably turn out differently each time you cross-process your photographs.

Yang J-Lyn, 27, a part-time Interior Design student at LaSalle SIA, is a fan of this "uncertainty in colours". "When you send the film for cross-processing, you get very eager to collect it because you want to see what you will be getting," she said.

van Niekerk made the same point: "The unpredictability can often work to your advantage by giving you results which will surprise you... Regard the unpredictability as an adventure in colour."

He advises first timers to cross-processing not to be timid, but to try out as many things as possible.

"You're trying something new, so push yourself in trying subjects and compositions you've never attempted before," he said. Do not expect amazing photographs solely from the colours that cross-processing brings. "Your approach to your subject, and your use of composition and light need to be just as creative," he said.

While most photographers would send their film to a photo lab to be processed, Ruby Photo Co. also offers C-41 home kits. "[However] these kits are more for fun and not for professional use," said Eng. Each home kit costs \$24 and allows you to develop about six rolls of film at different times as it can be stored and reused later. Slide film can cost between \$7.50 and \$10 per roll for 36 exposures.

However, do note that you will need an absolutely dark



Photos: Karen Xiao, using the Lomo LC-A

room to cross-process or develop your film yourself. A good place would be in a windowless bathroom. If there is light coming through from under the door, try to block it out using thick black cardboard or a thick towel.

Or you could buy a changing bag (a light proof bag used for loading film to be developed when you have no darkroom or don't want to switch off the lights). You will still have to send the developed negatives to a photo lab to have the photographs printed.

Here are some places that offer cross-processing:

Outlet	Ruby Photo Co.	Spectra Photo Lab
Address	3 Coleman Street, #01-01/02 The Peninsular Hotel Shopping Complex	101 Boon Keng Road, #04-01/05
Contact	6338 0236/6338 4104	6292 9851
Cost	\$7.50 per roll of film 30 cents - 3R print 40 cents - 4R print	\$8 (\$6*) per roll \$1 (60 cents*) - 3R \$1.20 (80 cents*) - 4R *student rate
Prints	Matt or Glossy	Matt or Glossy

meritus madness

YOU could win a 1-N stay at the Mandarin Meritus worth more than \$200 (terms & conditions apply)! Simply find and circle the 20 words in the list. Remember to look horizontally, vertically, diagonally and even backwards.



A G T W E N T Y X I T S I A S H D L O A H I P
N Y O E L I F G Z U N B M R N S H L F N W G N T
K U N D O I G U A E I B L V E Q D X G O N G L U
S T S I X B E R N N I X A L L V M L Z Z O F Z T O
K N V J M P E N E W I L P P I Z A C O H E L A B C
D K J Y E A O U B J X A Q D O R S J T Q E H J D
S L N N B O L C H O N A G X G G E M A M Q K C H U
Y P E B A O U C H O N A G X G G E M A M Q K C H U
M P R K S O U L S A L R E Z Y F T R R E Q W L O L
C K R L S O U L S A L R E Z Y F T R R E Q W L O L
P U O S M K H O N A L E P S J T Q E H J D S N L
O V Y H W O H O N A L E P S J T Q E H J D S N L
Z P Y H W O H O N A L E P S J T Q E H J D S N L
R K T R I B O H O N A L E P S J T Q E H J D S N L
D S N D F U H O N A L E P S J T Q E H J D S N L
G E A K U S E T O D L S C F A B R W Z T D U E N N
T N A C H U S E T O D L S C F A B R W Z T D U E N N
H Y R H U S E T O D L S C F A B R W Z T D U E N N
S P K U W D K E A B R W Z T D U E N N
O R O O D K E A B R W Z T D U E N N
S P H S C F A B R W Z T D U E N N
L C V A U T E M E R I T U S M A N D A R I N
J G K N J M E R I T U S M A N D A R I N

- BONEZ
- PHUA CHU KANG
- LING
- JOI CHUA
- CHRISTENSEN
- PETER LOEHR
- REBELLIOUS LOVE
- PICOU
- BALLARAT
- HYPELIFE
- SUZANNE
- HANDLEBAR
- TECHNOLOGIC
- SYSTEM
- BACKDOOR
- NAIL BASICS
- TWENTY
- TRIBUNE
- URBANWIRE
- MERITUS MANDARIN

Name: _____

NRIC: _____ Contact No: _____

Address: _____

Email Address: _____

Tear out this page and drop it off at the Student Services Centre in Ngee Ann Polytechnic. Alternatively you can mail the page to us. Closing date: 31 May 2005. The winner will be notified by e-mail or phone.

Meritus Madness
hype magazine
Ngee Ann Polytechnic
School of Film & Media Studies
535 Clementi Road
Blk 52 #07-01/02
Singapore 599489

Hotel stay, applicable only for Friday or Saturday night, courtesy of Neaon Hotel Supplies Pte Ltd.

Homemade gifts for Mother's & Father's Day

Just because Mother's and Father's Day are around the corner, doesn't mean you have to buy the usual silk tie or flowers. MARY-ANN RUSSON and KAROL ANN TAN show you how to make personalised gifts that help you save the environment at the same time.



The older we get, the easier it is to simply walk into a store and buy something, rather than go through the hassle of making it.

However, handmade crafts are not just for bored housewives, children or those who are not academically inclined. Goh Sing Yee, 22, a final-year National University of Singapore (NUS) Science undergraduate is a firm believer that, "Crafts help keep your mind nimble and creative. Anyone can do art. As long as you have the time and patience, you can do art. [Your skill] improves over time."

In fact, she took up porcelain painting five years ago and is even considering applying for a place in LASALLE-SIA College of the Arts after graduating.

"There is an increased interest in people of our age

group who like to do craft and a lot of art schools have [started up] recently. I never thought that you could have a career out of art, but my perception has changed," she said.

Angelina Christian also turned her back on her banker job to own PaintWorks, an arts supplies store that offers decorative and fine arts courses to children, youths and adults. The art teacher feels that art is a release for many of her customers.

"People get a lot of satisfaction from [arts and crafts]. When you have such hectic lives, you sometimes don't have time to smell the roses. It's nice to be able to sit down and make something instead of just going to a shop and buying something all the time," Angelina said.

So here are two simple yet effective gift ideas certain to

Glitter Globes

Craft idea provided by Angelina Christian

Instead of a boring, corporate paperweight, this lovingly-created item can be a daily reminder of your thoughtfulness on your parents' table at work, and give them something to brag to their colleagues about.



Materials:

An old jam jar or craft jar (between \$2 to \$10, depending on size, from IKEA)

Denatured alcohol (from most pharmacies for under \$3)

Glycerin (from most pharmacies for under \$5)

Silicon Waterproof Glue (from any DIY store for under \$10)

Old toy or decorative figurine (from gift/toy shops for under \$5 each)

Glitter

Accessories like sequins, beads, shiny plastic shapes (from Spotlight branches at Plaza Singapura or DBS Tampines Centre for under \$3 per pack)

Water

Method:

1) If you're using an old jam jar, wipe the bottle down with denatured alcohol first. Then, wash it with soap and water to remove label and glue remnants.

2) Using the Silicon Glue, glue the toy figure to the base of the jar lid. Leave to dry for 24 hours.

3) Pour 2 cm of Glycerin into the jar, then fill the jar with water till it is three-quarters full.

4) Stir the solution thoroughly using a stick or disposable spoon until bubbles appear.
Note: Don't use kitchen utensils as Glycerin is not to be ingested.

5) Add glitter, sequins, beads and other accessories into the solution and stir thoroughly.

6) After 24 hours, apply Silicon Glue to the inside of the lid. Screw the lid tightly onto the jar and leave to dry for 48 hours. Note: Don't turn the jar upside down until the 48 hours have passed.

The sum is greater than the parts is an apt description of the ancient art of mosaic, where little pieces, placed together in an artful way, reveal an unexpected big picture or pattern.

This form of intricate art dates back to the fourth century B.C., where pieces decorated with onyx, cockle shells and clay were found in a temple in Mesopotamia (the area occupied by Southeastern Turkey, Eastern Syria and a big part of Iraq).

Other than being aesthetically pleasing, mosaics can have functional purposes too. According to Nanette Zehnder, 31, a mosaic artist and owner of The Mosaic Workshop along East Coast Road, "Mosaics are not only used for decorative purposes. In the olden days, mosaic was actually used to tell a story," she said.

Zehnder added that creating mosaics can be "very therapeutic [as it] puts you in a very calm, relaxing mood, because you're doing art and art is obviously very relaxing. You have a little time out for yourself, by cutting little pieces and forming them into a picture, you can actually see the picture being formed so I guess it also offers self-satisfaction".

From the walls of churches and temples, to the floors, counters and even toilets of various MRT stations and shopping places, examples of mosaic can be seen in many places even in our modern city. But they don't necessarily have to be the work of experts. You too, can join others in creating a piece of art in the comfort of your home.

"[There are] working adults who come in on weekends, your *tais* who come in on weekdays and students who come in on holidays," she said.

Mosaic Doorplate

(Craft idea provided by Nanette Zehnder)

Whether it's for hanging on the doors of the kitchen, your parents' room or the office door, this unusual gift is not only one of a kind, it will actually last a lifetime.

Materials:

Safety goggles
(to protect your eyes while cutting *tesserae* \$5)

Diamond cutter
(to mark out pieces you intend to cut \$32)

Tile/glass nipper (\$30)

Grout (\$10/kg)

Plywood (\$10/square foot)

Tesserae
(\$4/100g to \$8/100g beginners are advised to work with stained glass, as it is thinner and thus easier to break up into smaller pieces. It also simplifies and makes the grouting process easy as the surface of stained glass is even and smooth)

PVC glue (\$3.60 for 125 ml)

A disposable butter knife or ice-cream sticks to

Lavinia Lim, 25, an assistant head teacher explained that her interest in the craft was kindled when she bought a candleholder made out of broken glass. "The lady told me it was handmade and I was quite fascinated by how it was made," she said.

Mosaics can be created using either the direct and indirect approach. *Tesserae* (small pieces of material such as glass or marble used to create mosaics) can be pasted directly onto the base (i.e. wall, plywood etc) and a layer of grout is then applied over the completed design. Otherwise, the indirect method "involves a reverse process" where "you design on a piece of paper and you paste it [the *tesserae*] on and it goes onto the wall," she said. The latter is usually employed for bigger, more complicated and professional projects, such as for wall murals or the tops of tables.

While the direct method is the speedier and simpler of the two processes, more effort is needed to clean and polish the grout off the surface of the completed product.

You can get either smooth or sanded grout. As its name suggests, smooth grout gives the mosaic a smoother finish, however, sanded grout is more effective when it comes to *tesserae* with wide gaps between them.

Zehnder explained that "anything goes" when it comes to *tesserae*, as there's a myriad of materials such as ceramic tiles, stained glass, mirror chips, pebbles and shells to choose from, so "it all depends on what your design calls for".

Feel free to experiment with the different colours and materials available and as she said, "Just enjoy the process and don't worry about making mistakes."

spread the grout
(ice-cream sticks cost an average of \$1 per pack) Cotton Gloves (to protect your hands from some sharp-edged *tesserae* \$0.90)

Most of these items can be bought from the Mosaic Workshop. PVC glue, ice-cream sticks and gloves are available at your nearest stationery or hardware store.

Method:

- 1) Draw a suitable design on a piece of plywood.
- 2) Lay out the *tesserae* you intend to use on your design to ensure you have a sufficient amount of source materials to work with.
- 3) Apply PVC glue to the back of *tesserae* and place them on your design.
- 4) Leave to dry for 24 hours, once *tesserae* have been laid out. This is to ensure that it doesn't fall off during the grouting process.



5) Dump about 300g of grout into a mixing bowl (take-out containers are recommended) and stir water into the mixture. Stir until the mixture achieves the thickness of peanut butter.

6) Spread a layer of grout over the design and level grout with *tesserae*.
Note: Make sure the grout gets between *tesserae*.

7) Wipe excess grout off from *tesserae* surface using a damp cloth or sponge.
Note: Be sure to do this before grout dries.

8) Leave mosaic to dry for 24 hours and apply a layer of gloss over it.

For more information about craft classes:

PaintWorks - Angelina Christian
Address: 1 Greendale Avenue, Hill Crest Road
Tel: 64624644

Mother's Day Craft Workshop at Mystique Gifts
- Goh Sing Yee
Address: <http://www.mystiquegifts.net>
Tel: 96380255

The Mosaic Workshop - Nanette Zehnder
Address: 150Q East Coast Road
Tel: 63484583

Book Reviews

Kafka on the Shore

By Haruki Murakami



Author Haruki Murakami awed Western audiences with his surreal storytelling style when the English translation of *The Wind-up Bird Chronicles* was released in 1997.

His vast appeal led to translations of his previous works that include *Hard-Boiled Wonderland and the End of the World*, which uses a unique structure where the book is divided into two separate narratives which then crystallise into an astounding piece.

His latest offering, *Kafka on the Shore*, adopts a similar structure where alternate chapters tell a different tale. In this book, one tale revolves around a 15-year-old boy Kafka Tamura while another tale is about a brain-damaged old man called Nakata.

The odd-numbered chapters serve up Kafka Tamura's narration of a prophecy slowly coming true - from his father's death to the Oedipal fact of the 15-year-old boy bedding both his mother and sister.

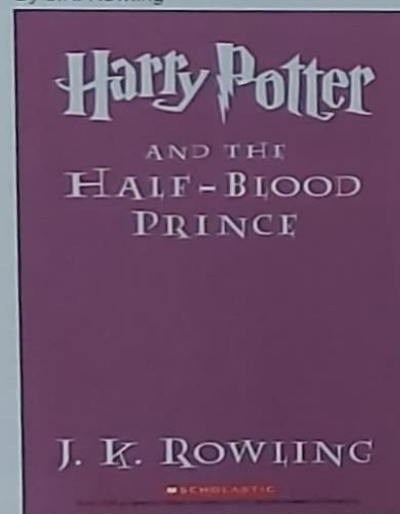
While on the other hand, the even-numbered chapters tell the tale of Nakata, the sexagenarian who loses his memory and kills a man who makes flutes out of cats' souls. These two tales would then somehow intertwine in the later part of the book to lead to an unsuspecting twist.

Another interesting note about Murakami's writing style is the use of cats as an imagery in his books and they novels as delegates from another realm.

Though the plots and characters seem a little confusing in the beginning, the interweaving of the two tales where Nakata admits to the murder of Kafka's father. This book will appeal to Murakami's fans and make new converts. - SITI MARINA ABDUL ALIM

Harry Potter and the Half-Blood Prince

By J.K. Rowling



If you've been hankering to read the next Harry Potter book, take heart - the wait's almost over. The world's favourite boy wizard will return in *Harry Potter and the Half-Blood Prince* in bookstores worldwide on July 16.

It's been nearly two years since the greatly hyped up release of *Harry Potter and the Order of the Phoenix*, which became the fastest selling book of all time according to BBC News with a record 6 million copies sold on the day it was released.

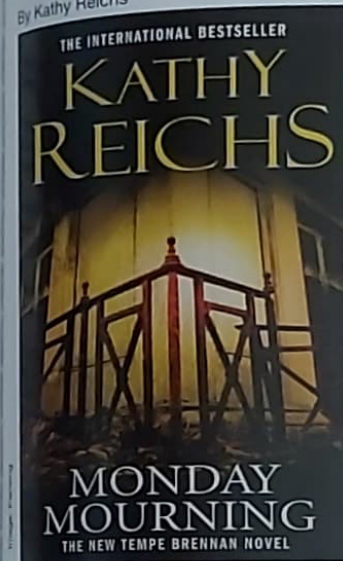
At the end of the fifth book in the series, Harry's godfather Sirius Black died, the Ministry of Magic finally admitted to the public that Voldemort had returned and a startling prophecy about Harry's future was revealed.

As the anticipation grows for the sixth, J.K. Rowling has been releasing small tidbits about *Half-Blood Prince*, through her official site JKRowling.com.

Some of these include the title of the new book, which Rowling has since clarified refers to neither Harry nor Voldemort, three chapter titles (namely Chapter Two - Spinners End, Chapter Six - Draco's Detour and Chapter 14 - Felix Felicis) and the following excerpt, which describes a new Defence Against the Dark Arts teacher appearing in the new title whom fans are speculating to actually be the Half-Blood Prince: "He looked rather like an old lion. There were streaks of grey in his mane of tawny hair and his bushy eyebrows; he had keen yellowish eyes behind a pair of wire-rimmed spectacles and a certain rangy, loping grace even though he walked with a slight limp." - MARY-ANN RUSSON

Monday Mourning

By Kathy Reichs



If you enjoy CSI, you'll probably find Kathy Reichs' books pretty irresistible. The forensic anthropologist has seven books to her name, featuring her alter ego and protagonist, Tempe Brennan, in the midst of murder mysteries and morbid death settings.

In her latest novel, *Monday Mourning*, we're introduced to a chilling homicide mystery, where Brennan ends up in the basement of a pizza place unearthing the remains of three Caucasian females en route to testifying as an expert witness at a crime trial. The police offer their share of opinions, which, as often is the case, is disputed by Reichs as there is obviously more than meets the eye. Reichs succeeds in sustaining the riveting storyline using graphic description of human remains and the morose and bleak crime scenes.

The appeal of *Monday Mourning* lies in Reichs' ability to tap on our innate curiosity in uncovering the mystery behind the murders. And she keeps us in suspense through the gripping course of events involving Brennan in the later part of the book.

As in her earlier novels like *Deadly Decisions* and *Bare Bones*, Brennan depicts the thankless nature of a forensic anthropologist's job of trying to piece the shattered pieces of a mystery together.

It is difficult to say whether *Monday Mourning* is Reichs' best work yet, as her previous novels bring Brennan to different crime mysteries, each with its own distinctiveness. But *Monday Mourning* will leave Reichs fans anticipating her next, while non-fans will scamper for her earlier six having had a feel of the compelling read this book brings. - MD NAJEEB

Wilt in Nowhere

By Tom Sharpe



Popular British satirist Tom Sharpe is back with his fourth novel in the *Wilt* series, *Wilt in Nowhere*. Back in 1976, Sharpe introduced us to Henry Wilt, a college professor who had the daunting task to teach English Literature to a class of butchers. Nearly 30 years later, Wilt is still teaching, but he now has to fend off the women in his gender assertiveness class, his wife, Eva, and his 16-year-old sex-obsessed quadruplets.

With ridiculous reasoning and lies, he convinces Eva that instead of joining her and the girls to visit rich Uncle Wally and Aunt Joan in America, he should be spending his summer exploring England.

It is an eventful holiday for the Wilt family on either side of the Atlantic, as they keep meeting up with major hiccups after every other chapter. His family arrives in America after alienating the other passengers and befriending a gangster who wishes to use the girls in smuggling drugs. Though the novel got off to a slow start, it eventually picked up when Wilt got lost in Old England, sustained an injury and got accused of arson. Feigning amnesia was his only way out since he couldn't further explain how he ended up in someone's garage.

Wilt in Nowhere showcases Sharpe's ability to present satire and ironies in witty and humorous manner. Readers stay glued to the pages wanting to know how the quads who are schooled in a convent are observing Uncle Wally's sexual behaviour for their school project. You can also expect characters, from the previous books like Inspector Flint, who will be back to investigate on Wilt because of the arson case.

The latest instalment of Wilt has its share of funny moments but lacks the pop and fizzle of the previous books. - SITI MARINA ABDUL ALIM

THE WRITE STUFF

Faith Bleasdale

Banker turned novelist and columnist, Faith Bleasdale chats with MARY VIOLET LORES about her life as a writer and the inspiration for her upcoming book, *The Love Resort*.



Readers should be grateful that Faith Bleasdale didn't do well as an investment banker and at several other jobs in London. It was then she started to pen her first book, *Rubber Gloves or Jimmy Choos*.

"I worked in an investment bank (in London). It wasn't my cup of tea. I wasn't very good with it," Bleasdale said. She completed the novel in 2000 just as her contract as banker ended and she hasn't looked back, producing a novel every year since then.

The 32-year-old, whose interest in writing was sparked by her teacher father, showcased her trademark wit in six humorous romantic titles revolving around young working women, including *Deranged Marriage* and *Pinstripes*.

Though she's received praise from *Cosmopolitan* magazine for her books, Bleasdale winces as she recalls her experience of receiving her first criticism.

"The first time I had a bad book review, it was so offensive [and] really mean. So, I was so upset I kept to my bed for a day... I was sulking, 'Oh my God, I can't do this! This is horrible'... The thing you have to remember is that everyone has their own opinions," she said.

Now living in Singapore with her boyfriend Jonathan, Bleasdale has also been contributing articles for local magazines such as *Harper's Bazaar*, *Elle* and she even has a monthly advice column in *Cleo*.

Agent Provocateur is her latest book in bookstores. This story is about Grace, who is hired to seduce unfaithful

men. She grew cynical about men ever since she got divorced but she broke her own rule when it comes to Johnny, who happens to be married to a journalist, Betty, who interviewed Grace on her job. During the interview, their different moral compasses had already created tension between them. Competition over Johnny happens and only one of them can have him. Unexpectedly enough, there's humour in the emotions of the characters as they converse with each other.

Bleasdale's next book, *The Love Resort*, is different from her previous novels because it is a book of comedy but with a dark edge. The storyline of *The Love Resort* is based on a true story, according to her, where she and her boyfriend had "a holiday by mistake" in the Caribbean. With high hopes of enjoying their holiday in a "couples only" resort, they ended up feeling disappointed, as every activity had to be done as a couple.

"Their (The resort) tagline is 'All you need is love' and it's weird you know, there's something not quite right. Jonathan and I did nothing, we refused to do any of their organised games," she said. The activities she passed on include a couple talent contest. The awkwardness during the holiday triggered an idea for *The Love Resort*.

Bleasdale is planning to write a book for expatriates living in Singapore next. "I don't understand why the stores in Singapore sell fake fur coats when there is no winter here..." she mused.



Jodi Picoult

With endless debates going on worldwide about stem cell research and designer babies, *New York Times* best-selling author Jodi Picoult tells MARY-ANN RUSSON in an e-mail interview how she tackles these issues in her controversial new novel, *My Sister's Keeper*.

She was an English and Creative Writing undergraduate from Princeton University whose previous jobs included being a Wall Street brokerage firm technical writer and an eighth-grade English teacher.

Never did Jodi Picoult think she'd end up writing for a living when she began her first novel, *Songs of the Humpback Whale* while pregnant in 1992.

Yet, 13 years and 11 riveting genre-hybrid novels later, Picoult's ability to address serious family, love and relationship-related issues head on has made her a household name in America, with a steadily growing fan base in the United Kingdom.

Picoult said, "I tend to write about questions that I can't answer. Issues that make me think hard and wonder what I'd do in a certain situation. The questions come from stories I hear, newspaper articles I read, fights I have with my husband... anywhere at all."

Picoult's latest novel, *My Sister's Keeper*, tells of a family's crisis when 13-year-old Anna, a designer baby created to save the life of her leukaemia-ridden elder sister, decides to sue her parents for the rights to her body.

"I wanted to take the issue of stem cell research away from the political platform and show people instead, the hearts and minds of a family going through it," said Picoult. "Seeing those parents and their struggles truly can make you rethink what you've believed about the issue."

Using a monologue style, the novel brings to life an

astonishing repertoire of unique characters, ranging from Sara, a mother whose desperate will to save her child has made her forget about the rest of her children, to Jesse, her delinquent teenage son who has become the wallflower in the family, to Campbell, a slick, self-centred attorney who takes on Anna's case for the publicity.

"I felt that all of these characters had the right to tell you why they'd made the choices they did. No one character has it 100% right – it's almost like a quilt of voices that needs to be patched together to give a reader the 'real' story," Picoult said.

In fact, the mother of three is not sure herself if she would have acted much differently from the character of Sara in *My Sister's Keeper*. "Like Sara, I learned that although we want to believe all our children are equal in our hearts, at times, one might have to take precedence.

"It's not a comfortable admission, but it's a true one – if I knew one of my children was a perfect genetic match to the other, I'd have a very hard time *not* using him to save his sibling. It's not an either/or, as Sara says – it's a matter of having them both."

A tender, genuine look at the ties that bind and the plight of a young girl struggling to separate herself emotionally and physically from the sister she's always been connected to, the diversity of the characters and conflicts in *My Sister's Keeper* will appeal to anyone, regardless of age.

Football Forays

The large screen TV set may have been invented for those after a cinematic experience, but it did a world of good to football fans wanting to catch hot pitch action across the globe. On weekends, crowds sit in public places that screen live telecasts of matches such as the ever-popular English Premier League (EPL). As the critical UEFA Champions League and FA Cup matches approach, KAROL ANN TAN staked out the most popular places to scream yourself hoarse with fellow fans.

Football foray #1: The Kopitiam
Where? Lavender Food Centre

Who goes there? Dessert Garden stall owner Chew Hock Leong, 54, said "the crowd's mostly the 'uncles' and drinkers type".

Crowd size: Steven Neo, 44, from the food centre's management, estimates the crowd size to be "about 100-odd on a normal EPL weekend". However, the "Champions League matches in the mornings would see fewer people," possibly around 30.

Ambience: No frills hawker centre that stays open till the wee hours of the morning. The food square isn't air-conditioned, so be prepared to sweat it out while catching the on-pitch action.

Go there if you want to watch a match and enjoy a beer or a late-night supper snack in slippers and shorts. And if you don't mind the occasional rude Hokkien remarks shouted out.

Address: 380 Jalan Besar (near Jalan Besar Stadium)

Football foray #2: The Cinema
Where? GV Grand Café

Who goes there? It's usually the young crowds who're regulars at GV Grand.

Crowd Size? As GV also screens sports games such as basketball and tennis, crowd size varies in accordance to the type of sport and the matches shown. A full house crowd averages at about 40-50 people filling up the 10 tables available.

Ambience: With the biggest screen among the three places featured, it heightens the excitement of watching a football match on a giant screen while munching on popcorn. The only downside? GV Grand Café requires its patrons to purchase a minimum of \$10 in food and beverages. Maybe it's a small price to pay if you're also a closet tennis fan... thanks to Maria Sharapova.

Go there if you've never watched a football match on a giant screen while munching on popcorn. The only downside? GV Grand Café requires its patrons to purchase a minimum of \$10 in food and beverages. Maybe it's a small price to pay if you're also a closet tennis fan... thanks to Maria Sharapova.

Address: 3rd Floor, Great World City Shopping Centre, Kim Seng Road/Zion Road

Football foray #3: The Pub
Where? Bojangles

Who goes there? Operations Manager Mohamad Faizal, 31, of the Balmoral Plaza branch, said patrons consist of 20 to 50-something-year-olds. Also because they usually screen EPL matches on weekends, "mostly your Manchester United and Liverpool supporters" turn up.

Crowd Size? "Games which kick-off at about 8 or 9 [pm], and big matches such as Manchester United versus Arsenal are usually the most popular". Sometimes, "the pub is so full, people actually sit on the floor to watch the matches".

Ambience: Relaxed and cheerful. Bojangles serves up pub chow such as Irish Tiger and Guinness Drought, Lamb Shank (\$15.80) and Kashmiri Marsala Pie. This dish of curry stew came in second in Food Asia 2000.

Go there if you want to enjoy a cool pint and delicious pub grub while catching a match.

Address: 557 Bukit Timah Road, #01-03, Crown Centre

REV YOUR RIDE

The rash of alfresco watering holes springing up has made some pubs eschew the generic neon-light approach in favour of a more personalised touch. SAMUEL NG looks at one that speaks volumes of the owners' obsessive love for motorcycles.

Lock Road is fast emerging as an alternative to the hangouts of Orchard Road and Holland Village. With its bohemian feel, there's no doubting the allure of the place, offering seclusion from the concrete jungle.

That tranquility, however, is shattered occasionally by the signature rumble of a Harley-Davidson to the laughter emanating from a tavern at the foot of the hill. Handlebar, which officially opened in October, touts itself as Singapore's "one and only biker's pub" though its owners are careful not to alienate customers, who perhaps do not share the same enthusiasm they have for bikes, by not trumpeting Handlebar as a biker's hangout.

The brainchild of husband and wife co-owners, Jan Pek and Chris Chong, both 36, Handlebar is visually arresting. It's hard for patrons not to get swept up - rally banners are draped across the ceiling and rafters and collectables like knickknacks and curios in the form of postcards, signages and snapshots are plastered all over the bar.

And here's its *pièce de résistance* - almost everything, from ashtrays to beer taps and toilet accessories, has been constructed from recycled bike parts. The décor is testament to their love for motorcycles. "We have a couple of good friends living in Japan who helped us acquire them from a junkyard," said Ms Pek. "Both my husband and I have a strong passion for motorcycles. So all the hard work we put into making Handlebar what it is was really a labour of love."

The personalised service at Handlebar means they go beyond attending to customers' needs and wants; the staff actually make an effort to make you feel welcome and its patrons agree wholeheartedly. "It's a great place to unwind, go shoot some pool, have a couple beers and just kick back. There's an old world feel to the whole place," said Alvin Tan, 23, a tertiary student. Whether it is chugging back a few rounds of beer going at \$5 a mug with your buddies, enjoying the company of your loved one or just reflecting back on the day, Handlebar is a home away from home indeed.



Address: Block 1, Lock Road #01-01
Tel: 64759571

Opening Hours: Mondays: Closed, Tuesdays to Thursdays: 5pm - 12.30am, Fridays: 5pm - 2.30am, Saturdays: 3pm - 2.30am and Sundays: 3pm - 12.30am



10 Things Never To Say To A **STAR WARS** Fan

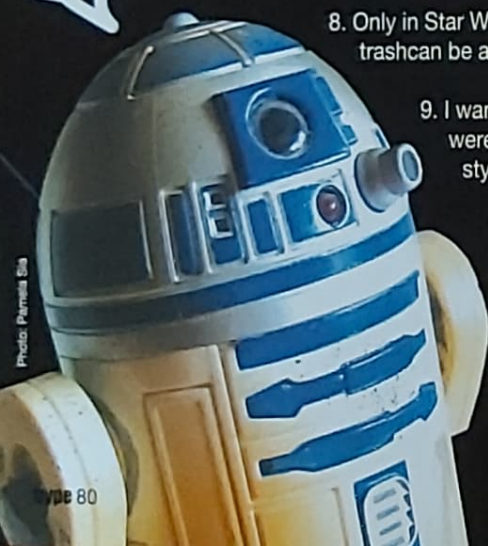
The final installment of the iconic **Star Wars** hits the big screens in May, unleashing the inevitable wave of **Star Wars** mania. Unless you plan to live under a rock for the next months, you'll surely bump into a 'padawan' or 'jedi knight' or two. Here's **hype's** list of 10 things to NEVER utter in the face of a fan, lest you face the full fury of the Force.

1. Why's that torch hanging on your belt? Expecting a blackout?
2. Isn't Yoda the guy with the pointy ears in the Enterprise?
Oh wait, that was Spock.
3. Naboo? That's a rather rude name for a place...
4. Did you know Yoda had Frank Oz's hand stuck up his rear from Episodes IV to VI?
5. Yeah, R2D2, he's the only good actor in Star Wars.
6. You Nerfherder!
7. So we're to believe that an asthmatic in a plastic helmet's the greatest villain of all time?
8. Only in Star Wars can a guy dressed up as a trashcan be a fearsome bounty hunter.

9. I want some of what those stylists were drinking/smoking while they styled Leia's and Amidala's hair!

10. What Force? Police or Civil Defence?

- KAROL ANN TAN



AM
ASIAINSTITUT OF
MANAGEMENT
AM School of Business Studies
MOE Registration No: 1301

DEGREE AND
UNIVERSITY
PREPARATION
PROGRAMS



University of Canberra

CRICOS Provider Code: 00212K

Rank 5 Stars for **GETTING A JOB**
Rank 4 Stars for **GRADUATE STARTING SALARY**
Rank 4 Stars for **TOTAL GRADUATE OUTCOMES**

THE GOOD UNIVERSITIES GUIDE 2004

The University of Canberra is owned by the Australian Government in the Australian Capital Territory (ACT) and it is a member of the Unified National System and of the Association of Commonwealth Universities (ACU).

MASTER OF BUSINESS ADMINISTRATION

Admission Requirements

(Quarterly intakes in January, April, July, October)

- An undergraduate degree and 2 years relevant work experience or equivalent as approved by the University Admissions Committee.

BACHELOR OF BUSINESS ADMINISTRATION

Minor: Human Resource Management

Professional Options: Banking and Finance or Marketing

Admission Requirements

(Quarterly intakes in January, April, July, October)

- **Cat 1 (15-18mths)** - A Diploma in a business discipline from any of the polytechnics in Singapore.
- **Cat 1a (18mths)** - University Preparation Program: Diploma of Business Administration awarded by Asian Institute of Management, AM School of Business Studies.
- **Cat 2 (21mths)** - A Diploma in an engineering or computing discipline from any of the polytechnics in Singapore.
- **Cat 3 (30mths)** - A Diploma in a related business discipline from a recognised institution or 2 GCE "A" level with at least grade C.

UNIVERSITY PREPARATION PROGRAM - DIPLOMA OF BUSINESS ADMINISTRATION

1-year intensive program in Singapore and an additional 1/2 year IELTS for foreign students. On successfully completing the University Preparation Program - Diploma of Business Administration and attaining good Grade Point Average (GPA), students will be able to gain entry and/or articulation into the following undergraduate programs in Australia:



Australian National University

CRICOS Provider Code: 00120C

- Bachelor of Commerce (3 yrs)



University of Canberra

CRICOS Provider Code: 00212K

- Bachelor of Business Administration (2 yrs)
- Bachelor of Commerce (2 yrs)
- Bachelor of Management (2 yrs)
- Bachelor of Sport Management (3 yrs)
- Bachelor of Sport Media (3 yrs)



University of Queensland

CRICOS Provider Code: 00025B

- Bachelor of Business Management (2 yrs)
- Bachelor of Business Communication (2 yrs)
- Bachelor of Commerce (2 yrs)
- Bachelor of Electronic Commerce (2 yrs)
- Bachelor of International Hotel & Tourism Management (2 yrs)

Admission Requirements

(Quarterly intakes in January, April, July, October)

- GCE "A" level or equivalent.
- Students without GCE "A" level but with good results in the GCE "O" level (English Language, Mathematics) or equivalent will also be considered on a case-by-case basis.

Approved by Immigration and Checkpoint Authority of Singapore to Recruit Foreign Students (Ref: VSC/STR/48/02)

Main Campus: 20 Bideford Road, #01-03, Wellington Building, Singapore 229921
Tel: 68380151 (5 Lines) Fax: 68380154 amedu@singnet.com.sg

http://www.blis.canberra.edu.au/flex/offshore/bba_singapore.html

Divisions of AM Education and Training Pte Ltd

